



Cary Woman's Club

Member of the General Federation of Women's Clubs

May 2018

"Serving Our Community ♦ Sharing Our Time and Talents"



President's Message ♦ Mary Derrick



I can't believe that two years have passed so quickly. It seems that I just stepped into the leadership at our club—and now it's time to pass the gavel to **Karen Fiumara**. I know that she will do a wonderful job as president. I just love being around her—she always has a smile on her face! If she calls you to work on a project, please say "yes!"

We just had our fundraiser, our Stepping in Spring Fashion Show & Silent Auction on April 21. My sincere thanks to **Pat Sweeney**, our Ways & Means Chair, for all of her hard work—and to **Jean Williams** and her team, who helped the club with its first ever Silent Auction. From all of the comments I've heard, it was a great success! And, our models, along with Carol French's adorable great granddaughter, looked just beautiful—and it was a perfect spring day. So many club members came together to put on this event, and we raised a good amount of money for our CWC commitments. How wonderful!

And, at GFWC-NC State Convention this past weekend our club received the **Child Self-Esteem Award** for its work with children. I cannot tell you how happy I am about this award. This award is not given to a club in any specific size category—any Junior or General club can apply for this award and the entry is judged solely on work done by clubs to bolster the self-esteem in children. The **Boys & Girls Home of North Carolina** also attended the Convention, and we received a Certificate of Appreciation from that organization for the grant that we awarded them. What a wonderful way to celebrate our year!

And, so my wonderful clubwomen friends, this will be the last time I will write the President's Message. It has my great privilege and honor to serve as your president. I've gotten to know so many of you, and I realize now how much work you all have done so quietly all of these years. Thank you so much for your help and support over these two years. You are all just the very best!



Thank You

~ *Mary Derrick, President*



LUNCHEON LOCATION

Prestonwood Country Club, Formal Bar
300 Prestonwood Parkway
Cary, NC 27513
Thursday, May 10
11:00 a.m.

Spring Luncheon
Thursday, May 10, at 11:00 a.m.
Prestonwood County Club

Come and join your fellow clubwomen for our **Spring Luncheon** at **Prestonwood Country Club** on **May 10 at 11:00 a.m.** We will have the installation of new officers, a check presentation to The Caring Place from our Fashion Show proceeds, and acknowledge our scholarship winner.

Please come and enjoy time together and a lovely buffet luncheon. You are welcome to invite guests, but all reservations must be paid in advance.

To make reservations, send your check for \$25 per person to Maryanne Olsen, Treasurer, CWC, P. O. Box 918, Cary, NC 27512-0918.

Reservation deadline: Monday, May 7.

See you there!

~ *Nell Meece, Social/Hospitality Chair*

Ways & Means – If You Build It, They Will Come . . .

With dreams in our imagination, hope in our hearts and hard work by many hands, the Club built a new paradigm of fundraising that succeeded beyond our expectations! Incorporating a category of Sponsorships and a Silent Auction into our Spring Fashion Show and Luncheon, we increased our fundraising results by one-third from last year. We will net a **\$6,000 profit** from this fundraiser, plus build a new bridge of recognition and support from more than 60 community businesses – expanding an awareness of our place (BRAND) in the life of Cary through our strategic solicitation for new, reciprocal community partnerships. Our success is due to the TOTAL support and participation from the entire Club membership!

The Ways and Means Committee worked tirelessly to develop and promote the event, but our great results came because of the attendance and generosity of you, your guests and our new community Sponsors, Patrons and Donors! Please be sure to thank them by voice and support of their businesses, especially if you patronize a business unknown to you before the event. Letting them know their support of the Cary Woman's Club's *Stepping into Spring Fashion Show* brought you into their business will be the most effective/significant "Thank You" we can deliver – after all, their support of community fundraisers comes straight out of their "advertising" budget. They see their contributions as a "win-win" for themselves: good works and good returns = more business through their doors, yielding continued community contributions because of the right use of their "advertising" dollars . . .

So, one and all, bask in the glow of a "job well done." And, let us not be afraid to dream and embrace the likelihood that if we work hard to make our vision a reality, it will happen.

"Life is nothing, if not change," someone more wise than I said.

~ *Pat Sweeney, Vice President, Ways & Means*

Vice President for Programs – End of Year Summary Report 2017

Fellow club members, congratulations on your hard work in 2017!

Community Service Programs are in large part what we do as an organization. Our service and contributions to the community make a significant impact in the lives of women, children, men, the young, the old, those beginning to make their mark through education, those who serve the less fortunate, those in a temporary difficult situations--the homeless, in unsafe conditions or imprisoned. Together, with the General Federation of Woman s Clubs, our work is multiplied. We are a remarkable group!



During 2017, our 39 members compiled these numbers:

- Volunteer hours: 2,522.5 – that is equivalent to 63.05 forty-hour work weeks - 11 weeks beyond a year's work!
- Value - if you convert those hours into volunteer hourly values as defined nationally at \$24.14 an hour, the club gave \$60,893 to our community. Each member gave, on average, \$1,561.36 in service.
- Monies Donated
Our monetary donations more than doubled from last year totaling \$14,366.
Our in-kind donations of \$7,514.13 were slightly more than last year.
If you total those three amounts, our contributions are valued at \$82,773!
That' s a significant contribution by any measure.

Our cumulative work does make a strong impact in our community. Our volunteer work this past year saw our efforts increase – we are so appreciative of our members who contributed their time, talents, and donations in so many areas of our clubwork. We are proud that we are being a positive force in our community.

Beyond our work through the CSP areas, we donated over 1,600 hours in Leadership, Domestic Violence Awareness, Membership, and Fundraising and Development. The combined figures in these areas totaled almost \$9,000.

So please be good ambassadors for our club – when someone asks "What do you do?" respond by saying we work individually and collectively to improve our community and lives of our citizens. Here's what we did just last years and quote some figures from the above summary.

Thank you to Mary, our president, for compiling the data for this report. Thank you to club members for being a caring, energetic, hardworking group of women.

~ *Gerry Ritter, Vice President, Programs & Reports*

From the Treasurer - Annual Dues

One club year is ending and another year for the Cary Woman's Club begins on June 1. With the start of a new club year, annual dues need to be collected.

Please send your check in the amount of **\$90.00**, payable to Cary Woman's Club, by June 1, to CWC Treasurer, PO Box 918, Cary, NC 27512. Thank you.

~ *Carol French and Maryanne Olsen*



Arts CSP – May is National Photography Month

The Arts CSP reported donations of seven (7) new pillows and 12 coloring books and colored pencils to **The Caring Place**.

Please remember that our **CWC Arts Festival** takes place, usually in January, so be thinking about creating something wonderful to enter in our club's Arts Festival next year. We had several District and State winners this year. We were so proud of them! We would love to see more members participate and take home ribbons for their creative works of arts!

Also, every May since 1987, the United States has celebrated **National Photography Month**. Throughout the country, this month is marked by photography contests, festivals, exhibits, and other activities. It also represents a time of reflection on the history of photography and how far it has grown. Take a photo and enter it in our Arts Festival!



~ *Willa Brigham, Arts CSP Chair*





Conservation CSP – Show Compassion: Be Kind to Animals Week, May 6-12

I can think of certain CWC members who consider your animals to be a part of your family, like children, so you may not need this reminder! But, the longest-running commemorative week in U.S. history is **Be Kind to Animals Week**, celebrated the first full week of May every year since 1915 to show compassion for animals! The Humane Society suggests compassion in four areas: 1) for 10 billion farm animals by purchasing humanely raised foods; 2) for the 6-8 million animals abandoned each year by adopting from shelters; 3) for the 100,000 animal actors who entertain and charm us in the movies and on TV; and 4) and for the many endangered and disappearing species of the world by taking children to Humane Certified zoos, aquariums, and conservation centers.

This week of compassion is very timely as we were just notified after our former member's death, that **Vicki Jeter's cat needs a new home**. If you are able to adopt "**Sugar**," please let me know, and I'll connect you with Vicki's family.



And in the fourth area, of wildlife conservation, we will be showing our compassion and support of endangered species when we visit the **Duke Lemur Center on May 25**. There are a few spaces left if you want to sign up for yourself or a friend at the May luncheon. We will meet to carpool near the mail box, in the parking lot of Bass Pro Shops on N. Harrison Ave., near the I-40 interchange. We will meet at **10:00 am** and leave promptly at 10:15 am, so that we will be at the Lemur Center and checked in for our tour at 11:00 a.m. The tour cost is a **group rate of \$8 each**. Please bring cash for this ticket. And do bring credit cards in case you are tempted in the Gift Shop after the tour! I will provide directions to the center at 3705 Erwin Rd., Durham. GPS also works. Following the 1.5 hour tour, we will travel down Erwin Road to Chapel Hill for lunch at Southern Season's restaurant, Weathervane, at 201 S. Estes Drive. After lunch you are free to shop and return to Cary at your own pace.

Thanks to **Nell Meece, Jane Suppa**, and **Uli Gratzl**, plus Garden Club and Page-Walker volunteers, we potted up over five dozen errant seedlings – mostly native columbine from the Pollinator Garden – to sell at **HerbFest on May 5** at the Page-Walker. We will use the funds to buy more plants for the garden. We really need two volunteers to help sell these plants at HerbFest from 9-11 am on Saturday, May 5. You don't need to know anything about plants! Please call me to volunteer.

~ **Lois Nixon**, Conservation CSP Chair

Volunteer

Those who can,
do. Those who
can do more,
volunteer.



Education CSP – National Teacher Appreciation Week, May 7-11

And though we know we can't ever thank them enough, we can take a moment during National **Teacher Appreciation Week** to share our appreciation for the special educators in our lives. Join the NEA and the National PTA in saying "Thank You" during **Teacher Appreciation Week, May 7-11**.



The Cary Woman's Club is a strong supporter of **Kingswood Magnet Elementary School** – please remember to show support for this school and its teachers during this special week of appreciation. **National Teacher Day is May 8.**

For more information on ways to show appreciation for teachers, please go to www.nea.org or www.pta.org.

~*Mary-Mel Kroeger, Education CSP Chair*



Home Life CSP – Melanoma/Skin Cancer Awareness Month

With over 5 million cases diagnosed in the United States each year, skin cancer is the *most common cancer* in the United States. Fortunately, skin cancer is also one of the most *preventable* forms of cancer. About 90 percent of non-melanoma skin cancers and 85 percent of melanoma cases are associated with exposure to ultraviolet radiation from the sun. By raising awareness of the dangers of unprotected exposure and encouraging sun-safe habits, the Skin Cancer Foundation wants to change behaviors and save lives.



The Skin Cancer Foundation recommends that everyone practice monthly head-to-toe self examination of their skin, so that they can find any new or changing lesions that might be cancerous or precancerous. Skin cancers found and removed early are almost always curable. When allowed to progress, however, skin cancer can result in disfigurement and even death. For more information, go to www.skincancer.org.

Warning Signs

- A skin growth that increases in size and appears pearly, translucent, tan, brown, black, or multicolored
- A mole, birthmark, beauty mark, or any brown spot that:
 - changes color
 - increases in size or thickness
 - changes in texture
 - is irregular in outline
 - is bigger than 6mm or 1/4", the size of a pencil eraser

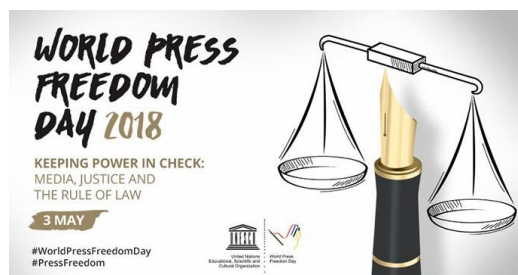
- appears after age 21
- A spot or sore that continues to itch, hurt, crust, scab, erode, or bleed
- An open sore that does not heal within three weeks

~ *Cathy Clark & Nancy Skelding, Home Life CSP Co-chairs*



International Outreach CSP – World Press Freedom Day – May 2-3

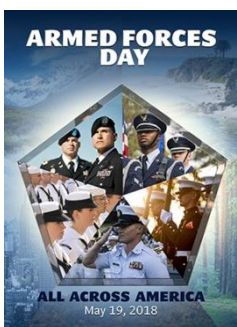
In 2018, UNESCO will lead the 25th celebration of **World Press Freedom Day**. The main event, jointly organized by UNESCO and the Government of the Republic of Ghana, will take place in **Accra, Ghana on May 2-3**. This year's global theme is **Keeping Power in Check: Media, Justice and The Rule of Law**, and will cover issues of media and the transparency of the political process, the independence and media literacy of the judicial system, and the accountability of state institutions towards the public. The Day will also examine contemporary challenges of ensuring press freedom online.



~ *Shirley Barnes, International Outreach CSP Chair*



Public Issues CSP - Armed Forces Day , May 19



President Harry S. Truman led the effort to establish a single holiday for citizens to come together and thank our military members for their patriotic service in support of our country. On August 31, 1949, Secretary of Defense Louis Johnson announced the creation of an Armed Forces Day to replace separate Army, Navy, Marine Corps and Air Force Days. The single day celebration stemmed from the unification of the Armed Forces under the Department of Defense. It honors Americans serving in the five U.S. military branches – the U.S. Army, U.S. Navy, U.S. Marine Corps, U.S. Air Force, and the U.S. Coast Guard. Armed Forces Day is always

celebrated on the third Saturday in May.

And, **Wear Orange Weekend** is **June 1-3**. For several years, gun sense supporters from coast to coast, working together to reduce gun violence, have worn orange this weekend to bring attention to the need to build safer communities. If you are interested in this issue, visit www.everytown.org for more information.

~ *Karen Fiumara, Chair of Public Issues CSP*

Save Education Coupons



Each **Box Tops for Education Coupon** is worth 10 cents. These coupons provide monetary support to our schools – and do not cost our club anything. Coupons can be found on Betty Crocker, Pillsbury, Land of Lakes, Scott products, reams of copy paper and many other products we use every day. For more info, visit www.boxtops4education.com.

Cut them off and place them in the box at the check-in nametag table. These will benefit **Kingswood Magnet Elementary School**.

Important Dates for May

- National Arthritis Month (Home Life)
- National Osteoporosis Awareness and Prevention Month (Home Life)
- Older Americans Month (Home Life and Domestic Violence)
- Children's Book Week - 1st full week of May (Education)
- Police Appreciation Week - the week that May 15th falls (Peace Officers Memorial Day) (Public Issues)
- May 15 - Peace Officers Memorial Day (Public Issues)
- May 24 - National SAFE KIDS Day (Domestic Violence)
- May 28, Memorial Day - 4th Monday of May (Public Issues)
- May 13, Mother's Day

Cary Woman's Club Newsletter
P.O. Box 918 ▪ Cary, NC 27512-0918

Club Years: 2017-2018

President: *Mary Derrick*

1st VP (Programs & Reports): *Gerry Ritter*

2nd VP (Membership): *Priscilla Keating*

3rd VP (Ways & Means): *Pat Sweeney*

Treasurer: *Maryanne Olsen*

Corresponding Secretary: *Judy Booger*

Recording Secretary: *Diane Andersen*

Publication Deadline: 24th of each month

Website Liaison: *Susan Abbott*

Website: www.carywomansclub.org



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