



# Cary Woman's Club

Member of the General Federation of Women's Clubs

October 2014



*"Celebrating Over 50 Years of Service"*



## President's Message



CSPs ... What's that?

The acronym stands for Community Service Programs

and is the part of the organization formerly known as "Departments."

This change was made more than five years ago at the national/international level, but some members who have been around a long time, still think of CSPs as Departments!

CSPs is actually a term that better explains what we do as a Woman's Club and part of the General Federation of Woman's Clubs (GFWC) Community Service.

As members, we owe special thanks to the Chairs of our CSPs who have VOLUNTEERED to lead

the service part of our club activities.

As you may know, there are six CSPs, with volunteer Chairs.

Our 2<sup>nd</sup> Vice-President guides overall Community Service Programs.

Special THANKS to all of these women leaders! Be sure to meet them and volunteer to join at least one of the CSPs.

Each CSP has three responsibilities: 1) to be in charge of one fascinating and informative monthly program during the year; 2) to suggest tours and excursions of interest to our members; and 3) to provide service to the community.

These responsibilities are in support of the Board's *four main goals* for this year:

1. **Focus on Community Service**
2. **Increase Social Opportunities** for our members and guests.

3. **Increase Volunteer Opportunities** in the community.

4. **Double Our Membership** to double our community impact!

Please bring a friend/potential member to the October 9<sup>th</sup> meeting as well as to any future meetings, so we can grow bigger, better and stronger with every meeting!

*Thank you!* CWC President,

## NEXT MEETING

**Thursday, October 9, 2014**

9:30 a.m. (Coffee & Social)

10:00 a.m. (Program & Business Meeting)

Herb Young

Community Center

101 Wilkinson Ave.

Downtown Cary



You Ought to Be in Pictures! Make sure to have your photo taken at the next meeting for our new photo collage. Or email a photo to the Newsletter Editor, if you cannot be at a meeting to have a photo taken.

## October's Speaker & Alzheimer's Focus

Welcome **Vik Chandra**, CEO of Raleigh-based Muses Labs, Inc., who will speak to us about his company's research on Alzheimer's disease and what they are doing to help. Muses Labs brings together medicine and technology to help solve Alzheimer's.



Current treatments can only hope to slow down progression of the disease because they only address symptoms or one of the many underlying causes of the disorder.



Muses Labs helps patients address all the underlying causes of Alzheimer's ([www.alz.org](http://www.alz.org)) to help stop and reverse disease progression.

Muses Labs ([www.museslabs.com](http://www.museslabs.com)) has developed software that creates personalized therapy recommendations for Alzheimer's patients.

Mr. Chandra holds BS and MS degrees in computer engineering from NC State University. Don't miss this important speaker and message. ~ Thank you.

## Pecan Fundraiser in High Gear for Nov. 13<sup>th</sup> Distribution!



### Pecans Are Coming Soon!

Pecans are still on the trees, but they will be dropping soon and ready for *distribution in November*. Hope you are happy with the

addition of Butter Roasted Pecans to our usual selection of pecans. The Butter Roasted have a salty taste and should complement the chocolate varieties nicely. And, of course, we still have plain

Pecan Halves for all of our cooks and bakers.

Please bring your completed order forms along with your check to our October 9<sup>th</sup> meeting. Or, you can mail your order form and check.

We plan on *distributing the pecan orders at our November 13<sup>th</sup> meeting*.

Thanks so much for supporting this fundraiser!  
~ Order form at the meeting.  
~ Pecan Fundraising Chair

## Arts CSP

The September Arts program by "Cary Players" was delightful and enticed a group of 13 of us to get tickets for the Sunday, Oct. 5<sup>th</sup> matinee performance of the play *Wait Until Dark!* Supporting Cary performances and exhibits is a continuing community service of the Arts CSP and will feature opportunities throughout the club year for participation.

An upcoming *December 2014* community service project will give all members a chance to be creative by helping to *decorate a Holiday tree* once again as part of the annual display in downtown Cary.

From the Chairs suggestions for tree themes, we chose

that of "*Unity in Community*" ~ a chance to showcase the wonderful diversity in our community. It will be a showcase also for the diversity and inclusiveness of our Cary Woman's Club.

Please come with ideas to the Oct. 9<sup>th</sup> meeting where we will convene briefly after the meeting and then confirm our ideas at the Nov. 13<sup>th</sup> meeting.

Decorating will take place the first weekend in December and should be wonderful fun, really getting us into the holiday spirit. ~ Arts Co-Chairs



## "City Barbecue" Fundraiser Lunch after the Oct. 9 Meeting

Join us and help raise money for our club! We are going to **City Barbecue** (1305 Kildaire Farm Rd., Cary 27511 – north of Cary Parkway, Shoppes of Kildaire) for lunch after the Oct. meeting.



*North Carolina Barbecue!* Nothing can compare. Please join your fellow club members at **City Barbecue** after our meeting on October 9<sup>th</sup> for some delicious North Carolina Barbecue. Our club

will get a **25% rebate** of sales on that day, which will go towards our benevolences.

A flyer is available with the newsletter. Print it and bring it with you to City Barbecue. You must bring it with you when you buy barbecue on the 9<sup>th</sup>. You can also get takeout or go for lunch or dinner (with or without us). *Share this with your friends!* This is an easy and delicious way to add to our charitable funds.



Additional flyers will be available at the meeting. If you cannot make the meeting on Oct. 9, you may still use the flyer for lunch or dinner on Oct. 9! ~ Thank you for your support! *Ways & Means Chair & 3<sup>rd</sup> VP,*

## October: Domestic Violence Awareness Month

Domestic Violence Awareness Month evolved from the first Day of Unity observed in Oct. 1981, by the



National Coalition Against Domestic Violence. The Violence Against Women Act of 1994

(VAWA) is a United States federal law. The intent was to connect battered women's advocates who were working to end violence against women and their children. It is also an international

issue with many recent media reports. United Nations Secretary-General Ban Ki-moon said, "I welcome the chorus of voices calling for an end to the violence that affects an estimated one in three women in her lifetime. I applaud leaders who are helping to enact and enforce laws and change mindsets. And I pay tribute to all those heroes around the world who help victims to heal and to become agents of change."

## Public Issues / "Imagine Cary"



See the *Imagine Cary* website ([www.imaginecary.org](http://www.imaginecary.org)), "Creating a Community Plan for the Town of Cary." November's guest speaker will be **Ted Boyd**, Cary's Downtown

Development Manager. ~ *Public Issues Chair*

## Ways and Means

The Ways and Means Committee is very excited and will share all our hopes and dreams with you at our meeting.

Begin thinking about a winter dessert card/party, a spring fashion show, and more! We want to have fun and raise money for our community projects. Please be prepared with your always excellent ideas for me!

We have a terrific Ways and Means Committee. By the time you read this, we will have met again. We are

looking for ideas to raise funds for local causes. If you have any passions or thoughts about a local need, please let us know.

And, if you have an idea for a fundraiser that you believe has gone unbelievably well, please let us know. Don't be shy. We want to help our community!

~ *Ways & Means Chair*

## GFWC-NC District 6 Fall Meeting

The GFWC-NC District 6 Fall Meeting will be held on Saturday morning, **October 18, 2014**, at the Howard House in Dunn.

As I cannot attend due to out-of-town house guests that weekend, I would like for members who can attend to please call me, so they can be registered by

the October 10<sup>th</sup> deadline, to represent our Cary Woman's Club.

The program sounds very interesting and will include: Greetings from the GFWC-NC President, as well as Plenary Workshops on STEM, Advocates for Children, Membership-



Retention, Sallie Southall Cotten and Teaching Scholarships, and the Arts Festival.

The information in these workshops will help our club to carry out our local programs, and our representative can bring home printed materials

that are available at the meeting.

Perhaps several members will want to carpool to attend the meeting.

Hope to hear from you! Thanks so much.

~ *President*

## Voting & Voting Registration Information

Did you know you can stop by any *Wake County Public Library* and register to vote or update your address? With the voter registration deadline of **Friday, October 10, 2014**, fast approaching, the Board of Elections is encouraging everyone to register in time to participate in the **November 4<sup>th</sup>, 2014, General Election**. *Fun Fact: GFWC clubs started 75% of the libraries in the U.S.*

For your convenience, stop by any Wake County Public Library to register or update your address, name or party affiliation. You can print-off the voter registration/update form in advance or use one of the forms available at each library branch. Another option is to send your voter registration application/update form by mail and address it to the Board of Elections, Wake County Office Building.

Check to see if you are registered or if your address is current by visiting the voter look-up page.

- ★ Free voter ID cards also available at the DMV ([ncdot.gov](http://ncdot.gov)).
- ★ Need more help? Go to [wakegov.com/elections](http://wakegov.com/elections).
- ★ Or: "you can vote.org."
- ★ Or call 1-888 OUR-VOTE.

Thanks ~ *Public Issues Chair*



## Need Your Photo for a New Photo Collage



The Newsletter Editor is taking photos at the meetings for a new photo collage of our members. Please be ready at the next meeting to smile, smile, smile and have your lovely photo taken! Or email/mail me a photo, snapshot, whatever, and I'll work with that. ~ *Thanks*



## Support the State Fair in Raleigh, Oct. 16-26

In addition ... State Fair and UNC-TV Volunteer Opportunities: Volunteer with UNC-TV at the 2014 North Carolina State Fair, October 16-26. Register now by filling out a short form online. For info & to volunteer, go to: [www.uncvtv.org](http://www.uncvtv.org) ~ or [www.volunteeruncvtv.org](http://www.volunteeruncvtv.org). See the flier/info emailed to you recently and at the October meeting. ~ *Thanks*

## Continue Saving Education Coupons



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•  
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