



# Cary Woman's Club

Member of the General Federation of Women's Clubs

April 2016

"Serving Our Community • Sharing Our Time and Talents"



## President's Message ~ Lois Nixon



I can't wait for those April showers to come and wash away the pine pollen. Three years ago, I gave an environmental education program on pine pollen to my grandson's class. Learned a lot—that there are male and female cones on each tree. The trees adapted to spread pollen via wind because other methods did not work for them, like insect pollinators because they did not have pretty flowers to attract the insects. I also learned that it was not a good idea to take branches into the classroom to show the male and female cones, and then tell the students not to shake the branches to release the pollen. Of course they did just that, and those of us with allergies were miserable the whole class time!

I hope that many of you will join me in working to plant the Pollinator Garden at the front entrance to the Page Walker on Saturday, April 9<sup>th</sup>, 8 to 11 am. You can come and go anytime during that 3-hour time. Maybe we should train our bees to pollinate pines and we would not have to endure the yellow haze for weeks.

Speaking of bees, I went to the Cary Farmers Market on Saturday and bought Cotton and Cantaloupe honey made right here in Wake County. Yummm. They also have

several other flavors available.

welcome  
*April* ♥

The Market opens officially for the summer season on April 2. Check it out.

April is just full of Conservation CSP items and the busiest time for environmental educators (my past life!). So if you love being outdoors there are plenty of opportunities to attend local Earth Day events, or participate right in your own garden. Also, GFWC has an Earth Day education partner, mentioned later in this newsletter, and the town of Cary has a special Earth Day Lane exhibit near the boat house at Spring Daze at Bond Park on April 30, 9 am to 5 pm.

GFWC also has a fundraiser that we might want to consider for next year. It is called Flower Power and is all about "bloomin' bulbs"! I'll have a handout with details and gorgeous flower photos at our April meeting. Our club could take orders for flower bulbs, and get 50% of the proceeds from our sales. We could also sell to relatives in other states, and their bulbs would be mailed directly to them.

There is a Spring program containing Spring planting bulbs, with sales November 1 through May 1 and a Fall Program featuring fall planting bulbs, with sales May 1 through October 15. Spring bulbs are shipped in late April, fall bulbs are shipped in September. We could participate in either or both. If you like this idea, please contact next year's Fund Raising Chair (3<sup>rd</sup> Vice-President) who will be elected at our April meeting.

Yes, our election of officers will be held at our April meeting, as will your vote on Bylaws revisions. A final version of the proposed Bylaws amendments that was approved by the Board will be sent out in a separate email, so that you can review them before voting.

It's a busy time—be sure to attend the Peacock themed Fashion Show on April 16. Bring lots of friends! And start planning to attend our May 12 meeting with a "History of Tea" theme, and our emeritus members and past-Presidents as special guests.

I found some sweet guests in my backyard yesterday—a bluebird pair, with two bright blue eggs in the nest so far. I'm expecting "Mom" to lay at least two more eggs (one each day) before she starts incubating them, so they will all hatch at the same time. Pierce and I will check them anxiously until they hatch in a couple of weeks! Exciting! Happy Spring! –  
~ Lois Nixon, President

*"A bird doesn't sing because it has an answer; it sings because it has a song." ~ Maya Angelou*

## MEETING LOCATION

Page-Walker Arts  
& History Center

Thursday, April 14<sup>th</sup>, 2016

119 Ambassador Loop, 3<sup>rd</sup> Floor,  
Downtown Cary, 27513

9:30 a.m. (Coffee & Social)

10:00 a.m. (Program & Business  
Meeting)

## April's Guest Speaker: International CSP



The International CSP is honored to welcome our guest speaker for April, **Carol Frey**, an advocate for *The Leadership Center for Women in*

*Honduras*. Carol graduated from the University of Missouri-Columbia with a Bachelor of Journalism.

During her 35 year career as a journalist, she worked on several newspapers, including the *News & Observer*. After retiring in 2006, she went back to school, earning her MA in Liberal Studies from NC State University in 2013. As part of her Master's project, she became involved with *The Leadership Center*. The Leadership Center, located in Zambrano, was founded in 2011 and exists to educate, train, and develop post-secondary

women as ethical Honduran leaders and business owners. Carol has also partnered with her church in raising money and providing labor for several projects at the Center.

In addition, Carol is a member of the Cary Page Rotary and has recently walked the 500-mile Camino de Santiago, the Way of St James in northwestern Spain.

Note: Carol is currently collecting gently used shoes, women's sizes smaller than size 9 or men's smaller than size 10, for Honduras. If you have any, please bring them to the meeting. ~ **Karen Fiumara**, 2<sup>nd</sup> VP, Programs & Reports, International Chair



## April's After-Meeting Luncheon



Our last international after-meeting luncheon will be at Sassool Mediterranean Café (Bakery & Market) located in the Shoppes at Kildaire, 1347 Kildaire Farm Road, Cary, 919-300-5586 (near Hallmark Shop). **Sassool** is a family-owned restaurant serving authentic Lebanese & Mediterranean cuisine in a fast-casual setting, locations in Raleigh and Cary. ~ **Silvia Barba**

## April's "Spring Fling" Fashion Show

The "Spring Fling" Fashion Show & Lunch will be **Saturday, April 16<sup>th</sup>**, from **11am ~ 2pm**, and will be held once again at Christ the King Lutheran Church, 600 Walnut St., Cary. Deadline for purchasing tickets will be April 11.

Fashions will be presented by **StyleFinder Boutique** (*Helping Women 35+ Rediscover Their Style*). Please put this on your calendars. Our delicious menu will be the same as last year, and we also plan to have music.



Proceeds will benefit our Cary Woman's Club Charities. **Tickets are \$20 each**. When you buy a ticket, please let us know if you actually plan to attend the show, so we can prepare properly. Contact **Dorothy Schmelzeis** for more details. Please try to sell as many tickets as you can to help support this important fundraising event. **Mercedes Auger** has plenty of tickets printed if you need some more!

*StyleFinder Boutique* in Raleigh is a unique resource for fashion and style designed exclusively for women over 35. Here you'll find everything you need to dress and accessorize fashionably, effortlessly and affordably.

~ **Dorothy Schmelzeis**, Ways & Means Chair & 3<sup>rd</sup> VP

## "History-of-Tea" Party ~ Will Honor Emeritus Members & Presidents

Mark your calendars for a special event ...

On Thursday, May 12, we will show our appreciation for our past Cary Woman's Club Presidents and Emeritus Members for tea and refreshments at our special "History-of-Tea" Party during our May 12<sup>th</sup> meeting. We will



have the opportunity to give oral histories of woman's club memories.

The price will be decided at the April meeting.

Co-chairs of the May Tea Committee are: **Philomina Vaidya** and **Nell Meece**.

## Cary News in Your Email (Public Issues)

The Town of Cary regularly emails information on dozens of topics related to your Town government. From downtown revitalization to traffic and safety alerts, fun things to do in town, and much more, you can sign up to receive via email the information that interests you. To do so, visit. [www.townofcary.org](http://www.townofcary.org) and click the green envelope for information on how to subscribe to the lists of your choosing. ~ **Priscilla Keating**, Public Issues CSP Chair

## The Caring Place: April 29<sup>th</sup>

### ~ 15<sup>th</sup> Annual Benefit Auction, Buffet & Dancing

Basic information on this important auction is below. Friday, April 29, 2016, at 6 p.m., at Prestonwood Country Club, 300 Prestonwood Pkwy., Cary. Thanks! ~ **Mercedes Auger**, Board of Directors & Advisory Board of The Caring Place (Community Volunteer)



We are excitedly preparing for our BEST Auction Benefit ever! Take a peek at some of our wonderful auction items on our Facebook page at <https://www.facebook.com/TheCaringPlace/>.

Reserve your tickets now at <http://www.thecaringplace.org/live-auction-reservations/>. Event proceeds will support the families served by The Caring Place, so we look forward to seeing you there!

Mission: The Caring Place teaches homeless, working families with children life skills for attaining independent living while providing short-term housing and support to address their individual needs.

Mailing address: P.O. Box 622, Cary, NC 27512. Call .net-462-1800 with questions about this event.

The Caring Place, Inc. is exempt from Federal Income Tax under Section 501(c)(3) of the Internal Revenue Code.

## Education CSP

We are pleased to be able to award two \$2K scholarships to two deserving candidates. Applications have been forwarded to local High School Guidance Counselors and posted on the website. Deadline for submission is April 15, 2016.

"Change for Books" ~ We have one more opportunity to bring your *change bins* to the April



meeting. To date we have collected \$103, and along with the Education CSP budget funds, we hope to be able to fulfill the book wish list of the Kingswood Elementary Media Specialist.

And ~ Ruckus 4 at Arboretum has once again teamed up with

*Note in the Pocket* to sponsor a GIVE-BACK NIGHT on Tuesday, May 2<sup>nd</sup> from 5 to 9pm, with 10% of the proceeds given to Note in the Pocket. Postcards will be available at the April meeting to designate your participation. ~ Thank you! **Deborah Lynch**, Education CSP Co-Chair

## Welcome New Member ~

Linda Turovlin



## Grants and Community Service Project Program Report

The Committee received three community service project applications and one grant application.

The Caring Place applied for a \$1,000 grant to assist them in providing the 16-week housing support needed by each program family for rent and utilities. The Committee approved this application as did the Board and we will call for a vote at our April meeting.

**Deborah Lynch**, Education CSP co-chair, requested a \$250 community service project award to buy books for Kingswood Elementary school, a Title 1, in Cary. Money will augment the Education CSP budgeted amount of \$200 as well as the "coins for books." The books that will be purchased were selected by the Media Specialist and will be stamped "donated by the Cary Women's Club." The Committee approved this application as did the Board and we will call for a vote at our April meeting.

**Lois Nixon** requested a \$225 community service project award to pay for mailing 50 lbs. of books from Wake County Library sale (donated cost \$15) to Rota

High School in the Marianas Islands, a U.S. Protectorate. Books will be distributed to prevent summer reading loss and foster a love of reading by native Chamorro high schoolers. The Committee approved this application as did the Board; vote in April.

**Lois Nixon** requested a \$200 community service project award to pay our share of the Pollinator Garden Partnership at Page-Walker. The garden will serve as an educational resource for citizens who want to establish a certified wildlife garden in their yards. It will provide a habitat for local pollinators; birds, bees and butterflies. This project had already been approved by the membership with an initial payment of \$80 for landscape plans. The Committee approved this application with the stipulation that the remainder of the Conservation CSP budget be used first. The Board approved this as well and we will call for a vote in April.

Full copies of the applications were emailed to you earlier. ~ **Silvia Barba**

## Earth Day Is April 22

GFWC has a special Earth Day partner called the Nature Generation that teaches kids to preserve the splendor of nature....because "there is no Planet B"! This is a potential GFWC partner that our club could support

with donations, if we choose to do it. Think about it for next year. [www.NatGen.org/GFWC](http://www.NatGen.org/GFWC). Or we could plan and carry out our own education program for local students in our Pollinator Garden. ~ *Lois Nixon*

## Shop Local ~ Cary Downtown Farmers Market



Shop the Cary Downtown Farmer's Market beginning Saturday, April

2<sup>nd</sup>, (8 a.m.-12:30, rain or shine), in front of the Ivy-Ellington house at 132 Chatham St. near Ashworth

Drugs. It runs every Saturday through November 19.

The Cary Downtown Farmers Market **opens on April 2**, so mark your calendars, and take a friend. There will be new and returning vendors this year selling all kinds of local garden produce, meats,

eggs, fresh-cut flowers, fresh butter, fresh baked goods, locally brewed beer, handmade local crafts, and locally roasted coffee as well as that honey I mentioned earlier! Buy local – it doesn't get much more local than downtown Cary! ~ *Lois Nixon*

*"Love yourself first, then everything else falls into line." ~ Lucille Ball*

## WomenNC 2016 Symposium: Global-to-Local Reflections on the 60<sup>th</sup> session on the Commission on the Status of Women (CSW)

For those who missed the WomenNC dinner showcasing this year's university student Fellows who went to the United Nations in March, this is an opportunity to hear about their experience at the UN. The 2016 CSW Fellows from Duke, NC State, UNC-Chapel Hill, and Meredith learned about the UN system, the Planet 50/50 by 2030 agenda and international treaty document goals. Connect to the Fellows' observations by reading their blogs here.

They will give a free public presentation, and refreshments will be served:

♦ **Thursday, April 7** ♦ 7 - 8:30pm ♦ Freeman Center for Jewish Life at Duke University ♦  
♦ 1415 Faber St. Durham ♦

If you would like to go, contact Lois Nixon and we will arrange a carpool.

## Save Education Coupons



Each **Box Tops Education Coupon** is worth 10 cents for us. This does not cost us anything and is a big help.

Coupons can be found on Betty Crocker, Pillsbury, Land of Lakes, Scott products, reams of copy paper and

many other products we use every day.

Cut them off and put them in the box at the check-in nametag table. These will benefit the **Tammy Lynn Center** for autistic and handicapped children, [www.tammylynncenter.org](http://www.tammylynncenter.org).

*Why the English Language Is Hard to Learn:*

*The farm was used to produce produce. The bandage was wound around the wound.*

*The soldier decided to desert his dessert in the desert. I did not object to the object.*

## Membership Counts!

Please remember our goal is to **Double Our Membership**. To accomplish that, every member would need to invite one guest (potential member) during the year. I have found that the greatest source of new members in our Club comes from the women who we, as members, already know. The more

members we have, the more the Club can achieve. Take out your homeowner's association list, church directory, lists of members of other clubs you are in, and any source you can think of. Write down the name, address and other contact info of a few women whom you would like to see in the CWC.

Bring the information to me at each meeting or email it to me. I will reach out to each one with information about the Club and an invitation to visit. Everyone needs to help grow the membership!

~ *Jane Suppa, 1<sup>st</sup> VP Membership*

