



Cary Woman's Club

Member of the General Federation of Women's Clubs

February 2018

"Serving Our Community ♦ Sharing Our Time and Talents"



President's Message ♦ Mary Derrick



I love February, another month in which I get to use my favorite color – red! I love hearts, too, so that's plus. Last year I mentioned the shoe boxes and the Valentines we used to receive as children. Don't you wish that you were a child again, waiting to have your shoe box filled with hand-made Valentines? I suppose we can't bring those days back. These days I'm helping my granddaughter decorate a hand-made box for those Valentines, but there just aren't many of those hand-made cards. Last year I helped her create a special

Valentine for her teacher, and she was so proud. Think about spreading some of the "Valentine" spirit to all you meet. Everyone needs a smile, a kind word, and chocolate!

I'm going to donate some food to an upcoming meeting, and I volunteered to bring Valentine candy. Yes, I could make something, but there's nothing like chocolate during this month, and folks really enjoy unwrapping chocolate hearts, don't they?

And, I plan to send out a few Valentine cards to those living far from here. Getting a card in the mail is something that I love, and it still makes me smile. So, I hope to put a few smiles on faces that I don't get to see very often. Getting a card is like getting a hug! There's a quote by Maya Angelou that I like: *"If you have only one smile in you, give it to the people you love."* Think about putting a smile on someone's face – it's actually better than chocolate!

On **Saturday, February 10**, the **District 6 Arts Festival** will be held at the First Baptist Church in Raleigh. I'm hoping that a number of our members come out to enjoy the day of arts and to support our members who won at our January meeting. The Official Call went out for the Arts Festival, so I hope many of you will attend. Hope to see you there!



MEETING LOCATION

Page-Walker Arts & History Center

119 Ambassador Loop, 1st Floor

Downtown Cary, 27513

2nd Thursday of each month

9:30 a.m. (Coffee & Social)

10:00 a.m. (Program & Business Meeting)

After-Meeting Luncheon

The February after-meeting luncheon will be at **Eighty8 Asian Bistro**, 1077 Darrington Drive, Cary, corner of James Jackson Avenue and Cary Parkway. The tentative reservation time is 12:15 p.m.

Program for February 8 Meeting – International Outreach CSP

Our speaker for February is **Jim Jetter**, who leads efforts at the **U.S. EPA (Environmental Protection Agency)** to improve global human health and the environment through clean cookstoves in the developing world. Mr. Jetter's work is part of a much larger international effort coordinated by the Global Alliance for Clean Cookstoves. He is the Project Leader for an ISO (International Organization for Standardization) Working Group that is developing standards for cookstoves. Jim is a registered professional engineer with degrees in mechanical engineering from N.C. State University and environmental engineering from the University of North Carolina. We are happy to have Mr. Jetter join us at our February meeting so members can learn more about this important issue.

~ *Shirley Barnes, International Outreach CSP Chair*



Ways & Means – *Stepping into Spring Fashion Show!*

Greetings, Fellow Clubwomen...our **Stepping into Spring Fashion Show** has taken its first steps with a fabulous flyer ready for you to send to your friends and family as their invitation.



Join our lively fundraising afternoon on **Saturday, April 21**, at the MacGregor Downs Country Club, to raise money for the benefit of **The Caring Place**, a non-profit organization based in Cary that provides transitional housing and services for homeless, working families with children.

At our February Club meeting we will discuss and explain how every member can participate in collecting items for our Silent Auction and/or soliciting Sponsorships from contacts in their own daily lives...(hint – pre-paying for an upcoming special event in your life: anniversary of your choosing, a wedding, a graduation, grandchild's visit, facial, hair style, etc., etc., etc. See you at the February 8th Club meeting!

Please note: There will be a Committee Meeting at the Chairman's house **Monday, February 5, 1:00 p.m.**

~ *Pat Sweeney, Vice President, Ways & Means*

Vice President for Programs – Please record your volunteer activities!

Thank you for providing President Mary Derrick with the data she needed for our **Annual Report**. Our report should paint the picture of our valuable service to people in our community. Your volunteer activities are important measures of the investment we make in improving the lives of many persons and groups. Just a friendly reminder - keep recording your activities, dollars donated, and in-kind contributions for the year 2018!!

Our excellent programs continue in February with the presentation from our International Outreach Community Service Program.

~ *Gerry Ritter, Vice President, Programs & Reports*

Membership

As we are moving into Spring, it's time to think about what our club will be doing next year. As you may be aware, the **position of Second Vice President (Membership Chair) is open** for the 2018-2020. This is a fun and important position since our members are the heart and soul of the CWC. Please consider volunteering for this or other positions of leadership.

For those of you who have ordered **name tags**, they will be available at the February General meeting. Please remember to invite your friends to our General meetings. We have some interesting speakers coming up and this is a good way to get the word out about our club. I have brochures available if anyone would like to give them to interested prospective members.

~ *Priscilla Keating, Vice President, Membership*

Grants and Community Service Projects Program Committee – Please submit grant requests now!

Just a reminder that February is the last month in which you can submit grants.

~ *Mercedes Auger, G&CSPP Chair*



District VI Arts Festival

Just a reminder about the upcoming **District VI Arts Festival** on **February 10**. The deadline to register is right around the corner. Hope many will come out to support our club winners!

And, Willa Bringham has Fiber Art in the show at the **Hayti Heritage Center**. It is open from 11 to 5, Monday through Saturday on Fayetteville Street, Durham.

~ *Willa Bringham, Arts CSP Chair*



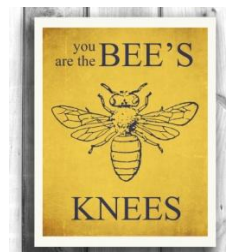
Conservation CSP – Taking a quick look back on 2017, and a look of anticipation at 2018

In 2017, the Conservation CSP volunteers contributed almost 200 hours in maintenance and education in the Page-Walker Pollinator Garden that is maintained in partnership with the Cary Garden Club and the Friends of the Page-Walker. And, our members spent a combined total of 105 hours on our educational trip to the mature and exemplary Pollinator Garden at Chatham Mills in Pittsboro, and were delighted by the enthusiasm of garden manager, Debbie Roos. The lunch at Oak Leaf restaurant was pretty special too! I'm glad we did this tour last year, as Oak Leaf has moved to a new location.

We also tried out **Flower Power**, but found that was not a suitable fundraiser for us, even though it sounded really good and easy. Not to be repeated!

We also distributed about 200 seed packets of Forget-Me-Not flowers to welcome our GFWC-NC counterparts to Cary for the GFWC State Convention in Cary, in celebration of **Federation Day on April 24**. And, we can repeat this activity again as the Convention will be in Cary for the second year in April 2018.

A couple of other opportunities for 2018 are to volunteer in the **Weatherstone Elementary Edible Garden**, which won one of our CWC grants. We also have submitted an application to claim an **Adopt-a-Spot** in front of the new Cary Library that is scheduled for construction in 2018. This is of special interest as the Cary Library was started by the Cary Woman's Club and the Cary Junior Woman's Club in 1951. We are also interested in that little issue of naming the new library for Walter Hines Page, Cary's most famous native son!



Thank you Conservation Volunteers!

~ *Lois Nixon, Conservation CSP Chair*

And, meet Thistle, the newest member of the Cary Woman's Club!



Those who attended the January meeting of the Cary Woman's Club were introduced to our newest member, **Thistle, a grey mouse lemur** at the **Duke Lemur Center** in Durham. On behalf of the Cary Woman's Club, the Conservation CSP has adopted Thistle for the year.

The reason for the Lemur Center donation to adopt Thistle is to branch out a bit from the garden, and to offer a tour to the Lemur Center (cute and engaging endangered species, and right in our backyard!) in the spring. Duke is doing research now on the grey mouse lemurs for Alzheimer's, as lemurs (prosimian primates) are our closest "relatives," and are some of the most endangered animals in the world. Duke also has researchers working with lemurs in their native Madagascar, an island off the east coast of Africa. More on the Alzheimer's research next month.

Thistle was born July 21, 2011 and weighed ¼ ounce, about the weight of 3 pennies! Her parents are Oleander and Pesto. Thistle is living by herself right now since she was having frequent spats with her former roomie, Bluebell. As an adult, Thistle weighs about 3 ounces, but she compensates for her tiny size with attitude! We think she'll make a great member of the CWC! She probably will complain about the snacks we provide at meetings, as her favorite food is mealworms, but we don't think our Social Committee should try to accommodate her tastes! Thistle also loves to leap from branch to branch in her room, so could probably not sit still for our meetings, or she might fall asleep during the meeting, as she is nocturnal. We guess we will just have to visit Thistle at Duke, rather than her visiting our meetings. Thistle will provide us with a little newsletter update about her life each month this year.

~ *Lois Nixon, Conservation CSP Chair*



Education CSP – Change for Books

Looking for a way to express your love for books and reading this month?

The Education CSP Committee would like to encourage you to put your extra change/donation where your heart is at February's meeting
by contributing to our fundraiser,
"CHANGE FOR BOOKS"

To continue our community partnership with Kingswood Elementary, a Title I School, we are hoping to raise enough funds to exceed last year's donation, which enabled the purchase of 50 new books for the school's library. As noted in past CWC Newsletters, this program has brought much joy to the students and has been greatly appreciated by the entire staff at Kingswood.

So, please look through your purse, drawers, car, coat pockets or wherever forgotten coins or bills may appear and consider donating your found treasure to "Change for Books." What better way to express your love and kindness than by giving to a cause that will bring smiles to young children and encourage a love for reading and learning!

At our February 8 meeting this month, there will be a container on one of the back tables to place your contribution and just to say, checks made payable to CWC are also welcomed. Thank you for your continued support of "CHANGE FOR BOOKS!"

SCHOLARSHIP NEWS

It is that time of year again, when the Scholarship Committee is seeking applicants for this year's **Cary Woman's Club Scholarship for High School Seniors**. This year the scholarship will total \$2500. We are in the process of contacting area high school counselors to encourage their students to make an application.

We would also like to ask all our members to spread the word in the community about our scholarship program and encourage any high school senior you may know to apply. Please refer to CWC website for further details and application.

~Mary-Mel Kroeger, Education CSP Chair

Triangle Go Red for Women – February is Women's Heart Health Month

Since February is around the corner, here's just a reminder that February is **Women's Heart Health Month**. **Women's Heart Week** is the first week of February, and the **National Wear Red Day** is the first Friday in February, this coming Friday. According to the CDC, heart disease is the #1 killer of women, with 610,000 Americans dying from heart disease each year.

WakeMed, the American Heart Association, and Allscripts have joined up for a day of fun, fashion and heart health!



Go Red Saturday,

Saturday, February 3, 11 am to 3 pm
Crabtree Valley Mall, Center Court, Raleigh

Take advantage of free heart health screenings, get tips to protect your heart and learn hands-only CPR. Plus, watch aspiring designers in action as College of Textiles students from NC State University create red dresses out of paper hearts.

For more information, you can visit www.hearts.wakemed.org.

~ Cathy Clark & Nancy Skelding, Home Life CSP Co-chairs



Public Issues CSP - Chrysalis Club Project

The Arts CSP has joined forces with Public Issues to develop a project for our February 20 visit to the 18 members of the Chrysalis Club of the NCCIW. Willa will lead the group in making bookmarks from recycled materials and finger woven ribbon bookmarks. Our activities will brighten their day, while promoting literacy and creativity. Many thanks to Diane, Jane, Arlene, Elzbieta, and Priscilla, who have also volunteered for this project.

We are asking for your help to make this project complete with books to read! If you have any new or gently-used paperback books to donate, please bring them to the February meeting. We will be giving these books to the NCCIW inmates. (The books cannot be too violent or sexual in nature. Only paperbacks are allowed.)

Be sure to put our March 8 meeting on your calendar!

Our March Speaker – Chief Justice Mark Martin

On **March 8**, Public Issues will have the honor of hosting a very special guest, **Chief Justice Mark Martin of the Supreme Court of North Carolina**. Many thanks to Mercedes Auger for securing Justice Martin as a guest speaker for our club!

Justice Martin became an Associate Justice of the North Carolina Supreme Court on January 1, 1999, and at the time of his installation, he was the youngest Supreme Court Justice in North Carolina history! On September 1, 2014, he assumed the office of Chief Justice.

Our club is excited to host Chief Justice Martin on March 8! Please spread the word and bring guests!

~ *Karen Fiumara, Public Issues CSP Chair*

Save Education Coupons



Each **Box Tops for Education Coupon** is worth 10 cents. These coupons provide monetary support to our schools—and do not cost our club anything. Coupons can be found on Betty Crocker, Pillsbury, Land of Lakes, Scott products, reams of copy paper and many other products we use every day. For more info, visit www.boxtops4education.com.

Cut them off and place them in the box at the check-in nametag table. These will benefit **Kingswood Magnet Elementary School**.

All you need
is love. But a
little
chocolate now
and then
doesn't hurt.

- Charles M. Schulz

Important Dates for February

- International Boost Self-Esteem Month (Domestic Violence)
- Library Lovers Month (Education)
- Teen Dating Violence Awareness and Prevention Month (Domestic Violence)
- February 4 - World Cancer Day (Home Life)
- February 17 - National PTA Day (Education)

Cary Woman's Club Newsletter
P.O. Box 918 ▪ Cary, NC 27512-0918

Club Years: 2017-2018

President: *Mary Derrick*

1st VP (Programs & Reports): *Gerry Ritter*

2nd VP (Membership): *Priscilla Keating*

3rd VP (Ways & Means): *Pat Sweeney*

Treasurer: *Maryanne Olsen*

Corresponding Secretary: *Judy Booger*

Recording Secretary: *Diane Andersen*

Publication Deadline: 24th of each month

Website Liaison: *Susan Abbott*

Website: www.carywomansclub.org



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