



Cary Woman's Club

Member of the General Federation of Women's Clubs

October 2016

"Serving Our Community ~ Sharing Our Time and Talents"
"Volunteering ~ Imagine the Possibilities!"



President's Message • Mary Derrick



We're off to a great start! Thank you to everyone who stepped up to help us plan the events for the coming year! It was great learning about all of the things that the CSPs are planning at the September meeting, in addition to learning more about our fundraising

(**Pecan Sale and Fall Games**), and a renewed focus on our Membership efforts. And, suggestions are always welcome!

As you know, the **Duke School of Nursing** hosted a luncheon, free to our members, on Wednesday, October 5, at Prestonwood Country Club. The topic was very timely for our members. I enjoyed seeing many of you there!

On Saturday, October 15, the **District 6 Fall Meeting** will be held at the Woman's Club of Raleigh. The Official Call went out recently, and I hope that many of you will attend since it is being held locally. If enough are interested, we can carpool to the meeting.

The new Yearbook for 2016-2017 was distributed at the September meeting. Thank you so much, **Silvia!** It's chocked full of new information, so I hope that everyone was able to pick up their copy. If you didn't, please contact Silvia.

Today was a beautiful fall day, and I am reminded that a new season is upon us, and it's time to be gearing up for colorful leaves, crisp, cooler days, and of course, Halloween, along with all of the other fall events which will be happening around Cary, so please think "orange" and enjoy the wonderful fall weather!

REMINDER: *Make a Difference Day is Saturday, October 15*—this day is celebrated by all of our community service programs!

Just a thought ... *"Volunteering ~ Imagine the Possibilities!"* ~ Mary Derrick, President

OCTOBER MEETING LOCATION

Page-Walker Arts & History Center
Thursday, October 13th, 2016

119 Ambassador Loop,
3rd Floor,

Downtown Cary

9:30 a.m. (Coffee & Social)

10:00 a.m. (Program & Business Meeting)



October's Speaker • Public Issues CSP



The Public Issues CSP is pleased to announce that **Rob Christensen** (correspondent and columnist,

Raleigh News & Observer) will be the guest speaker for our meeting on October 13.

His topic "What are the 2016 Elections telling us so far?" is bound to be thought-provoking.

Rob Christensen has been writing about North Carolina politics as a

reporter and columnist for *The News & Observer* for 43 years. He has appeared on more than 550 TV or radio programs to comment on politics, including the CBS Evening News, MSNBC's Hardball with Chris Matthews, ABC's Nightline, The PBS NewsHour with Jim Lehrer, CNN's Crossfire, and Happening Now on Fox News.

In 2008, UNC Press published his history, *The Paradox of Tar Heel Politics*, which won an award as the best work of non-fiction published

THE NEWS&OBSERVER

in the state that year by the N.C. Literary and Historical Association. He is completing work on another book on North Carolina's Scott family dynasty. He has also contributed to four other books about life and politics in the South and in North Carolina.

Contact **Rob Christensen** at 919-829-4532, rchristensen@newsobserver.com, @oldpolhack, newsobserver.com.

~ **Karen Fiumara**, Chair of Public Issues

After-Meeting Luncheon



The after-meeting luncheon in October will be at **Bosphorus Turkish Restaurant**, which was suggested by **Linda Turovlin**, our International Outreach CSP Chair. Check out the menu on their website: bosphorus-nc.com. The restaurant is located at 329 N. Harrison Ave., Ste. A, Cary 27513, 919-460-1300. See you there! ~ *Silvia Barba*

October 2016 Pecan Sales



Please volunteer! Place your orders as soon as possible so we can get an idea of how many bags of pecans to order. Pecans will be picked up at our November meeting. We still need more Pecan Volunteers.

Mercedes Auger is the coordinator. **Maryanne Olsen** is in charge of finances and inventory. **Gerry Ritter** and **Cathy McClay** will oversee bags and recipes. **Nell Meese** and **Priscilla Keating** are in charge of distribution.



But we really need more help. Pecan sales were our largest fundraiser last year! Please contact me! ~ *Mercedes Auger, 3rd Vice President, Ways & Means*

Fall Games Festival

MARK YOUR CALENDAR FOR THIS FUNDRAISER

Friday, Oct. 21, 2016, 1-4 pm

Bring Your Own Games

(Bridge, Bunco, Backgammon, Bring Your Own Game, etc.)

Christ The King Lutheran Church

1-4 p.m.

Game Table Ticket: \$15

Cider, Coffee, Water, and Many Other Refreshments Provided

Members are asked to bring "Sweet and/or Savory Foods" to share with all!



This may be a combination membership drive, pecan sales, and just plain ole fun! Smiles and thank you!

~ *Mercedes Auger, 3rd Vice President/Ways & Means, 919-345-1448 cell* ~



Save Education Coupons



Each **Box Tops Education Coupon** is worth 10 cents for us. This does not cost us anything and is a big help. Coupons can be found on Betty Crocker, Pillsbury, Land of Lakes, Scott products, reams of copy paper and many

other products we use every day.

Cut them off and put them in the box at the check-in nametag table. These will benefit the **Tammy Lynn Center** for autistic and handicapped children, www.tammylynncenter.org.

International Outreach: Oct. 11th, International Day of the Girl Child



Let's recognize and celebrate this day in October! *October 11 – International Day of the Girl Child*

On this day, the United Nations recognizes girls' rights and the unique challenges girls face around the world.

Why? Girls face discrimination and violence every day across the world. The International Day of the Girl Child focuses attention on the need to address the challenges girls face and to

promote girls' empowerment and the fulfillment of their human rights.

Did you know...

- Worldwide, more than 700 million women were married as children (below 18 years of age). More than one in three – or some 250 million – were married before 15. And child brides are often unable to effectively negotiate safe sex, leaving them vulnerable to sexually transmitted infections and unwanted pregnancy.
- Every 10 minutes, somewhere in the world, an adolescent girl dies as a result of violence.
- In emergencies, adolescent girls are especially vulnerable to sexual violence, and in some cases, are abducted and exploited for sexual purposes by armed groups.
- Nearly half (44%) of adolescent girls worldwide aged 15 to 19 think a husband or partner is justified in hitting or beating his wife or partner under certain circumstances.

How to commemorate? Promote **zero tolerance** against physical, mental, and sexual violence. (Source:

<http://www.un.org/en/events/girlchild/background.shtml>) ~ *Linda Turovlin, International Outreach Chair*



Day of the Girl - US

International Outreach ~ Group Field Trip



Upcoming Group Field Trip! Great opportunity to go as a group to the **International Festival Raleigh on Friday, October 14, 2016.**

What is it? The festival is a celebration of international culture and art, showcasing ethnic traditions through dance, cuisine, calligraphy, and

numerous demonstrations.

Better yet, we are tagging along with the Cary Newcomers to this event. More fun!!

If you're interested, RSVP to **Linda Turovlin**. **NECESSARY INFO:**

- **Friday, October 14, 2016** from 10 a.m. to 2 p.m.
- 31st International Festival Raleigh at the Raleigh Convention Center, 501 S. Salisbury St., Raleigh
- Adult tickets \$11; Senior tickets \$8
- If you want to carpool, meet at the mailbox behind McDonald's at the Bass Pro Shop parking lot on the corner of Harrison Avenue and Weston Parkway, off exit 287, at 9:30 AM.
- If you want to meet us there, meet us at the entrance to the festival at the Raleigh Convention Center at 10 a.m. There will be a charge for parking.

~ *Linda Turovlin, International Outreach Chair*

Membership CSP

This year will be busy and exciting in terms of membership. We already have some great ideas on how to increase membership and improve retention.

We would like to start a Membership Committee so that we can implement some of our ideas and get more of yours. As part of this committee, you will be responsible for meeting and making new members feel especially welcome so it is a great opportunity to meet and get to know people. To join the

membership committee, let me know via email or at the next meeting.

Also, as part of our mission to improve membership, we are



looking into having **magnetic name tags** that can be worn any time you are representing the CWC or want to help

get the word out as well as at our regular meetings. The name tags will be 2 X 3 inches and will include the CWC logo as well as your name and Cary Woman's

www.carywomansclub.com

Club. The charge to members for each name tag will be **\$5.00**. This is a very discounted price as the CWC has decided to help subsidize the cost per member.

I will be taking orders for name tags at the next meeting in October and it is our hope that all members will order a name tag at this time.

Please bring your \$5.00 to the next meeting and give it to **Priscilla Keating**. There is a set up cost so it is best for all name tags to be ordered at one time. ~ *Priscilla Keating, Membership Chair*

Conservation CSP



Thanks to our members who have been on the **Pollinator Garden** team, the garden is looking great, and has now been designated an official **National Wildlife Habitat**.

It is hard to believe that we only BEGAN that project with the Cary Garden Club and the Friends of the Page-Walker in April – 6 months ago! The garden has really come a long way. You'll get a chance to see the progress as you enter the Page-Walker on your way to our October 13 meeting.

If anyone would like to join the garden maintenance team (and you have not already signed up) please send me an email and I'll add you to the list. Our maintenance team will get a couple of emails from me in the coming month, to schedule work days because **October is our** turn to do the final maintenance, before the three partners "put the garden to bed" for the winter in November. If you would like to join the Conservation CSP and work on programs and special events other than the garden, please let me know that, too!

Photos, top l to r: Garden when it was first planted in April. Female Black Swallowtail on fall Asters. Female Eastern Tiger Swallowtail Butterfly on Buddleia. Bumblebee on Foxglove.

~ *Lois Nixon, Conservation CSP Chair*



Education CSP

First off, thank you to everyone who signed up to volunteer at Kingswood Elementary School (public). We met with the principal, **Miss Sherry**, and she was quite impressed with our level of enthusiasm and commitment to the munchkins of Kingswood. Instructions were forwarded to the volunteers regarding the procedure for completing a background check. If there is anyone else interested in volunteering, please contact Silvia or Deborah.

"Change for Books" – don't forget to bring your change containers to the next meeting filled with loose change to help us buy much needed books for the Kingswood Media Center. If you don't have a "change for books" container, there will be some available at the next meeting. Dump it in the larger jar and take the container back home with you to fill again! Thank you!

~ *Education Co-chairs: Deborah Lynch*

~ *Remember ... It Takes a Village*



Education: Feeding Friends - Time to Bring Our "A Game"



**KINGSWOOD MAGNET
ELEMENTARY SCHOOL**
Montessori/STEM

Ladies ... As you know, this is one of the programs that we support for Kingswood Elementary. Please see the message from Kingswood below.

Our members could bring donations to the meeting next Thursday, Oct. 13th – thank you in advance! ~ *Debora*

From Kingswood ...

Dear Friends of Feeding Friends,

It is crunch time. We have added 7 families over the past week, for a total of 10 families in need of food assistance. We have started supporting them right away, so our food supplies are quickly thinning and my hair is turning slowly grey :) There are 3 things you can do to help.

1. **The Food Drive** - It is now crucial that our October 15th food drive bring in plenty of supplies. Spread the word far and wide to sign up at: <http://www.signupgenius.com/go/30e0949adac23a31-feeding>

** Please note anyone can also drop off food at Kingswood at any time. **

2. **Shoppers** - We have some money in the fund. If you are willing to go shop this week or next, please send me an email, and I'll let you know what we need and how much to get (and how to get reimbursed)!

3. **Drivers** - Two of the families have requested home delivery. One is in Raleigh just north of Crossroads, the other is off of Kildaire Farm between Cary Parkway and Maynard (we already have one driver for this one, so it would just be alternate weeks).

4. Finally, **Spread the word** - I've attached a flyer here - spread the news to anyone you think can help!

Thank you so much for your time and funding and help. These families appreciate it so much - sometimes more than we ever know.

Thank you, *Laura, at Kingswood*

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Education: Kingswood Feeding Friends Food Drive

Hello Kingswood Families and Friends of Kingswood!

We are having our first food drive for Kingswood's Feeding Friends. We are feeding several more friends this year, and we would welcome donations of any of the foods below.



KINGSWOOD MAGNET
ELEMENTARY SCHOOL
Montessori/STEM

You can bring them to the STEM Saturday at Kingswood on **October 15th** from 10-11 a.m., or you can drop them off at Kingswood any time.

www.kingswoodes.wcpss.net, 200 E. Johnson St., Cary 27513, 919-460-3481

Thank you so much for your support!

Supplies needed:

- ◆ Cans of meat (chicken, tuna, etc.)
- ◆ Cans of beans (pinto, black, etc.)
- ◆ Boxes of dried pasta
- ◆ Cans of pasta sauce (non-glass)
- ◆ Boxes of mac 'n cheese
- ◆ and cheese, popcorn, granola bars, etc.)
- ◆ Cans of vegetables
- ◆ Oatmeal packets (instant)
- ◆ Cans of fruit
- ◆ Snacks (raisins, crackers)

You can also sign up for the monthly food drive on Kingswood website (<http://www.wcpss.net/domain/11393>)
~ Education Co-chairs: *Deborah Lynch & Silvia Barba*

Public Issues CSP



For the October meeting, please remember to bring **new or gently used Halloween costumes**, all sizes, to the that meeting for **InterAct**.

Also, the Public Issues CSP has a busy calendar of events this year. We are beginning with **Election Issues** and **Voter Registration**. Public Issues is proud to host N&O columnist and local author, **Rob Christensen**, at our October meeting to discuss the upcoming election. Bring guests!

Our relationship with **InterAct** will continue by supporting their **Fall Festival** on **October 24** and making the very popular gift baskets for their **Holiday Bazaar** in **December**.

Baskets will also be made for the eight families in The Caring Place.

In February, we will continue our **Prison Ministry** with a visit to the **Chrysalis Club** at the NC Women's Prison. We need your help! At the next meeting, sign up for Public Issues and/or to participate in one of our events.

Regarding **Fall Festival** and **Holiday Bazaar** at **InterAct**: The children will need non-scary **costumes** to wear, so now is the time to ask your children and grandchildren for their gently used costumes. Nothing scary, please! We will be collecting these costumes (new and gently used) at the October meeting.



At the October and November meetings, we will also be collecting new and gently used items for the gift baskets for the InterAct moms, such as toiletries, scarves, journals, candles, jewelry and other small items. Now is the time to clean out your closets. Thank



you so much for helping! ~ *Karen Fiumara, Public Issues Chair*

Ways & Means • Mercedes Auger

Many club members have requested tickets for the **Fall Game Festival**. Attached are the electronic **Fall Game Festival tickets** many of you requested. Please write your name on the back of each ticket, mark it "paid" when you sell it and give the funds and names of guests to **Maryanne Olsen** or **Mercedes Auger** at the October meeting. They can also be mailed. We'd like to get a good guest count at the meeting since the Festival is the following week on Friday, October 21st. We will have some tickets available at the meeting as well. We will also sell a few tickets at the door the day of the event if needed. Thanks to **Gerry, Silvia, Cathy M., Ellie, Susan A., Mary-Mel, Maryanne, Lillian, Dorothy** and **Jane** for offering to help with the Festival.

Newsflash: There will be a **raffle**, thanks to **Sylvia Barba's** creative skills! Thank you, Sylvia. The price is **\$10** for 12 raffle tickets. Other surprises in store for those attending. We have some fun games and look forward to yours so don't forget to bring your favorite game and a sweet/savory treat to share! We'll have a sign-up sheet at the meeting.

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