



# Cary Woman's Club

Member of the General Federation of Women's Clubs

February 2015

*"Serving Our Community ♥ Sharing Our Time and Talents"*



## President's Message



What is your pet peeve? Mine is hearing "somebody should do something about that!"

And I always think, "Why not YOU?"

Well, this month the Cary Woman's Club is "doing something about that" with fun and games: an exemplary and loving way to celebrate Valentine's Day!

We started early last month on January 29<sup>th</sup> with the hugely successful and fun Bridge and Dessert Benefit that we had with the proceeds going to InterAct, which provides safety, support, and awareness to victims and survivors of domestic violence and sexual assault.

On February 11, the CWC is hosting one of our favorite annual events ... the always-special Valentine's Party with dessert and dancing for *Life Experiences, Inc.*, which provides satisfying work experiences for adults with varying disabilities.

Then on February 17, our Club will visit the Chrysalis Woman's Club at the NC Correctional Institution for Women (aka, the Women's Prison), again providing dessert and a fun time. We are planning to teach the women to play Bunco, or maybe they'll teach us (!), and we will offer favors of body lotion and shampoo, with a few Hershey's kisses thrown in!

I hope each of you will join us at these events, which offer service



and sharing of love for others in our community.

This is the HEART of the Cary Woman's Club.

♥ Happy Valentine's Day! ♥  
~ President,

## OUR NEXT MEETING

Thursday, February 12<sup>th</sup>, 2015

9:30 a.m. (Coffee & Social)

10:00 a.m. (Program & Business Meeting)

Herb Young Community Center  
101 Wilkinson Ave.  
Downtown Cary

## February's Speaker on Conservation

Our speaker for February will be Marie Cefalo, currently Water Resources Outreach Supervisor for the Town of Cary.

Marie provides Water Resources Outreach Supervision, which includes overseeing the Town's nationally recognized water conservation program as well as stormwater outreach and overall water communications.

She will speak on Cary's Water Conservation Program, its intention, structure, successes, and opportunities. She will share with the Club some of the exciting highlights of this important program.

Marie was employed with Town of Cary when their water conservation program was new. She designed and delivered water conservation lessons to thousands of school children, developed water conservation campaigns, and later oversaw the daily operations and

long-term water conservation initiatives of the water conservation program.



She was awarded the Governor's Conservation Award for the Municipal Conservationist of the Year from the NC Wildlife Federation in 2004. She also received the Vocational Service Award from the Cary-Kildaire Rotary Club in 2009.

She holds a Bachelor's degree from Davidson College and a Master's degree from UNC-Chapel Hill.

For more information on the Town's water conservation program, contact: Marie Cefalo, Water Resources Outreach Supervisor, Water Resources Department, P.O. Box 8005, Cary, NC 27512-8005, 919-469-4387, marie.cefalo@townofcary.org.

~ Conservation Chair

*"Very possibly, those who deserve love the least probably need it the most.  
Feel compassion for our fellow men, women and children."*

## Lunch after the Meeting

February's after-meeting luncheon will be at **Himalayan Nepali Cuisine**, 746-A East Chatham Street in Cary, just past Reedy Creek Rd. on E. Chatham, ([www.himalayannepalicuisine.com](http://www.himalayannepalicuisine.com)). It's within walking distance of the community center, so let's hope for a nice day.

Our luncheons will be taking on an *international flair* for a few months. Hope all of our members will enjoy this.

~ Thanks



## Home Life & Valentine's Party



Many thanks to everyone who signed up to bring refreshments to the *Life Experiences*

*Valentine's Party* on **Wednesday Feb. 11<sup>th</sup>**. Please drop these off by 1:15 p.m.

They are located at 260 Tower-view Court Cary ~ right off Cary Parkway at James Jackson Avenue.

Life Experiences is a non-profit organization that offers a choice of satisfying work experiences for adults with varying disabilities, and at the same time allows those adults the self-esteem of earning a wage for their work. The state-of-the-art facility is one of the best in the Triangle.

Life Experiences operates five small businesses, which offer employment to adults with

developmental disabilities while at the same time providing valuable services and products to the community ([www.lifeexperiences.org](http://www.lifeexperiences.org)).



Any questions, please call or email me.  
~ Thanks! *Home Life Chair*

## WomenNC Local-to-Global Fellowship Dinner Forum

I'm sure you remember the impressive program that WomenNC 2014 Fellow, Alex Polk, presented to us last April for our *International Outreach* program, about her research on women's access to education in STEM fields and her trip to the United Nations to present her research.

Alex has spent the fall semester in Spain, and is now back to school at NCSU.



On *February 19*, 5:30-8:30, at the NCSU Hunt Library, the seven 2015 Fellows will present their local-to-global research in preparation for their March trip to the United

Nations Commission on the Status of Women Conference. Make reservations to

hear the fantastic presentations before they go to New York, at: <https://womensncfellowshipdinner2015.eventbrite.com>.

A special flier is attached with this newsletter for your information.

More fliers about the event will also be available at the February meeting.  
~ Thanks!

## Support "Dress for Success" at Designer Clothing Sale



The mission of *Dress for Success* is to promote the economic independence of disadvantaged women by providing professional attire, a network of support, and career development tools to help women thrive in work and in life.

Please support Dress for Success at their *Designer Clothing Sale*, February 21<sup>st</sup>, from 1-5 p.m. Most

clothing is \$10-\$25. Proceeds are used to purchase larger-size clothing for clients.

Dress for Success is located in Northgate Mall in Durham, between Sears and the children's Carousel: 1058 West Club Blvd., Suite 634, Durham, NC 27701, 919-286-2128.

~ Thanks!

## Bridge & Game Dessert Party ~ Wonderful Success!

**Wow!** The *Bridge Benefit* on January 29 was *fantastic*—about 75 attendees! Many, many thanks to all who did an outstanding job of organizing it. And the ultra-helpful committee was super!

Great attendance, great food, great prizes, great conversation and networking. Great fun day for all in support of InterAct. Many, many thanks to all of your support.

## International Support Plans

Following through on a member's suggestion during the rotation discussions at the January meeting, the International CSP committee will begin a fundraising effort to collect as much as possible to support one or more of the international organizations with which the *General Federation of Women* has established a partnership.

These charities are: Heifer International, Operation Smile International, the United Nations Foundation's Shot at Life, and the U.S. Fund for UNICEF.

At the February, March and April meetings, I will place at the back of the meeting room a bi-fold detailing the mission of each of these charities together



with a large jar in which to place your spare change. \*Note: *I personally will double the total amount given.* The Club can decide the allocation(s) at the end of the campaign.

Please remember to THINK CHANGE when you come to the February, March and April meetings! Collectively we can help some of those in need around the world.

Also ~ The International CSP committee is working on program plans for the April meeting and other possible activities related to fostering international understanding. Thanks so much!

~ *International Outreach Chair*



## Spring Fashion Show



Ladies ... Please start thinking about our *Spring Fashion Show*. We will need to borrow teapots and teacups to provide interest to our "tea," so please check out your cupboards.

Also, the Ways and Means CSP is always open to ideas for fundraising.

~ *Ways & Means Chair & 3<sup>rd</sup> VP*

## Any Yearbook Updates?

Please review your contact information for next year's Yearbook. Let me know of any changes/updates.

~ *Thanks. Yearbook Chair*

## CWC Membership

Repeating our drive for increased membership, we are really urging each member to try to bring a guest to a meeting.

One-to-one is really the best

promotion for our Club. The more members, the more finances for helping our community, and additional pleasure for us in meeting new people. I would like to thank all

the members who have brought someone this year; also we have those wonderful jams as a "carrot."

Think about ideas ladies.

~ *1<sup>st</sup> VP Membership*

## Continue Saving Box Tops Education Coupons

Each **Box Tops Education Coupon** is worth 10 cents. This does not cost us anything and is a big help. Coupons can be found on Betty Crocker products, Pillsbury, Land of Lakes, Scott paper products, reams of copy paper and many other products.

Look for them on any packaging, cut them off and put them in the box at the check-in nametag table. These will benefit the *Tammy Lynn Center* for autistic and handicapped children.



Cary Woman's Club Newsletter  
P.O. Box 918 ▪ Cary, NC 27512-0918  
President: *Lois Nixon*  
1st VP (Membership): *Jane Suppa*  
2nd VP (Programs & Reports): *Karen Fiumara*  
3rd VP (Ways & Means): *Dorothy Schmelzeis*  
Recording Secretary: *Jeannette Martin*  
Corresponding Secretary  
& Yearbook: *Silvia Barba*  
Treasurer: *Sue Scott*  
Newsletter Editor: *Vicki Jeter*  
Publication deadline: 24<sup>th</sup> of each month



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P.O. Box 918  
Cary, NC 27512