



# Cary Woman's Club

Member of the General Federation of Women's Clubs

September 2016

"Serving Our Community • Sharing Our Time and Talents"



## President's Message • Mary Derrick



We're ready to start a new year! Hope everyone had a wonderful summer with friends and family. Our expanded Board has begun meeting,

and plans are under way for our CSP projects and events, which we hope our members will enjoy.

Ways and Means has also been hard at work with interesting and "fun" ways to raise money for community organizations. As always, suggestions are very welcome!

Please be certain to mark **Thursday, September 8**, on your calendars. Looking forward to our September meeting as we plan for the upcoming year!

Then, on **Wednesday, October 5**, the Duke School of Nursing is planning to host a luncheon at Prestonwood Country Club to discuss managing dementia. We will be partnering with the School of Nursing for this event, and the luncheon will be *free* to our members. RSVP to **Janene Schneider** by September 19 if you would like to attend.

Also, on October 15, the District 6 Fall meeting will be held at the Woman's Club of Raleigh.

I attended the summer meetings, along with others in the club, to find out more about the undertakings at our State Federation, as well as District 6 undertakings.

Certain cost-cutting measures were discussed at the State meeting.

GFWC-NC (our State Headquarters) will begin implementing the following:

- ◆ Ending the lease at Headquarters on January 1, 2017
- ◆ Staff will be working from home
- ◆ Eliminating office equipment; will be making copies, etc., at Kinkos
- ◆ No printed *Clubwoman* magazine – only available online
- ◆ Eliminating the 800 telephone number
- ◆ Administration Book no longer printed – only available by email
- ◆ Shortened GFWC-NC convention by one day and shortened Fall and Spring meetings, or eliminated
- ◆ Applying for grants

I hope all of you received the information about our Education

co-chairs, **Deborah Lynch** and **Silvia Barba**, and the work they're doing with Kingswood Elementary. We are absolutely thrilled that their photos are shown on the homepage of the school about the books that CWC donated to the school's library! Wonderful work, ladies!

**Lois Nixon** and her helpers were also hard at work this summer maintaining the Pollinator Garden at the Page-Walker. And, we were so happy to learn that the photo on pollinator education that **Lois** submitted won a photography award at the recent GFWC International Convention.

And, as always, our club is focused on the many ways that we can help in our Cary community. Just a thought ... "*Volunteering ~ Imagine the Possibilities!*"  
~ *Mary Derrick, President*,

## SEPTEMBER MEETING LOCATION

**Page-Walker Arts & History Center**

**Thursday, September 8<sup>th</sup>, 2016**

119 Ambassador Loop, 3<sup>rd</sup> Floor, Downtown Cary

9:30 a.m. (Coffee & Social)

10:00 a.m. (Program & Business Meeting)

## After-Meeting Luncheon



The after-meeting luncheon will be at **Lugano Ristorante** (Italian & American cuisine), 1060 Darrington Dr., Cary, in Shops of Preston Walk off NW Cary Parkway and James Jackson Ave. 919-468-7229. ([www.luganocary.com](http://www.luganocary.com)). See you there! ~ *Silvia Barba*

## New Officers and CSP Chairs for 2016-2018 Club Year

New officers were inducted at the May 2016 meeting. Please welcome these important women and the wonderful work they all do for our club.

The New 2016-18 Officers are, l-r: Mary Mel Kroeger, Maryanne Olsen, , Silvia Baba, Mercedes Auger, Pricilla Keating, Gerry Ritter, and Mary Derrick (New President).

President:

**Mary Derrick** (2-year term)

1<sup>st</sup> Vice President ~ Programs/Reports:

**Gerry Ritter** (2-year term)

2<sup>nd</sup> Vice President ~ Membership:

**Priscilla Keating** (2-year term)

3<sup>rd</sup> Vice President ~ Ways & Means:

**Mercedes Auger** (1-year term)

Treasurer: **Maryanne Olsen** (1 year remaining)

Correspondence Secretary: **Mary-Mel Kroeger**  
(1 year remaining)

Recording Secretary & Yearbook: **Silvia Barba** (1 year remaining)



## New CSP Chairs

Arts ..... **Willa Brigham**

Conservation ..... **Lois Nixon**

Education ..... **Deborah Lynch & Silvia Barba**

Home Life ..... **Cathy Clark & Nancy Skelding**

International Outreach ..... **Linda Turovlin**

Public Issues ..... **Karen Fiumara**

Also helping in other positions: **Vicki Jeter** (newsletters, PR, special emails), **Susan Abbott** (website). Social-Hospitality Chair: **Cathy McClay**. Pecan Sales: \* Need several volunteers!! \*

## Grants and Community Service Projects

I am delight to announce that the **Grants and Community Service Projects** committee received one application for a community service project grant from the *Conservation* CSP to continue the work at the Pollinator Garden in Cary at the Page-Walker.

The G&CSP Committee approved the application as did the Board of Directors at the meeting held on 8/18/16. Please review the *attached application* as there will be a vote taken at the September 8<sup>th</sup>, meeting. ~ Thanks, **Silvia Barba**, Chair, Grants & Community Service Projects Committee

## Programs and Reports

Greetings to you as we approach our season 's Opening meeting. The heart of our great Cary Women 's Club is the many Community Service Projects carried out during the year in our area. We are so fortunate to have extremely capable women leading us again this year. See the list above.

Join me in support of their leadership and become an active committee member in one or more service projects. Our work benefits our community in many ways.

Our Calendar of Programs is as follows

September 8: Board of Directors, time for CSP groups to meet together

October 13: Public Affairs, **Karen Fiumara** has secured Rob Christensen from the New & Observer to bring a non-partisan talk about our upcoming election

November 10: Education, **Deborah Lynch** and **Silvia Barba** have booked Dallas Bonavita from Note in the Pocket to broaden our understanding of the work we partner with them to do

December 8: Holiday Luncheon at Prestonwood Country Club

January 12: Arts, **Willa Brigham** will challenge us to renew our commitment and action to promote the arts all around us.

February 9: International Outreach, **Linda Turovlin** has booked a speaker from Operation Smile, a local

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**Programs & Reports** (*cont.*)

partner that provides dental services and more to children, to share the impact of this service with us.

March 9: Home Life, **Cathy Clark** and **Nancy Skelding** have invited a member of Dorcas Ministries staff to speak to us about our many partner activities.

April 13: Conservation, **Lois Nixon** will get us engaged in our very own Pollinator Garden at Page-Walker.

May 11: Year-end social and installation of new officers

There you have it! Your CSP chairs/co-chairs are working on some exciting monthly activities to discuss with you. You are invited to bring your enthusiasm and excitement to this season's production of service and good will. Join us.

~ **Gerry Ritter**, 1<sup>st</sup> Vice President~Programs & Reports,

**Pecan Sales**

Please volunteer! We need more Pecan volunteers and someone to head-up sales. So far, these ladies have volunteered to help in some capacity: Mercedes, Maryanne, Gerry, Kathy M., Nell, & Priscilla. But we really need more help. Pecan sales were our largest fundraiser last year! Please contact me! ~ **Mercedes Auger**, 3<sup>rd</sup> Vice President, Ways & Means

**Fall Games Festival**

MARK YOUR CALENDAR FOR THIS FUNDRAISER

Friday, Oct. 21, 2016, 1-4 pm,

Bring Your Own Games

(Bridge, Bunco, Backgammon, etc.)

Christ The King Lutheran Church

1-4 p.m.

Game Table Ticket: \$15

Refreshments Provided

Members are asked to bring "Sweet and/or Savory" to share with all!

FYI: We're still planning. This may be a combination membership drive, pecan sales, and just plain ole fun! Smiles and thank you!

~ **Mercedes Auger**, 3<sup>rd</sup> Vice President/Ways & Means ~

**Education CSP**

September marks the end of summer and back to school for our grandkids (remember those hectic mornings?). Oh my, I think I for one are glad they are in the rear view mirror, and, the start of another GFWC Cary Woman's Club season of giving back to our community through "time, talent, and treasure," as our logo depicts.

Our goal this year, as Education CSP Co-chairs, is to provide "boots on the ground" opportunities for our members to participate, all in the true spirit of GFWC's

dedication to improving the communities in which we live.

We are partnering again this year with **Kingswood Elementary**, a Title I School, literally a half a mile from the Page-Walker to provide much needed volunteers to: "assist in kindergarten and first grade classrooms during their reading blocks (usually 9:15-10:00- any portion of that time).

What that looks like is an adult who either circulates and helps students with their independent work plans or sometimes listening to students read or tell about their work. Some volunteers come in to

mentor children with special social and emotional needs. You would be surprised at what a difference that can make in the life of a child to have a person that they look forward to talking to or interacting with each week.

Another opportunity is to work with the media specialist in the library (shelving books, helping to check out books, or again, just circulating and helping students with their just right books). Some folks come in and help with cutting out, coloring, and pasting independent works for students,"

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**Education (cont.)**

as described by *Mrs. Schliesser*, Kingswood Elementary Principal.

At the September meeting, we will have each opportunity listed for members to sign-up, and then we will follow up to organize specific schedules.

In addition, according to Mrs. Schliesser, "backpack buddies will be in great demand this school year and feeding families is such an important mission."

Please bring one or more of the items listed here to the September meeting. We will have a donation box set-up: pasta (1-lb. box), canned spaghetti sauce, canned meat (tuna or chicken), canned veggies, canned beans, canned fruit, instant oatmeal, microwave popcorn, and granola bars.

We are continuing *Change for Books* that will benefit Kingswood



Elementary ~ there will be a few containers available at the September meeting if you have misplaced your container from last year.

Wait until you see the thank-you notes that the children wrote after

we delivered the books last May, we will have them on display at the September meeting.

And, we are partnering with *Note in the Pocket*, and sponsoring a Mobile Volunteer Event on November 18<sup>th</sup>, more details to follow. But consider this fact, during the last three years, Note in the Pocket has clothed 1,873 Cary children, those are munchkins living at The Caring Place, and attending Kingswood Elementary! Documented need in our own backyard.



Finally, we are very pleased to announce, in conjunction with the Trustees, that we will have *two \$2,000 Scholarships* to award to a deserving High School student. The Scholarship Committee will be meeting to discuss the parameters, and commence forwarding the information to the various High School Counselors, in an effort to solicit more applicants this year.

We are considering, giving additional weight to any student planning to continue their education in the Early Childhood field, in keeping with the inspiring

program we heard from our own member, **Anne Mackie**, regarding the critical importance of the "First 1,000 Days" of a new life, and the deplorable lack of certified preschool and daycare programs in NC. We invite your thoughts and comments.

Before you start thinking, WHEW, overwhelming ... remember, we are simply providing opportunities. By no means, are we asking you to sign-up for every event or donate to every cause.

But consider this, if we each brought one can of spaghetti sauce, we would have 34 to donate. If we each read to a child for an hour, there would be 34 hours of making a difference in a child's education. There is strength in numbers, and thus the reason we join a philanthropic organization.

Thank you, **Silvia** and I look forward to working with each of you this year! ~ *Education Co-chairs: Deborah Lynch & Silvia Barba*  
~ Remember ... *It Takes a Village*

**Arts CSP**

**Willa Brigham**, Arts CSP Chair, is raising money for a missions program at her church and is selling \$5 raffle tickets. You may win one of ten quilts she has made. See Willa for details.

Also, Willa will be performing at the Capital Quilters, Raleigh, September meeting on Thursday, September 15 at 7 p.m.



She will also be performing at the 42<sup>nd</sup> Annual CenterFest Arts Festival in downtown Durham on Sunday, September 18, at 2 p.m. Both events are open to the public. See You There!  
~ *Willa Brigham, Arts CSP Chair*

**International Outreach CSP**

Ladies! Let's get "international" ... from the comfort of Cary!

As your chair for International Outreach CSP, I'd like to let you know what's on the planning board for 2016-2017.

We have an operating room nurse from *Operation Smile* scheduled to speak to us in February 2017. Remember Operation Smile? It's one of our GFWC CSP partners that provides free surgeries for children and young adults with cleft lip, cleft palate, and other facial deformities.

To welcome her as our speaker in February, let's provide her a bevy of "necessities" these surgeries require: hospital gowns, blankets, armbands, and "comfort" toys – items sewn. If you can pin, cut, fold, iron, stuff, or even sew(!), you can participate in the making of these items *and* socialize while you work!



Did I mention \$240 funds the surgical procedure for one child? There's a way to provide this, and that's TBD!  
While we're on the subject of Operation Smile, let's set up a display in our local library or adopted school

library to showcase how CWC and Operation Smile produce *RESULTS*.

Next up, let's have a presence (a table possibly) at the *International Festival of Raleigh* (downtown), October



14-16. We have an opportunity to promote CWC and the work our GFWC partners (**Operation Smile, UNICEF,**

**UN, and Heifer International**) do.

Monthly, let's contribute a "blurb" to our newsletter about selected days the United Nations has designated to celebrate internationally.

Let's make recommendations or arrangements for ethnic restaurants to dine in after our monthly meetings and/or tour some ethnic grocery stores.

Lastly, US Fund for UNICEF's newest partnership focuses on the "End Trafficking" project.

As soon as a "help" packet arrives from them, let's figure out if there's something we can do!



Did I mention we need lots of help? Please contact me if you're interested in working on this committee.

~ *Linda Turovlin, International Outreach Chair,*

## Membership

Welcome September and our first club meeting ... and we would like to welcome new members during this time. We hope you will meet and *invite people to attend* a meeting and peak their interest.

**Vicki Jeter**, newsletter editor, suggests that you should let her know of anyone you think might be interested in our club. She will be more than happy to send (email or mail) them a newsletter as an easy way to publicize and promote our club and our many activities. Contact me or Vicki at any time to give her a name to contact!



~ *Priscilla Keating, Membership Chair*

## Let's recognize and celebrate this International day in September!

### September 27, 2016 – World Tourism Day



On this day, the United Nations seeks to (1) build awareness among the international community of the importance of tourism and its social, cultural, political, and economic value, and (2) to highlight tourism's potential

to contribute to reaching its Sustainable Development Goals.

For 2016, universal accessibility in tourism is the focus – the creation of environments that can cater to the needs of all of us, whether we're traveling out of country or staying at home; disabled, even if only temporary;

families with small children; or the aging population.

How to commemorate? Spread the word of both the importance and immense benefits universal accessibility has and can bring to society at large. ~ *Linda Turovlin, International Outreach Chair*

## Public Issues: USO Campaign to Connect

### *Tell our service members a million times over that we support them!*

I learned about this way to help the USO (United Service Organizations), benefitting U.S. troops and their families, at the State GFWC Workshop this summer. The USO is a GFWC partner organization in the Public Issues CSP.



The *USO's Campaign to Connect*, collects messages of support from citizens, and then sends them to service members via USO centers around the world. Their goal is to collect 1 million supportive messages this year.

According to the 2015 Blue Star Families (those families with active duty or National Guard service members) Military Lifestyle Survey, 90% of service members feel the American public doesn't understand their sacrifice.

Help change that perception by sending a message of support today. It can be very short, such as "Have a Nice Day", or "Thinking of you", or "I appreciate you", or a much longer message.

Step 1: Submit a message by visiting [uso.org/sendmessage](http://uso.org/sendmessage). Follow the simple instructions there.

Step 2: That's it. The USO will take care of delivery.

Step 3: Keep a record of the number of messages you send and submit to Karen Fiumara for our club's Public Issues report to GFWC at the end of the year. THANKS!

~ *Lois Nixon, District VI Public Issues Chair*

### Save Education Coupons



Each **Box Tops Education Coupon** is worth 10 cents for us. This does not cost us anything and is a big help.

Coupons can be found on Betty Crocker, Pillsbury, Land of Lakes, Scott products, reams of copy paper and

many other products we use every day.

Cut them off and put them in the box at the check-in nametag table. These will benefit the **Tammy Lynn Center** for autistic and handicapped children, [www.tammylynncenter.org](http://www.tammylynncenter.org).

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 " Cary Woman's Club Newsletter  
 " P.O. Box 918 ▪ Cary, NC 27512-0918  
 " Club Years: 2016-2017  
 " President: *Mary Derrick*  
 " 1st VP (Programs & Reports): *Gerry Ritter*  
 " 2nd VP (Membership): *Priscilla Keating*  
 " 3rd VP (Ways & Means): *Mercedes Auger*  
 " Treasurer: *Maryanne Olsen*  
 " Corresponding Secretary: *Mary-Mel Kroeger*  
 " Recording Secretary & Yearbook:  
 "     *Silvia Barba*  
 " Newsletter Editor: *Vicki Jeter*  
 " Publication Deadline: 24<sup>th</sup> of each month  
 " Website Liaison: *Susan Abbott*  
 " Website: [www.carywomansclub.com](http://www.carywomansclub.com)  
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### Volunteers

Once upon eternity, above the clouds  
 So high, there were some chosen  
 Angels who had no wings to fly.  
 Their hands were made for helping,  
 Their hearts were tender too,  
 Their smiles were warm and happy,  
 And placed as halo's do.  
 So God sent down these angels,  
 Because they were such dears,  
 To spread their gentle love on earth,  
 We call them Volunteers!



**Cary Woman's Club**  
**P. O. Box 918**  
**Cary, NC 27512-0918**