

## Cary Woman's Club October 2020 Tidbit

October 8 – Zoom General Meeting: Environment (Lois and Karen R)

### Speaker for October 8 meeting:

The Environment CSP program for the October 8 Zoom meeting of the Cary Woman's Club is titled, "**Fire, Forests, & Climate Change**" The presenter is Laurel Kays, a NCSU faculty member. Laurel is the Extension Assistant & Southern Fire Exchange Outreach Coordinator for the NCSU College of Natural Resources. She will join us on our ZOOM meeting at 10:00 am, and will answer questions following her presentation.

### **Future Meetings**

November 12- Education and Libraries (Silvia and Marci)

December 10 - Holiday Luncheon (Diane and Hospitality Committee)

January 14 - Arts and Culture (Susan and Arlene)

February 11 - Civic Engagement and Outreach (Elzbieta and Priscilla)

March 11 - Health and Wellness (Jane and Nell)

April 8 - Domestic Violence Prevention (Elzbieta and Priscilla)

May 13 - End of Year Luncheon and Installation of New Officers (Diane and Karen)

### **Karen Fiumara's Report from District Meeting**

Due to COVID 19, the district meeting on September 26 was held virtually. Participants were encouraged to donate the usual registration fee of \$15 to *Note in the Pocket*. In addition, CWC added a \$25 donation to this fund in Ashley Rain's name (who installed our officers at the September meeting). The district collected over \$650 for *Note in the Pocket*. I will share additional information from the district meeting at our upcoming Board meeting, but here are a few items that may be of interest to all members:

- **Arts and Culture:** Tracy Mahl, Arts and Culture District Chair, reported that the District Arts Festival, normally held in February, is planning to go forward but the format and location are still unclear. The GFWC-NC State Arts Festival is planned for March 13, 2021 at the Mebane Arts Center in Mebane, NC. However, the Arts competition will be held **VIRTUALLY**, meaning **photos** of winning art projects will be submitted to be judged. The Arts and Culture CSP will determine what this means for our **CWC** competition that is normally held in January.
- **Environment:** Susie Creel, Environment Chair, encouraged all clubs to participate in the *District Challenge: Use Less Plastic*. Ideas for "Reduce" included: drinking tap water from reusable water bottles, avoiding plastic when microwaving, and eating fresh food.
- **Civic Engagement and Outreach:** No visitors allowed at Chrysalis Club (the prison) at this time. Barb Sawyer will let us know when this changes. Remember to VOTE in one of three ways: absentee/mail-in, early, or day of the election.
- **Membership Ideas:** Kathy Godfrey, District Membership Chair, shared several ideas including having remote socials, assigning buddies to new members, and being flexible!

### ***More from Karen Fiumara: Grants Committee***

We NEED additional volunteers for the **Grants Committee**. Many thanks to **Lois Nixon** and **Priscilla Keating** who have already agreed to serve on the Committee. Note: Members of this committee can not be on another committee that deals with allocating CWC funds (i.e. the Board of Trustees) as it would be a conflict of interest. At this time, I also want to thank last year's committee headed by **Mercedes Auger**. Mercedes did a wonderful job as Grants Chair for the last three years, along with member **Jane Suppa**. According to the By-Laws, they must step down after three years. **Maryanne Olsen** was also on the committee, but she is now a Trustee. Call me (or I'll call you!) to volunteer!

## **Community Service Programs- CSP**

There are five Community Service Programs (CSP), with volunteer chairs. Each CSP has three responsibilities:

- Be in charge of one interesting and informative monthly program during the year,
- Suggest tours and excursions of interest to our members, and
- Provide service to the community.

### **Arts and Culture (formally Arts) Susan Abbott and Arlean Gleason**

You can still experience arts and culture during the pandemic, but most performances are virtual these days. With that thought in mind, Arlene and I would like to plan a virtual art and culture show and tell for the January 2021 zoom Cary Woman's Club meeting. If you have artwork, needlework, a craft, photography, culinary creations, home decoration or something else you would like to share, please send a picture of it to me via email. I will compile these over the next several months and create a slide show for the January meeting, which is Arts & Culture month.

We are still attempting to drop off art supplies for the residents at Chatham Commons, but are not yet allowed to do so.

The NC Museum of Art is open but you do need a free ticket to go so that they can space out visitors. You can get the ticket on line before you come. The Golden Mummies of Egypt Exhibition has been postponed and is currently scheduled for February 13 to June/July 2021.

Please click on the link below and enjoy this sneak peak of the Golden Mummies Exhibition.

<https://www.youtube.com/watch?v=9l0KAVn4T7o>

Durham has some fabulous murals that you can drive around to see and there is always the outdoor art around Cary and NC Museum of Art Park (Blue Ridge Road). Arts and Culture are especially important to our mental and emotional well-being during this trying time.

### **Environment (formally Conservation) Lois Nixon & Karen R**

#### **From Lois Nixon, Environment CSP**

##### *In the Pollinator Garden:*

Today, Sept. 30, 2020, Jane Suppa, Lois Nixon, and Jane Litton of Cary Garden Club worked 2 hours in the Pollinator Garden. We carried out 3 lawn & leaf bags of debris, plus a couple of grocery bags of weeds, along with a small bouquet of flowers that were just crying to go home with us! We were rewarded by the visit of 2 male and female Monarch butterflies that were enjoying breakfast on the bright orange Tithonia (Mexican Sunflowers). Photos were sent to Susan to add to our website. Monarch lesson: The male Monarch is the one with the two little dots on the black vertical lines near the bottom of his wings, next to his body. The female is the one that looks like she painted on her wing lines with a heavy eyeliner! Jane was thrilled and in awe as she came within touching distance of the Monarchs, "This is the closest I've ever been to a butterfly!"

You are invited to join us at our next workday later this month, as we plant pansies to brighten the garden through the winter and into spring.

### **Education and Libraries (formally Education) Silvia Barba & Marci Thomas**

**Silvia Barba** made the difficult decision to take a step back from CWC to care for her husband, Don. Silvia was not able to consistently attend meetings, and this will only be increasingly challenging as she assumes more of Don's care. Silvia has done so much for the club, especially in facilitating a meaningful relationship between CWC and Kingswood Elementary. Most recently, Silvia, along with the Education CSP and CWC members, helped fund the "Cover One" machine to repair library books at Kingswood. Silvia will be missed. This means, of course, that we need an **Education and Libraries** Chair to take over the Kingswood duties. (Marci will continue to head Scholarships.) Call Karen Fiumara to volunteer!

## **Health and Wellness (formally Home Life) Jane Suppa & Nell Meece**

Kudos to **Jane Suppa** and **Nell Meece** of the Health and Wellness CSP for conducting the recent Dorcas Food Drive! Their needs are great, and we responded!

## **Civic Engagement and Outreach (formally Public Issues). Elzbieta Hibbs & Priscilla Keating**

Many thanks to **Lois Nixon** (who personally funded our CWC yard signs), **Elzbieta Hibbs and Priscilla Keating** of Civic Engagement, and **Susan Abbott** who designed the "CWC Celebrates Women's Right to Vote Centennial" signs. The signs look great and are a very "outside the box" way to get our name out there, as well as celebrating and promoting the right (and responsibility) to vote!

Lois added purple and gold ribbon to the bottom of her sign, to continue the sash design. This is a much scaled down program to the one we had hoped to have to celebrate the Suffragists of 100 years ago. Thank you to those members who are displaying their Suffragist celebration signs in their yard, with the message on the reverse "Voting Matters-Exercise your Right". I still have a couple of signs left if anyone else wants one. Call me and we will arrange a pick up or delivery time. Lois Nixon 919-744-0117

## **Member Information**

Our condolences to **Priscilla Keating** (Ken) who recently lost her father-in-law, Kenneth Jay Keating, Sr. He died on September 24 after a lengthy illness. Kenneth Sr. was 87 years old, served in the military, had a successful thirty-one-year career with Eastman Kodak, and spent many years traveling with his wife, Jean, and volunteering for his community. Our thoughts are with the Keating family at this difficult time.

Many of you who were in the Club prior to last year, will remember JoAnn Minor who had to take a leave of absence from the Club last year to care for her husband. Jane Suppa, who is a neighbor of JoAnn's, called to tell me that David Minor, JoAnn's husband, died on Sunday September 20 after a long illness. JoAnn would probably appreciate a card or an email. There are no memorial events planned at this time.

JoAnn Minor  
222 Muir Brook Place  
Cary, NC 27519  
[joann.minor@yahoo.com](mailto:joann.minor@yahoo.com)

Also, we appreciate **Merc Cooley**, **Lois Nixon**, and **Marci Thomas** who wouldn't give up on our pecan sales and conducted it all virtually! Thanks to all the members who supported their efforts as well.

Many thanks to **Diane Andersen** for all her work on the 2020-21 CWC Yearbook. Now we can recognize our members' birthdays...

Happy Birthday to our members with **September and October birthdays**:

Merc Cooley 9/7  
Marcy Thomas 10/1  
Dorothy Schmelzeis 10/13  
Silvia Barba 10/29

GFWC News and Notes below.

Submitted by Mercedes Cooley, Recording Secretary

## October 1, 2020

View our [Important Dates](#) page for upcoming events and milestones.

### **Domestic Violence: Don't Wait Nine Seconds to Break the Silence**

**by Darlene C. Adams, Intimate Partner Violence Advisor**

One...two...three...four...five...six...seven...eight...nine. Every nine seconds, one woman in the U.S. is assaulted or beaten. Let's break the silence on domestic violence!

October is National Domestic Violence Awareness Month. The observance started 31 years ago as a "Day in Unity" and has now evolved into a month-long campaign. National Domestic Violence Hotline explains it is "a way to connect communities and advocacy organizations to help end domestic violence."

**Intimate Partner Violence (IPV)** is one of the Signature Program's eight focus areas, described by the Centers for Disease Control and Prevention as "physical violence, sexual violence, stalking, or psychological harm by a current or former partner or spouse." IPV can occur among heterosexual or same-sex couples. More information is available for download in the [Member Portal's Digital Library](#) ("Club Manual" folder).

You have the opportunity to participate in several new projects during the month of October.

- Use one of the purple GFWC Signature Program Facebook frames with the hashtag [#BreaktheSilence](#) or [#StopDomesticViolence](#). To apply a frame to your profile photo, select the "Try it" button that appears below the graphic.
- Come up with a creative GFWC video to "Break the Silence on Domestic Violence" and upload to social media, again using the hashtags above.
- Purchase merchandise to support the "Starfish Project." For every dollar you spend through [this link](#), a portion will go to GFWC's Signature Program Scholarships.

GFWC's Signature Program Committee looks forward to seeing how your club creatively advocates in October for Domestic Violence Awareness Month. Let's break the silence on domestic violence; share your domestic violence awareness-raising project success stories with [PR@GFWC.org](mailto:PR@GFWC.org) to be considered for the GFWC Blog.

### **Seeking Success for Survivors Scholarship Applications**

It's October 1 and [the call](#) for GFWC's 2021 Success for Survivors Scholarship applications is now open. The scholarship provides survivors of intimate partner violence with financial support as they seek higher education, made possible through generous donations from clubwomen, clubs, State Federations, and other groups.

To recognize Domestic Violence Awareness Month, consider dedicating your next club fundraiser to the [GFWC Signature Program Fund](#) this October! All funds donated go directly to the GFWC Success for Survivors Scholarship. It is through your support that GFWC can

to the GFWC Success for Survivors Scholarship. It is through your support that GFWC can make the recipients' dreams a reality. As Cindy W., a scholarship awardee and recent college graduate said: "I am thrilled to have this opportunity to better myself and become self-sufficient with a new career. This is not just for me, but for all who I come in contact with as a nurse."

Help give survivors a better tomorrow by donating to [the Fund](#) through the Member Portal today!

## Cares & Concerns

One of GFWC's most dedicated members, [Madie Irene Poole](#), 89, passed away on September 28. A lifelong resident of Moundville, Alabama, Madie served as Alabama Director of Junior Clubs (1964–1966), Alabama State President (1982–1984), and Southern Region President (1986–1988). She will be sadly missed by her many friends in Federation.

GFWC remembers Mary Mace, GFWC Florida Past President (1980–1982), who passed away on September 10, just a few days ahead of her 99th birthday. She was a charter member, Past President, and honorary member of Cocoa Beach Woman's Club. Expressions of sympathy may be sent to Cocoa Beach Community Church, PO Box 320009, Cocoa Beach, FL. 32932-0009.

It is with sadness that we announce the death of [Linda M. Boyd](#), Florida State President (2002–2004), who passed away on Tuesday, September 29.

## Volunteers in Action

This week's [GFWC Blog](#) features GFWC Marlborough Junior Woman's Club (Massachusetts), Park City Athenaeum Club (Utah), GFWC Rotonda West Woman's Club (Florida), and GFWC Woman's League of the Lowcountry (South Carolina). Read about their Easter and prom dress drive, virtual walk to end Alzheimer's, scholarship program, and fundraiser to benefit survivors of sex trafficking.

Have club news? Submit a success story with action-packed photos about how your club is staying active during the pandemic to [PR@GFWC.org](mailto:PR@GFWC.org).

## New Member Portal Landing Page

GFWC is excited to share the improvements that have been made to the Member Portal Welcome Page. To log in, enter your email address and password into the two fields provided.

The first time you log in to the [Member Portal](#), there are a few things to remember:

- Select the option to "Allow Cookies."
- Use your full email address as your username (all lowercase).
- Select the "Forgot my password" option at the bottom. You will receive an email with information on creating your profile and setting a password.
- To create a profile, select "Need an account? Sign Up" link at the bottom. You will be prompted to enter a username and password. Passwords include an uppercase letter, lowercase letter, number, special character (!@#\$), and are at least eight characters long.

Have you successfully used the [Member Portal](#) before but are having trouble using your username or password?

- Remember your password is case sensitive. Passwords include an uppercase letter, lowercase letter, number, special character (!@#\$), and are at least eight characters long.
- If you enter an incorrect password, try clearing your browser history, your cache, or cookies before attempting to log in again.

## Register for Region Conferences in the Member Portal

Have you registered for your Region Conference yet? Log in to the GFWC Member Portal, select "Events" from the top menu, select "Browse Events," and then select the appropriate Region Conference from the event listing to register. Registration for all of [the events](#) closes three days prior to their start, but please register early for planning purposes. Below are the upcoming registration deadlines!

### South Central Region Conference

October 10, 2020, 11:00 a.m. - 5:00 p.m. CDT

[Registration ends on October 7.](#)

### New England Region Conference

October 17, 2020, 1:00 p.m. - 4:30 p.m. EDT

[Registration ends on October 14.](#)

### Great Lakes Region Conference

October 24, 2020, 9:00 a.m. - 1:00 p.m. CDT

[Registration ends on October 21.](#)

Don't have a camera or microphone on your computer? No problem! You can still listen in, watch, and vote during all Region Conferences. If you'd like to register for multiple Region Conferences, contact [GFWC@GFWC.org](mailto:GFWC@GFWC.org).

## Don't Forget to Renew Your Club's Directors and Officers Liability Insurance

Renew your club's Directors & Officers (D&O) Liability Insurance by **November 1!** Clubs are not meeting as often or only virtually online, so members may not be focused on club financials. If your club has substantial assets, D&O Liability Insurance is important to protect your club's finances.

GFWC is pleased to offer [three types of club insurance](#) plans through our insurance partner, AH&T Insurance:

- Directors & Officers Liability Insurance, intended to cover a variety of claims that allege a wrongful act attributable to the management or governance of an organization.
- General Liability Insurance, which provides protection in the event of bodily injury or property damage to a third party due to your alleged negligence. The renewal deadline for most GFWC clubs is **February 1**.
- Event Insurance, which allows clubs to insure a single event.

General Liability Insurance premiums start at \$350 annually, but may vary based on the number of club members and other special considerations. Directors & Officers Liability Insurance premiums are \$463.50 annually for all GFWC clubs. Event Insurance varies according to the scale of the event being insured.

To learn more, visit AH&T Insurance's website or contact Amy Miller with [AH&T Insurance](#) at

703-554-6269 or [amiller@htins.com](mailto:amiller@htins.com).

## State President's Project: Crystal O'Neal, North Carolina

The volunteers of GFWC North Carolina are embracing campus enhancement at [Charlotte Hawkins Brown Museum](#) as the GFWC North Carolina President's Special Project for the 2020–2022 Administration. President Crystal O'Neal selected five focus areas: *Sunflowers for Suffrage*, *Elevating Women and Girls*, *Impact NC*, GFWC's Signature Program, and *Safe Kids*: the GFWC North Carolina Juniors' Special Project. In the *Impact NC* focus area, she asked clubs to come together to support the former Palmer Institute at the Charlotte Hawkins Brown Museum State Historic Site. Dr. Brown started the Palmer Memorial Institute in 1902 and grew it into a nationally-recognized boarding school for African American students where she impacted more than 1,000 students.

Crystal grew up near the site and saw it boarded up for many years. After it was partially renovated and became a state historic site, Crystal fell in love as she walked through the doors of Kimball Hall for the first time to vote. She is overwhelmed by the opportunity to share Dr. Brown's school and home with her GFWC sisters.

GFWC North Carolina held a summer meeting following current safety guidelines on August 1, 2020, at the Historic Site. Workshop presenters rotated among three groups and members enjoyed a narrated walking tour. President O'Neal streamed the walking tour on Facebook Live so that those who could not attend could participate in the tour remotely.

The goal is to raise \$10,000 in two years to improve the landscaping on the campus grounds—Dr. Brown's gravesite and the newly installed flagpole in front of Kimball Hall. The incredible clubwomen of GFWC North Carolina will no doubt live up to the Administration theme, *She Elevates the World*, as they rise to this goal of supporting the Charlotte Hawkins Brown Museum.

## Marketplace: Notebook

It's October, a time when we all come together to support survivors of domestic and sexual violence in their journeys to independence, whether through GFWC's scholarship or another means of support. Use [this notebook](#) to jot down project ideas for how your club might support survivors this month.

*Please note: Headquarters is operating with limited staff daily, and the Postal Service is also experiencing service delays in many communities.*

## Looking to Print?

Visit the version on [www.GFWC.org](http://www.GFWC.org), and then click the magenta printer icon in the utility panel on the right side.

## Unsubscribe from News & Notes

Don't want to receive *News & Notes* any longer? Log in to your personal profile on the [GFWC Member Portal](#) and uncheck "News & Notes" in the list of message types that you are currently receiving.

