



Cary Woman's

November

2017

"Serving Our Community ♦ Sharing Our Time and Talents"



President's Message ♦ Mary Derrick



Fall is definitely in the air! And, when Fall rolls in, my thoughts turn to Thanksgiving. I love all of the Thanksgiving food, the turkey and dressing, pecan pie, sweet potatoes—I could go on and on! This year I'm so very thankful that my children and grandchildren are healthy and happy.

But, that isn't the case for so many in our country and around the world. When I turn on the television or read on the Internet, I see so many who are suffering and won't be sitting around a table counting their blessings. I'm glad when I think about the efforts of GFWC that have helped so many, not just in our country, but around the world.

Our club has done so much good in the community. We have been operating since 1963 and we still hear about the "good works" that the CWC has done and continues to do.

On **Saturday, November 18**, the **GFWC-NC Fall Conference** will be held in Burlington. All clubwomen are encouraged to attend! The registration form was sent out by e-mail. If anyone would like to carpool, please let me know. Riding in the car and seeing all the Fall scenery heading to Burlington is something I'm looking forward to!

And speaking of Fall scenery, oh my, the leaves are starting to fall in my yard. How I wish they could stay on the tree for a bit longer—but I do love the crunch they make as I walk through the yard.

This Thanksgiving we plan to drive to see family members (who I get to see about once a year) and enjoy a wonderful meal. But, I also plan to stop and think about how lucky we are to live in this wonderful land with so many opportunities. A Happy Thanksgiving to all!



~ Mary Derrick, President



MEETING LOCATION

Page-Walker Arts & History Center

119 Ambassador Loop, 1st Floor

Downtown Cary, 27513

2nd Thursday of each month

9:30 a.m. (Coffee & Social)

10:00 a.m. (Program & Business Meeting)

After-Meeting Luncheon

On **November 9**, join us in supporting the Cary-Page Rotary's annual **Spaghetti Fundraiser** at the First Baptist Church on Academy Street.

Time: 11:30 to 1:00 PM and also 5:00 - 7:00 p.m.

Admission: \$7.00 for adults, children under 6 free.

The fundraiser benefits several charities, most notably **The Boys and Girls Home of NC**, which is also a Woman's Club charity. Lunch includes spaghetti with vegetarian or meat sauce, salad, LaFarm bread, and cookies from Life Experiences (another one of our mutual charities). It will be fun to get together as a group and support a good cause!

~ *Karen Fiumara & Silvia Barba*

Program for November 9 Meeting - Education CSP

You are sure to enjoy our guest speaker for November, *Sandy Webbere*. She has over 35 years of museum and preservation experience, including 20 years at the NC Museum of History, where she is now Manager of the Museum's Speakers Bureau and Community Engagement.

What better way to get in the Holiday Spirit than to listen to Sandy's fun and informative presentation: *Did You Know? America's Christmas Traditions, 1600s-1950s*. She will also share how the NC Museum of History is committed to creating a place where you can explore, learn, and enjoy programs, events and exhibitions that celebrate North Carolina's past, present, and future. One is never too old to learn!

Hope to see all of you and please, do consider bringing a friend along . . . the more the merrier!!!

Holiday Luncheon - Please note Calendar Date Change

You and your guests are cordially invited to our **December Holiday Luncheon!** We will enjoy a delicious buffet and entertainment. This is our December meeting.

DATE: December 7, the **FIRST THURSDAY** of the month (a week earlier than usual)

LOCATION: Prestonwood Country Club, Salon E

TIME: 11:30 a.m.

Luncheon is by reservation only: **Deadline – Monday, December 4**

Please give or send **\$25.00 per person** to Maryanne Olsen, Treasurer, CWC, P.O. Box 918, Cary, NC 27512-0918. Members may invite guests, but all reservations must be paid in advance.

~ *Nell Meece, Social/Hospitality Chair*

Website News!



We are so excited that our wonderful webmaster, Susan Abbott, has helped our club with its new web location! The Cary Woman's Club has switched from .com to .org. We are officially located at www.carywomansclub.org.

Thanks so much to Susan for all of her hard work!

Vice-President for Programs – Bring reporting forms to November meeting

Happy Fall to all! Finally some cool weather to go along with lots of falling leaves. Our switch from daylight savings time to regular time can turn us inside and to working in our community service projects. Let's all get involved with some project. Ask how you can help. And, sign-up sheets are still available at our November 9 meeting.

Our October Conservation speaker, Carlos Velasquez, inspired us to invest in protecting our natural resources wherever we are. Thank you to Lois Nixon, our CSP chair for Conservation, for a really unique program.

We are looking forward to the program from Education CSP chair Mary-Mel Kroeger this month.

Please remember to bring a list of your hours/donations for the past weeks including what you did to sell pecans to the November meeting or let the appropriate CSP chair know. Thank you!

~ *Gerry Ritter, Vice President, Programs & Reports,*

Membership



Please welcome our newest member, **Linda Brown**, and add her to your member list!

Be sure to say hello and make her feel welcome at our November meeting!

As Membership Chair, I am looking forward to CWC significantly growing our membership for the 2017-2018 year. I was so happy to see so many guests at the October meeting and want all members to start thinking about who they might invite to our next meeting.

I will be ordering name tags this fall if I have enough interested members, at a cost of \$5.00. Please let me know if you are interested in ordering a magnetic name tag and bring your \$5.00 to the next meeting.

You might think about posting the date and time of our meeting on your Facebook page or "Nextdoor," a neighborhood online site. I am also interested in having a membership committee and there will be a sign up sheet at the next meeting. I am interested in any and all ideas pertaining to increasing CWC membership.

~ *Priscilla Keating, Vice President, Membership*

Ways & Means – Fashion Show Meeting on November 6!

The work of the Ways and Means Committee continues in earnest, finalizing the order from the Pecan Sale, anticipating profits hoped for as part of the Club's operating budget as forecast last Spring. Information will be sent out on the delivery of the pecans as it becomes available.

We welcome and encourage new ideas for another Fall event! One idea that is being considered is a Fall Picnic in partnership with **Whole Foods**, which would supply all the fixings for an outdoor cook-out at its Waverly location, where the Club would be free to sell arts and crafts items, auction a quilt, and perhaps host a face-painting for kids, etc. If Club interest in such an event exists for next year, detailed planning needs to get underway soon.

Planning for the **Spring Fashion Show and Silent Auction** will begin to take formal shape at the **November 6 Committee Meeting** at my home at **1 p.m.** Sub-committees need to be taking shape and ideas for auction items need to be organized, including action-plans for securing the items. A great event relies on the enthusiasm and hard work of many hands. There is work – fun work - to be done to create a special day for one and all.



Thanks to everyone for supporting Ways and Means in all the ways you do!

~ *Pat Sweeney, Vice President, Ways & Means*

Yearbook Updates

For those of you who received a new yearbook at October's meeting, please see the updates below:

Page 3: Change Holiday Luncheon at Prestonwood to **Thursday, December 7**

Member Directory

Additionally for everyone, please make the change on page i Index, and Administration page 3 to reflect new website, www.carywomansclub.org.

Also, I've attached an updated Hostessing page. If you have a calendar conflict, please trade with someone and let Nell Meece know. Thanks!

~ *Silvia Barba, Yearbook Co-Chair*



Arts CSP – Art Is good for your soul!!

Enjoy local art receptions:

- November 1, Herbert C. Young Community Center Gallery: Mixed media, 6 p.m.
- December 2, Cary Arts Center: Photography 2-4 p.m.
- December 2, Town Hall Gallery: Mixed Medium 2-4 p.m.
- December 3, Page-Walker Arts and History: Various Medium, 2-4 p.m.

~ *Willa Brigham, Arts CSP Chair*



Conservation CSP – Pollinator Garden

Please sign up on the Conservation CSP volunteer sheets which will be available at the November meeting. In our partnership for the Page-Walker Pollinator Garden with the Cary Garden Club and the Friends of the Page-Walker, it was our turn to do the garden maintenance in October. Thanks to **Silvia Barba** and **Gerry Ritter** from our club, and Jane Litton of the Cary Garden Club for helping get the garden trimmed up for fall and winter.

There will be one more workday on **November 10, 9:00 a.m. to 11:00 a.m.**, by all three partner groups to spread mulch and “put the garden to bed” for the winter. That is the day after our CWC November meeting.” We’ll be thinning out some plants that you can take home to plant. Join us!

I received many positive comments about the October program by Carlos Velazquez on “The Inuit: First Victims of Climate Change.” I passed those comments on to Carlos and he was very pleased that the program was appreciated and educational. And he did the “thank you” hand sign – do you remember it?

This all reminded me of GFWC Resolutions, which guide how our local clubs plan programs to fulfill those resolutions. I found all of the national resolutions on the GFWC.org website. There are also state resolutions with more state specific programs suggested.

Following are excerpts from some of the **Conservation Resolutions**, and I have added some specific actions that our club members can take to put those resolutions into practice—resolutions do no good, if just printed in a big book!

#011-090 Global Warming

... WHEREAS, This greenhouse effect results in substantially altered rainfall patterns, increases in sea levels, loss of soil moisture and changes in the movement of storms, adversely affecting agriculture, forests, wetlands, water resources and coastal areas; therefore

... RESOLVED, That the General Federation of Women's Clubs urges its member clubs to:

- Educate themselves and their communities about the dangers of global warming;
- Educate members about the personal choices that can be made to reduce this effect in areas including personal transportation, electrical use, and waste production;
- Share their concerns with legislators.

✓Check: Our October program. For those who want to view or purchase Inuit art, go to

<http://capedorset-inuitart.com/about-us/> or

<https://www.bing.com/images/search?q=inuit+artwork&qpv=+inuit+artwork&FORM=IQFRML>

#011-190 Waste Management and Recycling

... RESOLVED, That the General Federation of Women's Clubs supports legislation that encourages recycling by individuals, business and government.

November 15 is **America Recycles Day**. Let's each resolve to improve one of our recycling habits, and get a neighbor to do the same!

#011-150 Preservation and Beautification of Public Lands and National Forests

... WHEREAS, Public Lands and National Forests are irreplaceable assets and a vital component of a healthy economy;

...RESOLVED, That the General Federation of Women's Clubs urges its member clubs to support public land stewardship programs and become involved on the local, state and national level. Did you know that each person should plant 65 trees during their lifetime to replace their own environmental impact? Have you planted your 65 trees yet? Fall is the best time to plant trees. So plant a tree this month.

One lucky winner at our November meeting will be given a small redbud tree to plant at home. Be sure to enter this drawing to start you on your 65 tree goal!

~ *Lois Nixon, Conservation CSP Chair*

If you are always trying to be NORMAL,
you will never know how AMAZING you can be!

~ Maya Angelou



Education CSP - Can You Help?

This time of year seems to always bring a sense of thanksgiving for all we have been blessed with, as well as the desire to give to others, less fortunate and in need. **Kingswood Elementary School's Program, Feeding Friends**, is in need and would greatly appreciate some support from the Cary Woman's Club. Each week 32 bags of food and produce are distributed to families needing a little extra help. I know Deborah Lynch challenged everyone at the October meeting to bring a can of peas to the next meeting for this cause. **Let's up this challenge!!!!**

If you would so kindly look in your pantry or pick up an item or two while grocery shopping, and bring these items to the November 9 meeting, your donations will be collected and deliver to Kingswood Elementary by the Education CSP Committee.

Items needed include:

Cans of meat (chicken, tuna)	Cans of beans (pinto, black, navy, kidney, etc.)
Boxes of dried pasta / rice	Cans of pasta sauce (non-glass)
Boxes of Mac'n Cheese	Cans of vegetables
Oatmeal packets (instant)	Cans of fruit
Snacks: individual package servings (raisins, crackers and cheese, popcorn, granola bars, etc.)	

I would like to pass on to our members that Laura Goodwin, Coordinator of the Feeding Friends Program, was very thankful for the 140 tote bags recently donated by Lois Nixon! Way to go, Lois!

As always, if you have any questions, please feel free to contact me.

~Mary-Mel Kroeger, Education CSP Chair



Home Life CSP - Bring Items for The Caring Place to November meeting

Each year we have been collecting items for **The Caring Place**, and usually we ask that members bring them to our Holiday Luncheon. We will still be doing in that, but we thought we would start collecting in November this year.

Items that we could use are:

- Paper products
- Cleaning supplies
- Non-perishable food items (no glass containers)
- Gift cards for Harris Teeter, Target, etc. are great

Thank you!



~ Cathy Clark & Nancy Skelding, Home Life CSP Co-chairs



International Outreach CSP - Bring clothing items to November meeting for Re-Sale Boutique!

The International Outreach committee was successful in purchasing over 80 pairs of shoes during October. The shoes went to the **Operation Smile Christmas Shoe Project**, which delivers them to third world country children who do not have shoes.



We gave a donation to the **Operation Smile** for its **cleft palate/cleft lip surgeries**, and we will continue to send in more donations over time until enough is collected to pay for a surgery. The committee intends to make donations until donations are complete for two surgeries!

For anyone wishing to bring an item of clothing for our Re-Sale Boutique Project, please be sure to bring it to the November 9 meeting do so. The funds from this project will help to support our project goals.

~ *Shirley Barnes, International Outreach CSP Chair*



Domestic Violence and Awareness – InterAct Holiday Bazaar GFWC Signature Project

We are gearing up to support the **InterAct Holiday Bazaar** which takes place in mid-December. These pictures, taken at last year's "packing party," show some of the 53 baskets we packed and wrapped for the Moms at Interact.



You can all support this cause by bringing any of the following items to our November meeting:

- small kitchen items
- candles
- gloves
- hats
- socks
- picture frames
- bath & body products
- journals or calendars,
- small snack items,
- cocoa mix.



Each basket contains 4 to 5 items and our small budget goes quickly, so we need your help. Two packing parties will be held at Karen's house: **Monday December 4 from 9 a.m. to 12 p.m.** and **Wednesday, December 6 from 1-3 p.m.** Come to one or both!

NOTE: We have enough scarves and ribbon, but could still use filler and basket bags in addition to the above-named items. We like to pack in themes, so keep that in mind when shopping. Sign up to help at the packing parties by signing up at the meeting or emailing Karen Fiumara (see below).

~ Karen Fiumara, Chair of GFWC Signature Project

Save Education Coupons



Each **Box Tops for Education Coupon** is worth 10 cents. These coupons provide monetary support to our schools – and do not cost our club anything. Coupons can be found on Betty Crocker, Pillsbury, Land of Lakes, Scott products, reams of copy paper and many other products we use every day. For more info, visit www.boxtops4education.com.

Cut them off and place them in the box at the check-in nametag table. These will benefit **Kingswood Magnet Elementary School**.

Important Dates for November

- Family Literacy Month (Education)
- National Alzheimer's Disease Month (Home Life)
- American Education Week - 2nd week of November (Education)
- November 1 - National Author's Day (Education)
- November 7 - Election Day (Public Issues)
- November 11 - Veterans Day (Public Issues)
- November 12 - World Pneumonia Day (International Outreach) *Did you get your flu shot?*
- November 15 - America Recycles Day (Conservation)
- November 20 - Universal Children's Day (International Outreach)
- November 23 - Thanksgiving



Cary Woman's Club Newsletter
P.O. Box 918 ▪ Cary, NC 27512-0918

Club Years: 2017-2018

President: *Mary Derrick*

1st VP (Programs & Reports): *Gerry Ritter*

2nd VP (Membership): *Priscilla Keating*

3rd VP (Ways & Means): *Pat Sweeney*

Treasurer: *Maryanne Olsen*

Corresponding Secretary: *Judy Rooder*



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P. O. Box 918

Cary, NC 27512-0918