



Cary Woman's

September

2017

"Serving Our Community • Sharing Our Time and Talents"



President's Message • Mary Derrick



Welcome back everyone! Hope all of you had a wonderful summer! (My air conditioning system gave out unexpectedly, so life at home was interesting for awhile)

We're looking forward to having everyone attend our new club year "welcome back" meeting on Thursday, September 14. All of our CSP chairs and officers have been working hard to present interesting information on all of our community service programs. The Cary Woman's Club has been working many years in this community, so there's a wealth of information to give to members about what we've been doing – and what we're planning to do.

Gerry Ritter and I attended the Summer Meeting in Burlington in July, and we brought back information to share with the Board. We also learned about Generational Awareness, i.e., how women in different age ranges interpret things and how we can learn to work together. It's amazing how we Baby Boomers process and view things differently from Millennials! But, we can all still work together for a common cause.

Way & Means has a planning meeting set for **September 7**. It's a great way to meet members and help plan ways to help focus support in our community.



As always, please be sure to call me, if you have any questions, comments, or suggestions. Your input is so important. And, also remember how important volunteering is . . . just "Imagine the Possibilities!"

We're looking forward to "**Welcome Back**" everyone on **September 14**. Come join us!

~ Mary Derrick, President



MEETING LOCATION

Page-Walker Arts & History Center

119 Ambassador Loop, 1st Floor

Downtown Cary, 27513

2nd Thursday of each month

9:30 a.m. (Coffee & Social)

10:00 a.m. (Program & Business Meeting)

After-Meeting Luncheon

The September after-meeting luncheon will be at **Pro's Epicurean Café**, an eclectic market, café, and wine bar featuring Italian/French/European cuisine, located in downtown Cary at 211 East Chatham Street, (within walking distance of Page-Walker), 919-377-1788. The reservation is tentatively set for 12:30 p.m.

Officers for 2017- 2018 Club Year

President.....Mary Derrick1-year remaining
1st Vice President ~ Programs/Reports .Gerry Ritter1-year remaining
2nd Vice President ~ MembershipPriscilla Keating1-year remaining
3rd Vice President ~ Ways & MeansPat Sweeney.....2-year term
TreasurerMaryanne Olsen.....1 year remaining
Corresponding SecretaryJudy Booger2 year term
Recording SecretaryDiane Andersen2 year term

CSP Chairs for Club Year 2017 - 2018

Arts..... Willa Brigham
Conservation Lois Nixon
Education..... Mary-Mel Kroeger
Home Life..... Cathy Clark & Nancy Skelding
International Outreach Shirley Barnes
Public Issues..... Karen Fiumara

“Welcome Back” – CSP Programs at September 14 Meeting

Welcome to our new year! The 2017-18 club year promises to have some interesting and exciting monthly programs! September is our “Welcome Back” program with Board members bringing information about the coming year. Our six chairs of the community service programs - the heart of our work - will give short presentations of their areas listed below:

- Arts
- Conservation
- Education
- Home Life
- International Outreach
- Public Issues & Domestic Violence

Sign-up sheets will be available for each member to select areas of interest. I encourage you to get involved.

As you can see below, our club members are quite active.

DID WE REALLY DO THAT . . . *

- Volunteers spent 145 hours in activities supporting International Outreach
- Members donated almost \$100 in In-Kind gifts to the Arts

- Gave almost \$7,000 in actual dollars to our community service projects to our community
- Three CSP areas averaged between 300 and 400 hours in each area to our community.

And, there is more to be shared in September.

See you in September!

*Statistics compiled from our CWC 2016 report

~ **Gerry Ritter**, Vice President, Programs & Reports

Grants and Community Service Projects Program (G&CSPP)

The Grants and Community Service Projects Program (G&CSPP) welcomes three new members: Mercedes Auger (Chair), Carla Liberatore, and Jane Suppa. Returning on the committee are JoAnn Minor, Nancy Skelding and Ad Hoc member, Maryanne Olsen. Thanks to all of you!

As an update, there are currently no grants to review. Members and CSP chairs, if you would like to apply for a community service project, please do so now as the next review will be on **October 1** and the last review will be **March 1, 2018**. Two more opportunities! The average amount given is \$200-\$250, depending on funds available. If you participate in service projects for other organizations, please advise them to apply. They must be a 501 (c)(3) non-profit. Refer to Cary Woman's Club website for application and instructions.



Please note that the **deadline for major grants is March 1** and the average grant range is from \$750- \$1200, again depending on funds available. Encourage non-profits which you support to apply for grants.

Cary Woman's Club helped the following with monetary donations and volunteers during the 2015-2017 calendar year:

- **The Friends of Page-Walker Arts and History Center**
- **The Cary Woman's Club Scholarship**
- **Oxford House**
- **The Caring Place**
- **Dorcas Ministries**
- **Kingswood Elementary School in Cary**
- **Life Experiences**
- **Town of Cary's Sister Cities Program**
- **InterAct**
- **Wake Tech Mature Woman's Scholarship**
- **MATCH Program**
- **Operation Smile**
- **Weatherstone Elementary School in Cary**

Please contact me if you have any questions. We're looking forward to an exciting and loving year!

~ *Mercedes Auger, G&CSPP Chair*

Ways & Means – Join us for planning meeting on September 7!

Ways & Means did not rest during the summer recess. Instead, due diligence was conducted to research venue and other details for **next spring's Fashion Show and Luncheon**. It will be very challenging for us to meet and maintain the high financial achievement of last year's event.



At this writing we are anticipating holding the event at the **MacGregor Country Club**, in their Lakeside ballroom, with outdoor patio to the MacGregor Lake. This room plus the extra space available to us in the hallways will provide Dillard's – who has agreed to do the fashion show again – with space to showcase other departments in their store. They will be able to bring to us samples of new tableware, design accents for bed and bath, sweet indulgences for Grandmothers for their new grandbabies or growing grandkids, as well as shoes, bags, scarves, etc.

And perhaps best of all, hosting the event at the Country Club will mean that we will be able to be guests at our own “party,” leaving the food preparation and service and clean-up to the staff of the Country Club. Additionally, we will begin our “party” with a complimentary bar beverage – and be able to purchase wine by the glass, if we so desire. Naturally this style luncheon will mean a bump in the ticket price. The work we will need to do during the winter about the Fashion Show and Luncheon will be securing items and organizing them into a “must have, gotta buy” **SILENT AUCTION** for the day. We will fully discuss this at the September Club meeting.

At hand, is the upcoming **PECAN SALE**. The Golden Kernel, our supplier, will be sending the information regarding this year's pricing and delivery dates as soon as they are prepared. And as soon as it is available to the committee, we will share with the entire membership. Our success depends on each one of us . . . in order for this event to run smoothly, the committee needs volunteers to keep records on the orders and process the distribution of the nuts upon their arrival. Ideas for new sales outlets are welcome, too: perhaps a Sunday School Class or a Bridge Club friend would like to support our efforts by enjoying some of our pecan products over the holiday season!?!



I am calling for a **committee meeting on September 7, at my house, a 1:00 pm**. Any member interested in working on the committee is welcome. Please send me an e-mail if you can join the committee and attend the meeting. Thanks much.

~ *Pat Sweeney, Vice President, Ways & Means*

Membership

Ladies, as vice president of membership, I am gearing up for an active recruitment year. I hope that you will all invite several friends to attend our first meeting. I am hoping that people will sign up to participate in the Membership Committee at the first meeting as well.

Our **New Member Coffee** was held on August 31, 2017 at my home. Lois Nixon, our immediate past president, spoke on the Cary Woman's Club at the Local, State, and National level. We're excited that 14 people attended – experienced, new, and prospective members - and informational packets about CWC were distributed.



Growing membership this year is key to pursuing our mission of supporting charitable organizations and active community service.

Please help me grow membership this year by spreading the word about the CWC!!

~ *Priscilla Keating, Vice President, Membership*



Arts CSP

There's always so much going on in Cary! And, "**Guys and Dolls**," music and lyrics by Frank Loesser, will be playing at the **Cary Arts Center**, 101 Dry Avenue, at 7:30 p.m., September 29-30 and October 6-7; 3 p.m. October 1 and 8. For more information, visit www.caryplayers.org. Tickets are \$18 students, seniors, \$20 other adults, 919-481-5190.

In Sunday's *News & Observer* on August 20, there was an extensive **Fall Arts Preview** (theater, dance, music, fairs, festivals, etc.) for events in Cary and throughout the Triangle.

~ *Willa Brigham, Arts CSP Chair*



Conservation CSP – What's Our Big Idea?

What is the next "BIG IDEA" that clubwomen can tackle in Conservation? Please bring your ideas to the September meeting to help set our agenda for the coming year.

I started thinking about this subject after reading an article by **Stephanie Everett** on the GFWC website. Excerpts are below to give you background and highlights of BIG IDEAS for Conservation in Woman's Club history.

GFWC clubwomen committed themselves to nature's preservation and wellbeing from the very beginning of the 20th Century. **GFWC clubwomen were instrumental in the creation of the U.S. Forest Service, the National Park Service, and the passage of the National Reclamation Act** for irrigation of arid lands in the West. In 1916, Mary Belle King Sherman, Chairman of the GFWC Conservation Department from 1914-1920, and GFWC International President from 1924-1928, lobbied to create the National Park Service and named six of our parks, earning her the nickname: "The National Park Lady." In 1930, Conservation Chairman Mrs. H.C. Bogart negotiated an agreement with the U.S. Forest Service to establish a memorial forest in every state, and clubwomen around the nation contributed funds for the planting of seedling trees.

But, a troubling contradiction arose ... the same women fighting for collective action against pollution were also seeking newly manufactured products to ease everyday chores. This led to partnerships for impressive recycling efforts and water resource research, as well as increased environmental education in schools to develop the next generation of conservationists, to share our strong commitment to service in the natural world.



Mary Belle King Sherman, with Colorado Governor Carlson (to her left) at the dedication of Rocky Mountain National Park September 4, 1915

“Every community should have a place in which the people may spend their leisure time, where they will be brought in direct contact with things of beauty and interest in the outdoor world.” – Mary Belle King Sherman at the National Park Conference in Berkeley, CA – March 13, 1915, (where she was one of only two women delegates.)

~ *Lois Nixon, Conservation CSP Chair*



Education CSP

September is **Library Card Sign-up Month!** This year marks the 30th anniversary for the American Library Association (ALA) joining public libraries nationwide to highlight the value of a library card. Here is a link to Wake County Public Libraries: <http://www.wakegov.com/libraries/Pages/default.aspx>. You'll not only find out how to obtain a library card, but also information regarding events and resources at all Wake County Public Libraries.



September is also the month that CWC CSPs begin to recruit members to serve on various committees. The Education CSP, chaired by Mary-Mel Kroeger, would like to welcome and encourage any interested member to sign up at the September meeting to volunteer on this committee. If you have any questions or know you would like to work on the Education CSP this year, please contact me.

~*Mary-Mel Kroeger, Education CSP Chair*



Home Life CSP – World Alzheimer's Day is September 21

Under Home Life CSP, there are a number of important dates in September:

- Cholesterol Awareness Month
- Gynecological Cancer Awareness Month
- National Women's Health & Fitness Day (last Wednesday in September) and

World Alzheimer's Day is September 21. On September 21st of each year, Alzheimer's organizations around the world concentrate their efforts on raising awareness about Alzheimer's and dementia. Alzheimer's disease is the most common form of dementia, a group of disorders that impairs mental functioning.

Every 68 seconds, someone develops Alzheimer's disease. At current rates, experts believe the number of Americans living with Alzheimer's will quadruple to as many as 16 million by the year 2050.

Alzheimer's disease is often called a family disease, because the chronic stress of watching a loved one slowly decline affects everyone. 5.4 million Americans are living with Alzheimer's. Alzheimer's disease is the sixth-leading cause of death in the United States and the only cause of death among the top 10 in the United States that cannot be prevented, cured or even slowed. With the increases in life spans and baby boomers coming of age, support for Alzheimer's research is more critical to our families than ever.



~ Cathy Clark & Nancy Skelding, Home Life CSP Co-chairs

International Outreach CSP

U.N. International Day of Peace - September 21

The International Day of Peace ("Peace Day") is observed around the world each year on September 21. Established in 1981 by unanimous United Nations resolution, Peace Day provides a globally shared date for all humanity to commit to Peace above all differences and to contribute to building a Culture of Peace.



From education to the arts, social justice to sports, health to the environment, neighborhood issues to service for others, there are many ways to participate in Peace Day. For more information, go to www.un.org/peaceday.

Upcoming Cultural Festivals

- **African-American Cultural Festival of Raleigh and Wake County** – downtown Raleigh Celebration of African American culture with arts, music, dance, food and community. 11 am -9:15 pm September 2 and 1-9:30 pm September 3. Free event. www.aacfestival.org
- **Greek Festival** – Fairgrounds, Raleigh, Blue Ridge Road Greek food, music and dancing, September 8, 5-10 pm; September 9, 11 am -10 pm; September 10, 11 am - 6 pm. For more information, go to www.greekfestival.com
- **La Fiesta del Pueblo** – downtown Raleigh Latina music, culture, and dance celebration. September 24. www.elpueblo.org. Free

~ Shirley Barnes, International Outreach CSP Chair



GFWC Signature Project: Domestic Violence and Awareness and



Public Issues CSP

Over the last few years, Public Issues has given support to InterAct, a private non-profit agency that provides safety, support, and awareness to victims and survivors of domestic violence and rape/sexual assault. After talking to the InterAct staff, Public Issues will be supporting the following projects this fall:

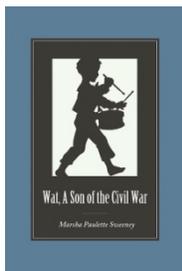
- Supply Halloween costumes (new and gently used), especially for the older children/teens to be worn at the Fall Festival.
- Make 50 baskets (35 adult and 15 for older teens) for Moms participating in the Holiday Bazaar.
- Provide a few volunteers for the Holiday Bazaar. A short training session will be necessary to be a "Special Project" volunteer for this activity.



We need your help! Sign up to be on the Public Issues CSP committee, GFWC Signature Project, and/or be involved in our fall projects.

~ *Karen Fiumara, Chair of Public Issues and GFWC Signature Project*

New Author – Our own Pat Sweeney!



Be sure to check out *Wat, A Son of the Civil War*, by our own Pat Sweeney – her first book! The book is about Walter Hines Page, the founder of Cary. After moving back to Cary in 2010, Pat noticed the tarnished and fading Walter Hines Page highway history marker in downtown Cary and decided it was time to get to know this man.

Wat, A Son of the Civil War is a coming-of-age story about a real, curious, and wise-beyond-his-years boy in a North Carolina railroad village during the Civil War. Known as Page's Station at the time, that railroad crossing 150 years later is known as Cary, North Carolina. Allison Francis Page, for whom the junction was called, was its founder and also the father of Wat, the family nickname for his son, Walter Hines Page (WHP). The story tells of Cary's founding and early growth and of young WHP's boyhood.

Pat will be bringing some of her books to the October meeting, priced at \$10 each.

Volunteers do not necessarily have the time; they have the heart. ~ Elizabeth Andrew

CWC is mentioned in the Mayor's Journal!

Back in the summer, Mayor Harold Weinbrecht mentioned our club in his journal entry for July 2. Here's the link: <http://www.haroldweinbrecht.com/july-2-2017/>

Mayor Weinbrecht referred to members of our club who are interested in naming the library after Walter Hines Page, Cary's founder. As you may recall, Pat Sweeney, has written a book

(see article above) about Walter Hines Pages and is seriously urging that the new library be named in his honor. The Mayor even quotes an excerpt from Pat's book!

The Cary Woman's Club is in the news!

Save Education Coupons



Each **Box Tops for Education Coupon** is worth 10 cents. These coupons provide monetary support to our schools – and do not cost our club anything. Coupons can be found on Betty Crocker, Pillsbury, Land of Lakes, Scott products, reams of copy paper and many other products we use every day. For more info, visit www.boxtops4education.com.

Cut them off and place them in the box at the check-in nametag table. These will benefit **Kingswood Magnet Elementary School**.

September & More 2017 Dates

- Child Passenger Safety week 9/17-9/23 (Public Issues)
- Dine Out for No Kid Hungry - 3rd full week of September (Home Life)
- National Infant Mortality Awareness Month (Home Life)
- National Hispanic Heritage Month Sept 15 - Oct 15 (International Outreach)
- Child Passenger Safety Week - 3rd Week of September (Public Issues)
- Labor Day - 1st Monday of September (Public Issues)
- September 8 - International Literacy Day (Education and International Outreach)
- National Grandparents Day (awareness of elder abuse) - 2nd Sunday of September (Signature Project: Domestic Violence)

"Alone we can do
so little; together
we can do so
much."

Helen Keller

Cary Woman's Club Newsletter
P.O. Box 918 ▪ Cary, NC 27512-0918

Club Years: 2017-2018

President: *Mary Derrick*

1st VP (Programs & Reports): *Gerry Ritter*

2nd VP (Membership): *Priscilla Keating*

3rd VP (Ways & Means): *Pat Sweeney*

Treasurer: *Maryanne Olsen*

Corresponding Secretary: *Judy Booger*

Recording Secretary: *Diane Andersen*

Publication Deadline: 24th of each month

Website Liaison: *Susan Abbott*

Website: www.carywomansclub.com



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