



Cary Woman's Club

Member of the General Federation of Women's Clubs

October 2015

"Serving Our Community • Sharing Our Time and Talents"



President's Message ~ Lois Nixon



I've thought several times during the last month about our speaker's quote from Dr. Assad Meymandi: "Know more today than yesterday. Love more today than yesterday. Do fewer bad things today than yesterday." Dr. Meymandi, a native of Iran, is an amazing community leader and philanthropist, and he offers insightful advice as always. I hope all of us can keep it in mind throughout the year.

Which brings up the September program ... did any of you sign up for classes through OLLI at NCSU? Be sure to share what you learn with us!

Good news since last month, **Silvia Barba** agreed to co-chair the Education CSP and **Karen Fiumara** agreed to chair, or co-chair, the International Outreach CSP. And **Shirley Barnes** and **Cathy McClay** volunteered to be co-Chaplains/Inspiration leaders for our meetings. Special thanks to all four of them as this is not their only volunteer job on behalf of the Cary Woman's Club!

Planning is underway for several special events: the Pollinator Garden, the History of Tea party to honor emeritus members and past-Presidents, the Pocket Party to benefit Note in the Pocket, and a fashion show fundraiser. The "grants" committee is working through a name change and a few tweaks to present to the club in November.

**Tuesday, October 6
Don't Forget to Vote!**

Our speaker for the Oct. 8th meeting will be **Athena Wollin** (athena.w@relayfoods.com) from **Relay Foods** (a food service/home delivery company, shop everything from apples to ziti right from your couch.) They will pick your items, pack

them, and deliver them to you ~ www.relayfoods.com.

Use "Promo Code": **Athena10** – for \$10 off your first purchase.

They make shopping for quality, healthy, and sustainable groceries simple and easy. She will talk to us

donations for any of these programs, please contact the Chairs – and see more specific information in other articles in this newsletter.

Our October meeting will follow a slightly different format, so please arrive as early as you can.

The social time will be from 9:30 – 9:50 a.m., followed by the Home Life Program at 9:50 a.m.

During the usual break or intermission after the program, we will have a CSP Orientation – very similar to our CSP Round Robin from last year. This will be an excellent meeting for potential new members to attend. Please bring a guest with you to the meeting!

Meanwhile, enjoy the fall weather. I've been trying out some new fall-ish pecan recipes in anticipation of those great crunchy, yummy pecans that will be delivered at our November meeting.

Remember to bring your Pecan orders and payment to the October meeting! ~ Lois Nixon, President,

MEETING LOCATION

Page-Walker Arts & History Center



119 Ambassador Loop, 3rd Floor,
Downtown Cary, 27513

Thursday, October 8th, 2015

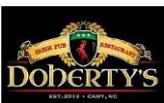
9:30 a.m. (Coffee & Social)

10:00 a.m. (Program & Business Meeting)

Guest Home Life Speaker for October

about healthy eating and explain her services to us. She will also bring some food for us to sample and will be here by 9 a.m. for our social hour. ~ Thanks, **Cathy Clark**, Home Life CSP Chair

October's After-Meeting Luncheon



Ladies, I wanted to do German food for Oktoberfest, but the German Grille is not open for lunch, so ... we'll be going to **Doherty's Irish Pub & Restaurant**, 1979 High House Rd., Cary,

~ Silvia Barba

Pecan Sales Fundraiser



The Ways and Means Committee is really gearing up for action! Our first priority is **Pecan Sales**.

This ever-popular annual pecan sale was kicked off at the September meeting!

Thanks to co-chairs, **Diana Johnson** and **Eileen Nulty**, you can get order forms from them and also as an email attachment so that you can take and make orders by early October.

Please return your *order forms* and *money* by the October CWC meeting on **October 8**, so the chairs can determine the quantity of pecans to order. Of course, non-members of the club are also encouraged to buy some of these delicious pecans.

As soon as the pecans fall from the trees (from *Golden Kernel Pecan Co.*, Cameron, SC) about Halloween, they

will be shipped to us for **distribution** at our **November 12th** Cary Woman's Club meeting.

Start thinking about your holiday gift shopping list (a pound of pecans is really an appreciated gift, perhaps with an attached favorite recipe) and your own special holiday recipes that will be enhanced by these straight-off-the-tree, fresh pecans! Yes, there will also be irresistible chocolate-covered pecans available, too, that don't need a recipe, and "the price is right"!



you by email. Forms will be available at the October 8th meeting!

Tell all your friends. These are the freshest and best pecans money can buy! ~ *Dorothy Schmelzeis, Ways & Means Chair & 3rd VP*

Membership

Ladies, once again we are beginning a new year for our club. I am encouraging each and every member to make an effort to invite one person to attend our meetings. If only a small percentage joined, we would be adding at least 5 members. This has to be a joint effort. I have notices available for distribution.

On a social note, the **Matthews House** (317 W. Chatham St., Cary) is open to the public on *Mondays for lunch*. It is very reasonable and a lovely setting, especially this time of the year.

Looking forward to a successful year. ~ *Jane Suppa, 1st VP Membership*



Public Issues CSP



*Hello Ladies ... My name is **Priscilla Keating**, and I wanted to introduce myself as Chair of the Public*

*Issues CSP. I would like to welcome the two members who have volunteered for this committee thus far, **Lois Nixon** and **Gerry Ritter**. We are looking for additional members so please*

consider volunteering for this committee as this looks to be an exciting year!

We plan to be an active committee this year with a focus on Disaster Preparedness, Domestic Violence and Abuse to both Women and Children and Public Policies. It has been suggested that we might like to have a group attend a Cary Town Council

meeting to better understand the issues that affect us all as citizens of the town of Cary ... consider joining us (date to be determined).

Look forward to seeing you all at the next meeting!

See accompanying InterAct "Fall Festival" article below.

*~ **Priscilla Keating**, Public Issues CSP Chair*

Costumes Needed for InterAct's Fall Festival



Along with Public Issues



CSP, **Deborah Lynch** has been in contact with the Volunteer

Services Coordinator at InterAct, and there is a need for Halloween costumes to be donated to the children of InterAct for their Fall Festival. It is our hope that some of you can donate Halloween costumes for this great cause and

*bring them to the October 8th meeting. Ask friends and neighbors to donate as well. Costumes can be given to **Priscilla Keating** or **Deborah Lynch**.*

*Fall festival theme is **fun** ... not fear (please, no scary costumes). Please make sure costumes are new or in good condition. Costumes are needed for all*



*ages and genders ~ especially ages 10 and up. Costumes should be dropped off by **Friday, October 23** at InterAct, 1012 Oberlin Road, Raleigh.*

For more information or questions, contact at InterAct: christenj@interactofwake.org.

Thanks so much for helping.

InterAct "Fall Festival" flier will be attached to this newsletter!!

*~ **Priscilla Keating, & Deborah Lynch***

International Outreach ~ Events to Attend

Karen Fiumara has agreed to chair, or co-chair, the International Outreach CSP. If you would like to help with this important CSP, please contact Karen. Here are a couple fun international events to attend:

- 2015 International Festival/30th International Festival of Raleigh, starts Friday, October 9th-11th. 4:30-10:30 p.m. Also on: Sat., 10-10; and Sun., 11-7. At Raleigh Convention Center; discounted tickets online: www.internationalfocususnc.org. Phone: 919-782-0552.
- NC Chinese Lantern Festival of Cary: November 28 through January 3. Tickets on sale now. www.boothamphitheatre.com or info@boothamphitheatre.com, or call 919-462-2025. Festival will be at Booth Amphitheatre, 8003 Regency Parkway, Cary.



~ *Karen Fiumara, International Outreach CSP Chair*

Arts CSP: Operation Christmas Child



Willa Brigham is collecting items for *Operation Christmas Child* (www.samaritanspurse.org). Please bring something for a child, male or female, ages 7-14 years

that will fit into a *shoe box*.

Examples include: art supplies, socks, hats, calculators, etc. A small shoebox can have a big impact. What goes into the box is fun, but what comes out of it is eternal.

Be a part of changing children's lives all over the world through the power of a simple gift with Operation Christmas Child. Please, no liquids, lotions, gels, weapon toys, or chocolate.

You will be helping to bring a bit of joy to children around the world. This project is part of **Billy Graham's Samaritan's Purse**. See Willa with questions. ~ *Willa Brigham, Arts CSP Chair*

Education CSP: Note in the Pocket



Thank you! Our membership overwhelmingly voted to approve this project. And, thanks to members for their enthusiasm for this worthy project!

Note in the Pocket provides clothes to homeless and impoverished children in Wake County (www.noteinthepocket.org). We believe it is unacceptable that children are limited to their educational and social development

because they do not have appropriate clothes for school. They serve students in pre-K through high school, providing a mini-wardrobe, two weeks' worth of outfits for school, including new socks, new undies, and new shoes, when available, several times a year, based on the change of seasons.

Notes of caring and reassurance are written by the volunteers to include in the pockets, reminding

these children that someone truly cares!

They deliver to all 12 Wake County municipalities, including right here in Cary, and to The Caring Place, which has long been an interest of support to our



Club. See *Pocket Party* article below.

Thank you!

~ *Deborah Lynch, Education CSP Co-Chair*

Ways and Means



StyleFinder Boutique, a boutique in Raleigh that is a unique resource for fashion and style designed exclusively for women over 35, is being considered to present a fashion show for the Woman's Club in the Spring. Fashions will be for all ages and sizes! Should be fun!

Also, please share pecan information with your friends at church and your other associations. Once people have tried them, it is an easy fundraising sale in the following years. ~ *Dorothy Schmelzeis, Ways & Means Chair & 3rd VP*

Cary Woman's Club ~ Check Out Our New Website

Our new website is up and running now, thanks to our webmaster, and new member, **Susan Abbott**. The address is www.carywomansclub.com. If you have questions or comments, please contact Susan.

NEW WEBSITE ADDRESS

www.carywomansclub.com

“Pocket Party” Fundraiser for Note in the Pocket

~ Tuesday, Oct. 13th, 4:30-6:30 p.m. at Ruckus 4 @ The Arboretum



The Education CSP has been provided an incredible opportunity to host an event at no cost to the club; with 100% of proceeds and contributions

going directly to the **Note in the Pocket** organization!

You heard about **Note in the Pocket** at our last meeting and its goals to provide adequate school clothes for children in need, as recommended by school and county social workers. It benefits families in organizations like The Caring Place, which we also support with food donations.

Our Education Co-Chairs, **Deborah Lynch** and **Silva Barba**, brought this “**Pocket Party**” proposal to the Club.

This will be a fundraiser for Note in the Pocket, “**Pocket Party**,” on **Tuesday, Oct. 13th, 4:30-6:30 p.m. at Ruckus Restaurant at The Arboretum, 2025 Renaissance Park Place off Weston Parkway, Cary 27513.**

A flier is attached for your information. Funds have already been donated to cover all the costs, so it will cost our club **NOTHING**. And **100% of the proceeds** will go to Note in the Pocket to benefit children in need. Cary Woman's Club will be listed as the host of the Party, and it will be our job to encourage our family and friends to attend the event and spread the word about Note in the Pocket and show our support of the organization. It will



also be our “JOB” to have fun at the party! Of course, we hope that each of you will attend, enjoy the evening from 4:30-6:30 p.m., buy some raffle tickets for great prizes, and/or make a donation, and perhaps even stay for dinner (not required or expected!).

The location (3 miles from downtown Cary), Ruckus Restaurant, is a family-friendly sports bar that specializes in pizza, pasta, deli sandwiches, chili, sushi, full meals, salads, etc. This is their newest of four locations in the Cary-Raleigh area, so you'll also get acquainted with a new local business that is also helping the community. Hope to see all of you there in support! ***Pocket Party Invitation attached.*** ~ *Lois Nixon, President*

Arts + Willa Brigham Wins Award

Congratulations to **Willa Brigham**, who has been selected to receive the prestigious “**Zora Neale Hurston Award**,” the highest honor given by the National Association of Black Storytellers, Inc. (NABS) to an individual who has contributed significantly to the preservation and perpetuation of African American Folklore.



the highest honor given by the National Association of Black Storytellers, Inc.

The Zora Neale Hurston Award will be presented at the 33rd Annual National Black Storytelling Festival and Conference to be held at The Key Bridge Marriott, Arlington, Virginia; on Saturday, November 14, 2015. The Awards Banquet begins at 6:45 p.m., and the Awards Ceremony commences at 7:45 p.m. The Zora Neale Hurston Concert will follow.

Ads for the *Souvenir Journals* and more information about the festival can be found on the website: www.nbsinc.org. ~ *Willa Brigham, Arts CSP Chair*,

October Dates to Remember

October 6 ~ VOTING DAY

October 8 ~ Cary Woman's Club Meeting

October 11 ~ National Children's Day

October 13 ~ **Note in the Pocket Party**

October 12 ~ Columbus Day, Holiday

October 31 ~ Halloween



VOTE!
Or Else
They Win

Continue Saving Education Coupons

Each **Box Tops Education Coupon** is worth 10 cents. This does not cost us anything and is a big help. Coupons can be found on Betty Crocker, Pillsbury, Land of Lakes, Scott products, reams of copy paper and many other products.

Cut them off and put them in the box at the check-in nametag table. These will benefit the **Tammy Lynn Center** for autistic and handicapped children, www.tammylynncenter.org.



Members Enjoyed September's Guest Speaker from OLLI at NCSU

Photos show September's guest speaker, **Phoebe Johnston** (left), representing the Osher Lifelong Learning Institute (OLLI) at NC State University. **Mary-Mel Kroeger** (center), corresponding secretary, gave her monthly report. **Jane Suppa** (right), 1st VP/membership, also spoke to us about increasing membership.



"October has tremendous possibility. The summer's oppressive heat is a distant memory, and the golden leaves promise a world full of beautiful adventures. They make me believe in miracles." ~ Sarah Guillory, Reclaimed

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|| Cary Woman's Club Newsletter
|| P.O. Box 918 ■ Cary, NC 27512-0918
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|| 1st VP (Membership): *Jane Suppa*
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|| 3rd VP (Ways & Means): *Dorothy Schmelzeis*
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