

Cary Woman's Club

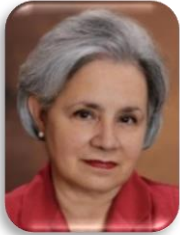
Member of the General Federation of Women's Clubs

September 2023

"Serving Our Community ♦ Sharing Our Time and Talents"



President's Message ♦ Mary Grayson Hart



Welcome back everyone! Hope all of you had a wonderful summer!

We're looking forward to having everyone attend our new club year "welcome back" meeting on Thursday, September 14. All of our CSP chairs, officers, and committee members have been working hard to present interesting information on all of our community service programs. The Cary Woman's Club has been working many years in this community, so there's a wealth of information to give to members about what we've been doing—and what we're planning to do.

Ways & Means has been working throughout the summer on items to sell at the upcoming Glenaire Holiday Bazaar in November. It was great seeing so many members participate! It's a great way to meet members and help plan ways to help focus support in our community.

The **District VI Fall Meeting** will be held on **Saturday, September 9**, and I hope you will attend. The registration deadline is September 2. Our own members are participating--Willa Brigham will be a speaker at this meeting and Lois Nixon will be giving a workshop on Reporting.



As always, please be sure to call me, if you have any questions, comments, or suggestions. Your input is so important. And, also remember how important volunteering is . . . just "Imagine the Possibilities!"

We're looking forward to **"Welcome Back"** everyone on **September 14**. Come join us!



MEETING LOCATION

Page-Walker Arts & History Center

119 Ambassador Loop, 1st Floor

Downtown Cary, 27513

2nd Thursday of each month

9:30 a.m. (Coffee & Social)

10:00 a.m. (Program & Business Meeting)

Officers for 2023- 2024 Club Year

President.....Mary Grayson Hart
1st Vice President ~ Programs.....Lois Nixon
2nd Vice President ~ MembershipMarci Thomas
3rd Vice President ~ Ways & MeansLillian Smith
TreasurerDiane Andersen
Corresponding SecretaryPriscilla Keating
Recording SecretaryArlene Gleason

CSP Chairs for Club Year 2023 - 2024

Arts & Culture..... Susan Abbott
Civic Engagement & Outreach....Elzbieta Hibbs
Education and Libraries.....Linda D'Alto
Environment..... Denise Tally
Health & Wellness..... Jane Suppa

“Welcome Back” – CSP Programs/Orientation at September 14 Meeting

Welcome to our new club year! The 2023-2024 club year promises to have some interesting and exciting monthly programs! September is our “Welcome Back” program with Board members bringing information about the coming year. Our five chairs of the community service programs - the heart of our work - will give short presentations of their areas listed below:

- Arts & Culture
- Civic Engagement & Outreach
- Education & Libraries
- Environment
- Health & Wellness

Sign-up sheets will be available for each member to select areas of interest. I encourage you to get involved. We encourage members to get involved.

After-Meeting Luncheon

The September after-meeting luncheon will be at **Leo's Italian Social**, located in the Park West Village at 1301 Market Center Drive, Morrisville. Please check out its menu at leositaliansocial.com.

Ways & Means – Kickoff for our Pecan Fundraiser

It's Pecan Time!



Our Fall Fundraiser is from **September 1 – October 12th**. We are selling pecans!

The pecans we sell are fresh off the trees and you can really taste the difference and smell the difference also. They make great Christmas gifts! You can also roast them and give them as gifts throughout the year. Prices have gone up a bit this year, but this is a fundraiser and we need to make a profit. Keep in mind that these are fresh pecans, not year old pecans that you find in the stores.

Attached to the newsletter you will find a flyer that you can use to send out or give to your family and friends. All they have to do is fill it out, write the check and mail it to Mercedes Cooley.

When the pecans come in Lois and Merc will organize each member's orders and arrange for the member to pick up their pecans. Each member will then distribute the pecans to their "customers."

We already have a new customer wanting to order pecans, because she was given some last year as a gift and loved them! And our annual gift from the Golden Kernel Pecan Company is a great recipe to try (below)

Frozen Butter Pecan Ice Cream

A perfect recipe for some of the 100 degree August days we had this summer. Also a perfect way to use your last bag of any kind of pecans that you still have left from last year's sale!

- 1 can sweetened condensed milk
- 2 t. vanilla extract
- 2 c. heavy whipping cream
- 1 c. chopped Golden Kernel Butter Roasted Pecans (or any flavor!)

Using a hand mixer, beat whipping cream in a large bowl until stiff. In a separate bowl, whisk the vanilla into the sweetened condensed milk. With a spatula, softly fold the condensed milk into the whipped cream. Do not beat the mixture, just gently fold the ingredients together and lastly, gently stir in 1 cup of chopped Butter Roasted Pecans. Place the mixture into an air tight container and freeze for 4-6 hours.

We always hope that the pecans will be here before Thanksgiving—and they always have!

~ **Lois Nixon** and **Mercedes Cooley**, Pecan Fundraiser Co-Chairs

Membership

The second annual CWC Summer Brunch and Mimosa Bar was a success with 22 members and four guests attending. Members brought appetizers, salads and desserts which were enjoyed by all. We had a tremendous variety provided and everything was delicious.

Our four guests all seemed very interested in the club. We are hopeful they will come to the September general meeting.

Welcome to new members, **Jeanene Martin** and **Mary Alice Linhardt**, who joined over the summer. Jeanene is the daughter-in-law of former member Nancy Martin. A friend of Jeanene's, **Amy Jones**, is also planning to join the club.

Growing membership this year is key to pursuing our mission of supporting charitable organizations and active community service.

Please help me increase membership this year by spreading the word about the CWC!

~ *Marci Thomas, 2ndnd Vice President, Membership*

Member Recipe – Portillo's Famous Chocolate Cake with White Chocolate Butter Cream Frosting

Members have asked for Linda D'Alto's recipe for the wonderful cake she brought to the Membership mimosa brunch at Marci's home. She is graciously sharing her recipe (see attachment) with us! Please enjoy **Portillo's Famous Chocolate Cake with White Chocolate Butter Cream Frosting!**

Member Birthdays!



September 1	Pamela McCall
September 9	Merc Cooley
September 19	Lisa Butcher
September 20	JoAnn Minor
September 28	Jeanene Martin

Volunteers do not necessarily have the time; they have the heart.

CSP Chairs Planning Meeting for the September 14 Showcase and Member Orientation

There will be a meeting of the *CSP Chairs on Wednesday, September 6 at 10:00 am at Esteamed Coffee on Chatham Street*. If the Chair cannot attend, please send a committee member to represent your CSP at the meeting. In addition to the CWC being a supporter of Esteamed Coffee, they have fabulous coffee and pastries, and we have a reserved space for our meeting.

We will be planning the program for our first CWC meeting of the year to be held on Thursday, September 14, 9:30 am at the Page-Walker. The meeting will include a Showcase of planned and potential CSP programs and projects, as well as a new (and experienced) Member Orientation about the plans for the coming year. This would be an ideal meeting to share with a guest who is a potential member of the club. If every member invites one guest, we can double our membership to share in the service we provide to our community!

~ **Lois Nixon** 1st Vice-President, Programs



Arts and Culture CSP – Needs a Co-chair

The Arts & Culture CSP is currently looking for a co-chair. Enjoy the arts? Then this would be great opportunity to get involved. Please contact Susan Abbott if you are interested.

Arts and Culture CSP has been involved with the Cary Giving Tree during Christmas, the Arts Festival, the Crafts Fair and other project throughout the year.

~ **Susan Abbott**, Arts & Culture CSP Chair



Civic Engagement & Outreach CSP Signature Program: Domestic Violence & Prevention Awareness

We're looking forward to seeing everyone on September 9, and joining the Civic Engagement and Outreach CSP projects.

Some projects could possibly be Wreaths Across America, making blankets for Myra's Angels, and providing support for the USO, women in crisis, and our first responders.

~ **Elzbieta Hibbs**, Civic Engagement & Outreach CSP Chair

Alone we can do so little . . . together we can do so much!
~ **Helen Keller**



Education & Libraries CSP

Volunteer opportunities are coming this fall!

Read and Feed welcomes CWC members to volunteer in various capacities in Cary. Stay tuned for more updates; more to come!

In addition to our education outreach efforts, it might be fun and informative to learn a few Tech Tips. Following are two shortcuts for windows computers:

How to...

Zoom webpage or document - Ctrl + Mouse Wheel or Touchpad Scroll

Open File Explorer - Windows key + E

CWC Book Club (Coordinated by Maryanne Olsen)

Our first book club for this club year is on **Thursday, September 28**. We will meet at 1 pm at the home of Maryanne Olsen, 309 Briardale Avenue, Cary. 919-740-4272

Our book for this month is *The Escape Artist* by Jonathan Freedland.

Goodreads Choice Award **Nominee for Best History & Biography (2022)**

In a book that is part thrilling adventure, part exploration of some of the darkest secrets of the Holocaust, award-winning journalist and best-selling novelist Jonathan Freedland uncovers the extraordinary story of the first Jew to break out of Auschwitz, a man who was determined to warn the world—and pass on a truth too few were willing to hear.

In April 1944, Rudolf Vrba became the first Jew to break out of Auschwitz—one of only four who ever pulled off that near-impossible feat. He did it to reveal the truth of the death camp to the world—and to warn the last Jews of Europe what fate awaited them at the end of the railway line. Against all odds, he and his fellow escapee, Fred Wetzler, climbed mountains, crossed rivers and narrowly missed German bullets until they had smuggled out the first full account of Auschwitz the world had ever seen—a forensically detailed report that would eventually reach Franklin Roosevelt, Winston Churchill and the Pope.

And yet too few heeded the warning that Vrba—then just nineteen years old—had risked everything to deliver. Some could not believe it. Others thought it easier to keep quiet. Vrba helped save 200,000 Jewish lives—but he never stopped believing it could have been so many more.

This is the story of a brilliant yet troubled man—a gifted “escape artist” who even as a teenager

understand that the difference between truth and lies can be the difference between life and death, a man who deserves to take his place alongside Anne Frank, Oskar Schindler and Primo Levi as one of the handful of individuals whose stories define our understanding of the Holocaust.

~ *Linda D'Alto, Education CSP Chair*



Environment CSP – Environmental Symposium coming up!

Some of you may recall that the Cary Woman's Club voted last year to use one of our grants to help sponsor the September Environmental Symposium with **The Cary Tree Archive and Trees for the Triangle**. The Symposium is HERE in Cary, and will be at the *Cary Arts Center on September 1, 9, 15, and 23, and at the Cary Theater on September 29*. Three of the events are free and two have a fee (to pay speaker expenses). But if you volunteer to serve as a ticket taker or usher, you can go to a fee event free (one free for each time you volunteer.) Even for the non-fee events, you will need to sign up for a ticket to ensure that there is space for everyone.

More details on the Symposium and event tickets are at:

<https://www.signupgenius.com/go/10C084EA4A62DA5F9C25-2023>

And you can volunteer at this link:

<https://www.carytreearchive.org/index.html>

I plan to volunteer at each event. And I hope that many of you will plan to attend some or all of the events! I am sure we will learn a lot – and will be proud to be a sponsor!!

~ **Denise Tally**, *Environment CSP Chair* and **Lois Nixon**, *past chair of the Environment CSP*



Health and Wellness CSP

We're looking forward to continuing to work with the organizations from last year and also looking forward to forming relationships with new community partners.

At the September 14 meeting, there will be sign-up for help with an upcoming bingo at the Total Life Center.

If anyone is interested in being a co-chair, your help would be greatly appreciated. Please contact Jane Suppa for more information.

~ *Jane Suppa, Health and Wellness CSP Chair*

Hospitality – Welcome back, Members!

We are looking forward to seeing everyone at our September meeting. Hope you have had a great summer!

As is our custom, we will have lunch after the meeting at **Leo's Italian Social, 1301 Market Center Dr. Morrisville (Park West Village)** leositaliansocial.com

At the meeting, Judy will take a show of hands to see how many want to go to lunch so she can confirm the reservation. It's a fun way to get to know members better in a relaxed setting. Thank you, Judy for selecting a restaurant each month! If any member has a suggestion for possible restaurants, please let Judy know.

Thanks to all of you who have volunteered to hostess this coming club year. Our schedule is the following:

September – Karen Fiumara & Diane Andersen

October – Susan Abbott & Joan Hall

November – Mary Mel Kroeger & Elaine James

January. – Arlene Gleason & Marci Thomas

February – Denise Talley & Wendy Payne

March – Priscilla Keating & Linda D'Alto

April – Lois Nixon & Nell Meece

May – **Still need 2 volunteers**

Hostesses provide refreshments for our meetings. Suggestions include: **something sweet, fruit, cheese and crackers**, etc. Also bring **plates, napkins and plastic ware** needed for your food items. We will have plastic tablecloths for you to use.

Hostesses can contact each other to determine what to bring. **Please arrive at the Page Walker by 9:15 to set up and stay after the meeting to clean up.**

The Hospitality Team will make the coffee and have hot and cold water available. We will provide cups for drinks.

~ Hospitality Committee: Mercedes Cooley, Judy McDonal and Jane Sowards

Cary Woman's Club Newsletter
P.O. Box 918 ▪ Cary, NC 27512-0918

Club Years: 2023-2024

President: *Mary Grayson Hart*

1st VP (Programs & Reports): *Lois Nixon*

2nd VP (Membership): *Marci Thomas*

3rd VP (Ways & Means): *Lillian Smith*

Treasurer: *Diane Andersen*

Corresponding Secretary: *Priscilla Keating*

Recording Secretary: *Arlene Gleason*

Publication Deadline: *25th of each month*

Website Liaison: *Susan Abbott*

Website: www.carywomensclub.org



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