

## Cary Woman's Club Tidbits

April 2020

### **Save the Date**

- May 1        Deadline to submit information for CWC *Tidbits*
- May 16      Longleaf Festival
- Jun 1        Deadline to submit information for the Summer (June/July) CWC *Tidbits*
- Jun/Jul     Meeting of the Finance Committee to finalize CWC budget (TBA)
- Aug. 2      Ceremony/movie to mark the 100<sup>th</sup> anniversary of the passage of the 19<sup>th</sup> Amendment at the Cary Theater (TBA/ 2 to 6 PM)
- Sept. 10    9:30 AM CWC's first meeting, installation ceremony and "open house" at Page Walker

### **Education (Scholarships)**

The Education CSP (Scholarships) has continued to be hard at work this month via phone and email. The committee of Marci Thomas (chair), Arlene Gleason, Gerry Ritter, Karen Russell, and Diane Andersen have reviewed 15 applications. The committee will interview the top candidates by video or Zoom and a decision will be made by the end of May. A \$1,500 payment was made to Wake Tech for The Mature Woman's Scholarship and their decision will be announced in May.

### **Membership**

The early shut-down of our club has made recruiting new members very difficult. However, as Priscilla Keating pointed out last month, Cary Woman's Club needs to **focus on Membership** in order to accomplish our mission as a service organization. We would greatly appreciate everyone's help in both obtaining new members and retaining them. Our greatest success in getting and retaining members has been through existing members as that is a great way to show people what we are about. In September, we will have our installation at Page-Walker and hope to make this a very special meeting with an emphasis on the CSP's and what we do to serve our community. So, think about who you can invite to our "open house"!

Special guest, Ashley Rain, our current GFWC-NC District 6 president, will preside over our installation.

### ***Treasurer's News***

Membership dues of \$90 are to be paid this month with a deadline of June 1.

In addition, Diane is still collecting donations for the Center for Volunteer Caregiving. A special thanks to many of our members who have already donated all or part of their fashion show tickets to the Cary Woman's Club to be given to the Center. Diane is also very pleased to announce that the Barnes' Foundation donated their \$1,000 benefactor's fee to the CWC to be given to the Center!

Lillian Smith also donated \$500 to the scholarship fund in honor of her late husband, Don.

Please send checks to CWC to Diane's home address:

*Diane Andersen  
1032 Cuthbert Lane  
Durham, NC 2773*

### ***Home Life***

Home Life will be collecting new or used (in decent shape) sheets and towels at the September meeting (or before if possible). So, clean out your closets and save your sheets and towels until we can safely donate them!

*Submitted by Nell Meece and Jane Suppa*

### ***Grants***

Grants were passed by the general membership via email vote. Recipients will be notified, and grants will be awarded by May. Thank you to Mercedes (Chair), Maryanne Olsen, and Jane Suppa for their hard work.

### ***Conservation (Environment) CSP***

## **Save the Date for the Longleaf Festival**

**Saturday, May 16, 2020 10 a.m. - 2 p.m.**

**Celebrate our 60-acre Longleaf Forest and learn about initiatives to restore the Longleaf Pine in the Southeast. Visit with agencies and groups, see live animals and take a wagon ride to see this awesome ecosystem in our park. There will be something fun for everyone!**

**Keep up to date by visiting our website often:**

<http://www.wakegov.com/parks/harrislake/Pages/Longleaf-Festival.aspx>

Submitted by Lois Nixon

### ***Congratulations to Our Members:***

We congratulate several of our members on significant events in the lives of their children:

Valentyna, Elzbieta Hibbs' daughter, was married on March 26. The formal ceremony has been rescheduled for the fall.

Priscilla Keating's daughter, Nickie, gave birth to Zoe Jean, 9lbs 1oz, on April 7.

Merc Cooley's son and daughter-in-law are expecting Merc's first grandchild this month, as well.

### ***Corona Virus News You Can Use***

***Maryanne Olsen sent these directions for making a face mask from a New York Times article. Thank you, Maryanne:***

You will need:

#### **Tools**

- Needle and thread (and a sewing machine, if you have one)
- Scissors
- Pins or clips to hold fabrics in place (safety pins and paper clips will also work in a pinch)

#### **Materials**

- At least 20 by 20 inches of 100 percent cotton fabric, such as a flat tea towel
- 4 strips of cotton fabric for ties, about 18" long and 3/4" wide

OR

- 4 flat, clean shoelaces

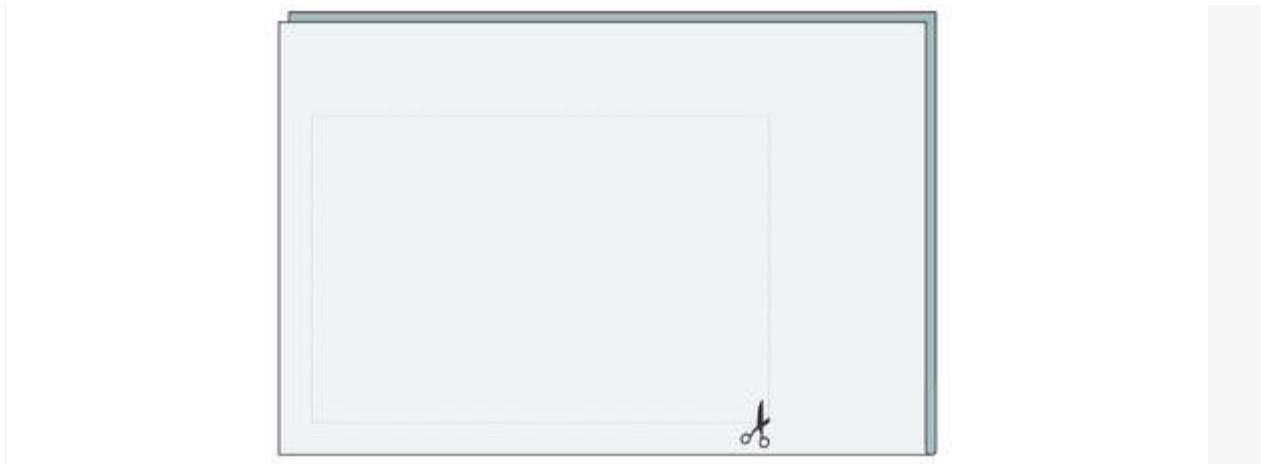
OR

- Two flat (1/4") sewing elastics that are 7" long each

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## PREPARE YOUR MATERIALS

### Step 1



Choose your piece of cotton fabric, pre-wash it on the warmest setting and dry it on high heat. (Tea towels are better to use than T-shirts or linens, according to the [Stanford Anesthesia Informatics and Media Lab](#).)

Fold the fabric in half. Measure and cut out a 9.5" by 6.5" rectangle to create two identically sized layers. This is your mask base.

Now it's on to the fabric ties.

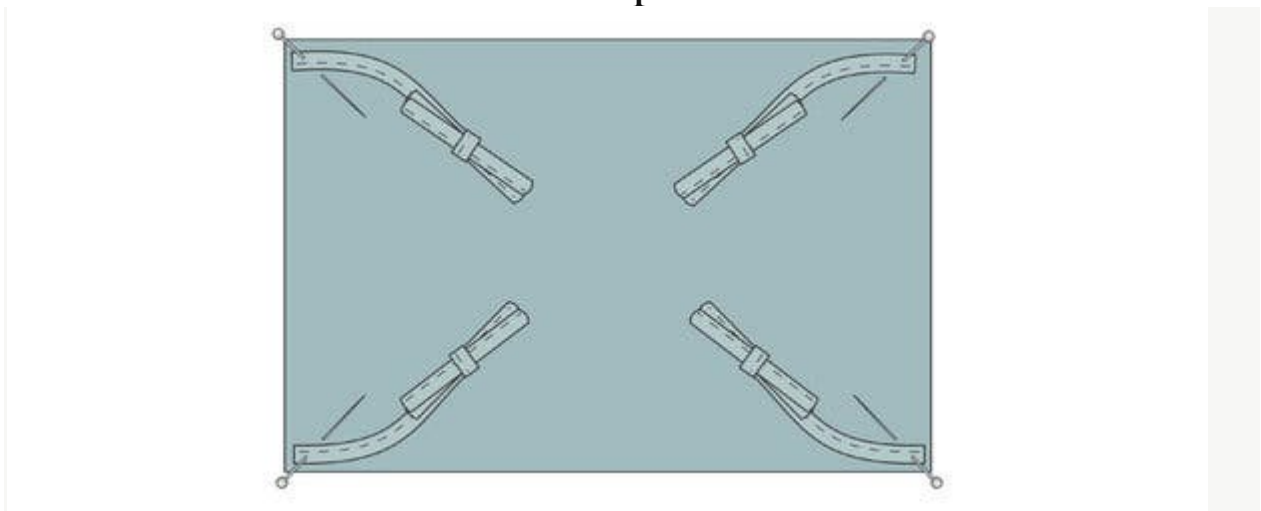


Cut 4 thin pieces of material, about 18" long and  $\frac{3}{4}$ " wide. Fold each piece of fabric twice lengthwise, then once more to tuck the rough edges inside. Sew a straight line along the middle. This will prevent the fabric ties from having frayed edges.

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## ADDING THE TIES

### Step 2



Take one of your rectangular fabric layers. With the "right side" (or the outer-facing side, where the pattern might be) facing you, pin down the 4 fabric ties, one piece per corner. Make sure that the ties are gathered in the center of the fabric layer before advancing to the next step.

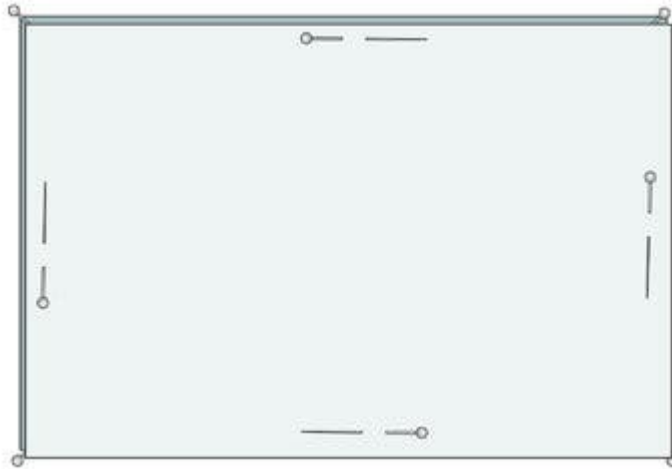
You can also substitute sewing elastic for fabric ties, but note that elastic cannot be bleached (and therefore, is not as easy to clean) and that anyone with a latex allergy cannot wear it. (Elastic is also increasingly in short supply.) Attach elastics to the first

layer of fabric by securing the ends at the corners, forming little hoops. Make sure the elastic lies inside the perimeter of your fabric.

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PUTTING IT  
TOGETHER

Step 3



Take the second layer of fabric and line it up with the first. The “right sides” (or patterned sides) of the fabric should be facing each other, sandwiching the fabric ties or elastics. Secure the fabric sandwich together with pins.

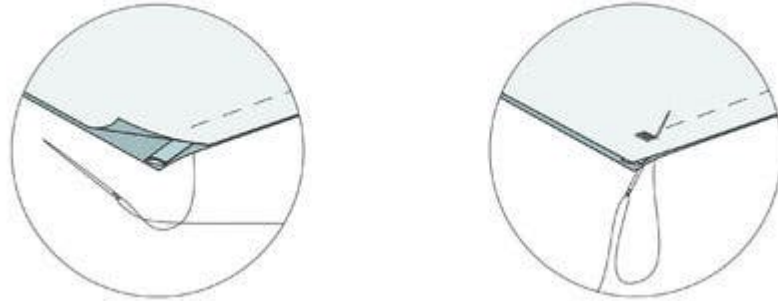
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START STITCHING

Step 4



Eyeball a midway point. From the middle, sew a straight line across the mask, about 1/4" above the bottom edge of the fabric, toward the bottom left-hand corner. Remove any pins as you sew past them.



Make sure that the elastic or fabric ties are secured in the corners, sandwiched by your two layers of fabric, as you sew over their ends. You want to make sure your needle goes through the three pieces: the top layer, the end of the fabric tie, and the bottom layer. Add a couple stitches forward and backward (in both directions) to secure your ties in place.

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STITCH ALL AROUND

### Step 5

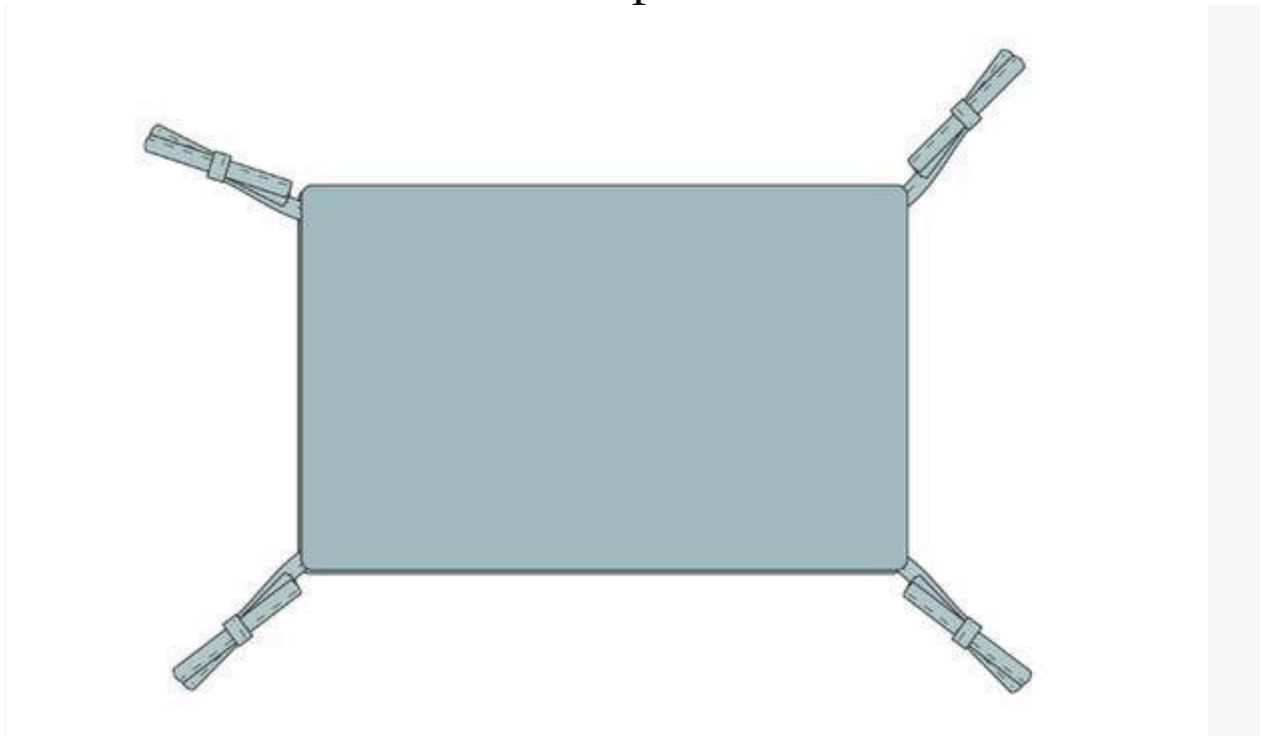


Stitch all around the perimeter of the fabric layers, repeating the forward and backward motion at each corner to secure all the elastic ends or fabric ties.

Continue to stitch your way toward the starting point, but stop to allow for a 1 1/2" gap.

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TURN OUT  
Step 6



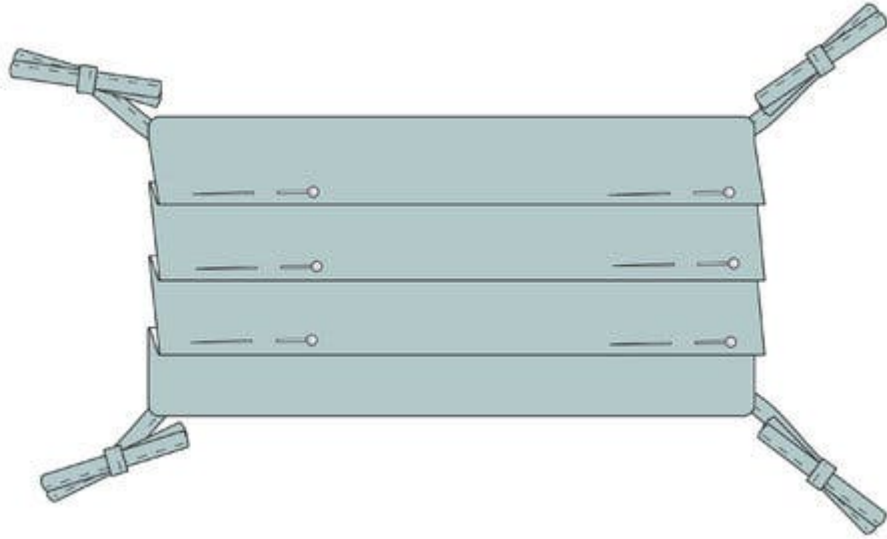
Turn your project right-side out from the little 1 1/2" gap. Your fabric ties or elastics should now stick out, like little legs.

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PLEATS PLEASE

Step 7

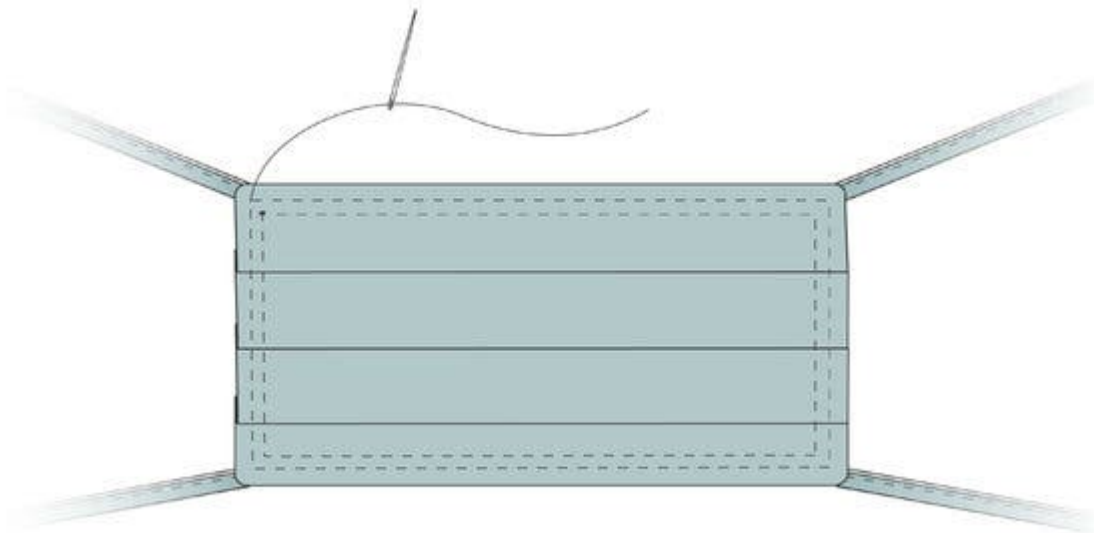




Make three staggered pleats lengthwise on the mask, as if folding a paper fan. This helps the mask conform to the wearer's face. Secure each pleat with pins

## FINISHING UP

### Step 8



With your pleats held in place by pins, stitch around the perimeter of the mask, ¼” away from the edge of the seam. This is called a top stitch. Take care when stitching over the pleats as the fabric may be quite thick.

Top stitch a second time around, about ¼” in from the first round of stitching. Now you have a completed mask.

***Stay safe and hope we can see each other in person very soon!***

***Karen Fiumara***