



Member of the General Federation of Women's Clubs

October 2022



"Serving Our Community ♦ Sharing Our Time and Talents"

President's Message ♦ Mary Grayson Hart



What a wonderful meeting we had in September – it's so nice being back at the Page-Walker! There was so much information that was provided. The CSP chairs did an amazing job in their presentations about their community service programs. Thanks to Lois Nixon for organizing the program! And, we had a number of guests at our first meeting of the club year! I'm very excited that we now have two new members!

And, the information about our annual pecan sale has gone out. Merc Cooley and Lois Nixon will be heading up the special committee for the **Pecan Sale**. The prices for the pecans will not change from last year, but shipping charges may. All orders and payment are due by October 14. Our thanks to Merc and Lois for all of their hard work!

On Saturday, September 17, the District 6 Fall Meeting was held at the First Baptist Church in Garner. It was a great meeting with good representation from most clubs in the district, and we had four members from our club attending. Thanks to Karen Fiumara and Elzbieta Hibbs for donating breakfast food to the meeting! We raised a good amount of monies for the GFWC-NC State President's project, the Mountain-to-Sea Trail. Lois Nixon, as District VI Environment Chair, presented one of the workshops – she did a wonderful job!

The Yearbook for 2022-2023 is a work in progress. Lisa Butcher is putting some final touches on it – it should be coming out soon!

Just a reminder that we will not be meeting at the Page-Walker in October. We'll be meeting at the Blue Jay Point Park for our monthly meeting.

We are still in high temperatures today, and I'm wishing that the leaves on the trees would start turning to the lovely colors of fall. I'm so looking forward to cooler weather and chance to put on a sweater and welcome a new season. New seasons open new opportunities, don't they?

REMINDER: *Make a Difference Day is Saturday, October 22* – this day is celebrated by all of our community service programs!



MEETING LOCATION

Page-Walker Arts & History Center
119 Ambassador Loop, 1st Floor,
Downtown Cary, 27513

Thursday, October 13, 2022 - Blue Jay Point
10:00 a.m.

Important Dates

| | |
|------------|---|
| October 13 | General Meeting at Blue Jay Point Meet at Education Center at 10:00 |
| October 14 | Pecan Orders and Payment Due |
| October 20 | Board Meeting |
| October 27 | Book Club Meeting 1:00-2:30 |
| October 25 | Newsletter submissions due |

Membership

Welcome to our new members, Debbie Kramer and Elaine James! We are so happy to have you on board and hope that you enjoy being a part of our club. We hope that all of our members will find activities and service projects that they enjoy and find meaningful.

Marci Thomas



Education & Libraries CSP

CWC Book Club

We are excited about the selection of books for the next four months and looking forward to some lively discussions. Whether you come for just one book or every month, you are always welcome.

October's book is *The Last Flight* by Julie Clark. We will meet on Thursday, October 27th, from 1pm till 2:30pm, at the home of Marci Thomas.

The Last Flight

Julie Clark, Rating 4.12, Pages 311

Genre: Thriller, Suspense, Mystery, Psychological Fiction

Claire Cook has a perfect life. But behind closed doors, nothing is quite as it seems. That perfect husband has a temper that burns as bright as his promising political career, and he's not above using his staff to track Claire's every move. But what he doesn't know is that Claire has worked for months on a plan to vanish.

A chance meeting in an airport bar brings her together with a woman whose circumstances seem equally dire. Together they make a last-minute decision to switch tickets — Claire taking Eva's flight to Oakland, and Eva traveling to Puerto Rico as Claire. But when the flight to Puerto Rico goes down, Claire realizes it's no longer a head start but a new life. Cut off, out of options, with the news of her death about to explode in the media, Claire will assume Eva's identity, and along with it, the secrets Eva fought so hard to keep hidden.

Future Readings

| <u>Book</u> | <u>Author</u> | <u>Date</u> | <u>Day</u> |
|------------------------------|-------------------|-------------|------------|
| Hamnet | Maggie O'Farrell | Nov 16th | Wednesday |
| The Last House on the Street | Diane Chamberlain | Dec 14th | Wednesday |
| The Personal Librarian | Marie Benedict | Jan 26th | Thursday |

November Speaker

November is Education & Libraries month and our guest speaker will be Sherry Overton Shudra, Executive Director of Read and Feed. The mission of Read and Feed is to strengthen literacy skills among underserved elementary school children and provide meals in a nurturing neighborhood environment.

Several of our members have volunteered with Read and Feed in the past and as Covid becomes more manageable we hope that members will once again enjoy volunteering in the community. Read and Feed may be just the opportunity members would enjoy.

For questions contact Maryanne Olsen, mgocary@yahoo.com

Maryanne Olsen



Environment CSP



The October regular business meeting will be held at 10:00 at Blue Jay Point Park in North Raleigh. We will meet outside the Education Center. When you enter the park follow signs to the Education Center. The nature center will be open so we can learn more about the park.

Please bring your own picnic lunch and snack and we can enjoy a picnic in the park and/or walk some of the trails. Trails vary in length and difficulty so hopefully you can find a trail that is suitable for you.

You will find information about the park and trail maps at the following website:

<https://www.wakegov.com/departments-government/parks-recreation-open-space/all-parks-trails/blue-jay-point-county-park>

General maintenance of the Page Walker Garden continues. We meet on Fridays around 8:30 am and work for about an hour.

Brenda St. Laurent

GFWC-NC State President's Special Project, Mountains to Sea Trail

At the recent GFWC-NC District VI meeting, the Environment CSP group began planning a special event for the spring on the Mountains to Sea Trail. This will be a Mountains to Sea Trail Relay along the ~80+ miles of the Trail that winds through 3 of the 6 counties of District VI. The Trail goes across Durham, Wake, and Johnston counties, beginning on the west in Durham at Eno River State Park, then along the southern shore of Falls Lake through Wake County, then along the Neuse River through Blue Jay Point County Park, next to Annie Wilkerson Park, from Buffalo Rd. to Milburnie Park, then to Anderson Point Park, and follows the Neuse River into Johnston County to Clayton, Smithfield, and Bentonville Battlefield.

Each GFWC-NC club in District VI will be invited to select a 3-5 miles section of the trail where they would like to hike on the day/weekend of the Relay. Each club can hike at their own chosen time and at their own pace, and will be encouraged to take photos to share. Most of the trail in District VI is easy, some is even paved. There are plans for common signage where a club may add its name. T-shirts are also planned for the Relay with the GFWC-NC MST logo on the front and option to add club name on the back.

These plans are preliminary but will be fun to think about for a Spring 2023 event!
Another discussion of the Environment committee was to challenge each club to plant at least one tree per member each of the next two years, as our effort to impact climate change. The best time to plant trees is fall: October-December.

Lois Nixon



Civic Engagement and Outreach CSP Domestic Violence Prevention

The first meeting of our committee will be held on Thursday, September 29, at 10:00 AM, Priscilla will be hosting. Please come if you would like to join the committee or just attend the meeting to learn what we do.

*Elzbieta Hibbs
Priscilla Keating*



Health & Wellness CSP

I am planning a committee meeting the first week of October and will let the committee know the date.

Jane Suppa

Hospitality

Thanks to the Board and everyone who helped with refreshments at the September meeting!

Members, please remember to bring your lunch and any snack you like to our next meeting at Blue Jay Point.

October: No hostess needed. Outdoor meeting Blue Jay Point

November: Lisa Butcher & Arlene Gleason

January: Priscilla Keating & JoAnn Minor

February: Brenda St Laurent & Marci Thomas

March: Lois Nixon & Joan Hall

April: Carol French & Elzbieta Hibbs

Be sure to let Judy know if you have any **suggestions of restaurants you would like us to try when we are back at Page Walker.**

We will be having our December Holiday meeting back at Prestonwood Country Club. It will be on **Thursday December 8.** Mark your calendar. More information will follow.

Mercedes Cooley, Judy McDonal and Jane Sowards



Pecan Fundraising is here! Deadline for orders is Oct 14, 2022

Thank you to all of you who have already submitted your orders and checks for pecans! Keep the orders coming! Let's try to sell more this year and have a bigger profit for our club.

If you have tasted our pecans you know how good they are. Share the goodness with your family, friends, coworkers and neighbors. Order plenty- a year's supply! They will stay fresh for months in your freezer. You cannot buy these fresh pecans at Costco or a grocery store. **The order form will be sent with the newsletter. Feel free to copy the form or email it to your customers.**

NUTS NOTE!

As you realize by now, it is the season when we kick off and complete our fall fundraiser, the Cary Woman's Club Pecan sale. An order form is attached to this newsletter, but we hope you have already distributed a lot of forms to your friends, family, neighbors and regular customers. We do have orders coming in now and payment is due with each order. The selections and the prices are the same as last year. We hope to increase our sales numbers now that we are able to make face-to-face contacts. We encourage every member to buy or sell at least one pound of pecans. They make great holiday gifts.

The deadline for orders to be submitted is Friday, Oct 14th, the day after our general meeting held at Blue Jay Point. You can bring completed orders and money with you to the meeting, but prefer that all orders be mailed, with payment to Mercedes Cooley at the address on the order form.

We expect the pecans to be delivered to Cary about mid-November, depending on the weather and when the pecans mature! Patience!! It takes 7-10 years for a pecan tree to mature and bear fruit (nuts). When the nuts are mature (sometime in October), they begin to fall from the trees, but the farmers also use a mechanical shaking machine to encourage the pecans to fall, without damaging the trees. Then the pecans are collected from the ground by a harvesting machine, and cleaned, shelled, sorted and some are dipped in chocolate, before they are delivered to us!

Once again, we appreciate the support of Terry's Floor Fashions in allowing us to have our pecans delivered to their dock at their warehouse. This saves us money and makes the truck driver happy! Our committee will spend a few hours at the warehouse putting the pecans in bags to match your orders and notify you of how to pick up or have orders delivered to you. We count on each member to arrange delivery of orders to your own customers.

Orders and payment will be due on October 14.

Mercedes Cooley & Lois Nixon

Thank you to Marci Thomas and Lois Nixon for offering to fill recording secretary duties for the October meetings! I so appreciate your generous natures.

Arlene Gleason

Esteamed Coffee

Esteamed Coffee, one of the non-profits we have sponsored, is doing a fundraiser on October 2. Cary Page Rotary is cooking a *Low Country Boil* – seafood, corn, potato, and sausage combo. It will be held in downtown Cary on Sunday afternoon *October 2*. You must have a ticket to attend or get take-out. Please go to <https://www.esteamedcoffee.com> to get more information or to purchase tickets. All proceeds go to Esteamed Coffee.

Cary Page Rotary is also supporting our local migrant workers by collecting men's clothing and over the counter medications and vitamins. They are looking for:

- Men's long sleeve dress shirts (S, M, L) which are worn to work as protection from sun and pesticides.
- Men's pants (greatest need is for waist sizes 32-36 and lengths 30/32).
- T-shirts and shorts for after work
- Baseball caps
- Bicycle style boxer shorts (new only) made with Lycra.
- Over the counter medications (like Ibuprofen) and vitamins. The clinic collects these to distribute to farm workers for the treatment of work-related conditions.

If you have any of these items, they can be dropped off at my house (204 Willesden Drive) or I will pick them up. Deadline is *September 30*.

Karen Fiumara



October Birthdays

- 10/1 Marci Thomas
- 10/13 Dorothy Schmelzeis

```

=====
"  Cary Woman's Club Newsletter  "
"  P.O. Box 918 ▪ Cary, NC 27512-0918  "
"  President: Mary Grayson Hart  "
"  1st VP (Programs & Reports): Lois Nixon  "
"  2nd VP (Membership): Marcie Thomas  "
"  3rd VP (Ways & Means): TBD  "
"  Recording Secretary:  "
"      Arlene Gleason  "
"  Corresponding Secretary & Yearbook: Lisa  "
"  Butcher  "
"  Treasurer: Diane Andersen  "
"  Publication Deadline: 25th of each month  "
"  Newsletter: Mercedes Cooley  "
"  Website Liaison: Susan Abbott  "
"  Website: www.carywomansclub.com  "
=====
    
```