



# Cary Woman's Club

Member of the General Federation of Women's Clubs

January 2015

*"Serving Our Community ♦ Sharing Our Time and Talents"*



## President's Message



### HAPPY NEW YEAR!

Last month, our focus was on how Cary Woman's Club members share our time and talents with the Cary community. I'm sure that as Santa checked his list—

twice—he noticed that our members brought more than 15 grocery bags of food to our December luncheon at Prestonwood, to share with The Caring Place.

I don't know how many pounds of food that was, but it was a car full! Many THANKS to those who brought donations. For those who missed the meeting (and the fabulous buffet and the upbeat, energetic carol sing-a-long), or forgot a donation, it is always possible, and greatly appreciated, to donate grocery store gift cards to The Caring Place, and mail them to: 491 James Jackson Ave., Cary, NC 27513, Phone: 919-462-1800.

January is also the month when we report our community service and work for the past calendar year.

Please report your volunteer hours and activities to any one of the Community Service Program chairs, or to Vice-President for Programs who will be compiling all the reports. Please don't delay, the report is due February 1<sup>st</sup> to the state GFWC-NC.

Now the list we are working on is our New Year's Resolutions list. As you may recall, another CWC goal is to double our membership this year. That is pretty simple when every member participates, but really hard without your help. If bringing a prospective member to a CWC meeting isn't yet on your resolutions list, please add it now. I believe in setting high goals, so my goal is to invite a prospective new member to every meeting for the rest of the year. Please join in this membership goal! I look forward to seeing you and your guest on January 8.

We also will celebrate the New Year with our special Bridge Dessert Benefit for *InterAct* on Thursday, January 29. More about that, and the games other than bridge, at the January 8 meeting. Bring a friend to the



Benefit for a fun afternoon.  
Happy New Year! Thank you!  
~ President,

## Let's Have Fun with "CSP Speed UpDating!!"

You've heard of "SPEED DATING," and it sounds like fun, but a little crazy, right?

At our January 8<sup>th</sup> meeting, you can try our Club's version of ~ "CSP SPEED upDATING." You'll have a fast-paced opportunity to get better acquainted with your Club's CSPs, friends and coworkers, meet new people, reminisce about the past year of the Woman's Club, and add your ideas to make plans for exciting new "CSP dates, programs and events" in the New Year. This activity will be something fun and new that we can do as our own very special January program! Come and don't miss out on learning more about each CSP, what they have done and what they are planning to do. Your ideas are very welcome during this fun program.



At the end, we'll come back together and discuss plans for the January 29<sup>th</sup> **Bridge Dessert Benefit**, to make sure we have enough card tables, tickets sold (\$15 each/ donation), and refreshments donated. We will possibly need door prizes donated also.

And thanks to the Social Committee, we will have snacks and drinks to fuel the fun and creativity! See you there!

### OUR NEXT MEETING

**Thursday, Jan. 8<sup>th</sup>, 2015**

9:30 a.m. (Coffee & Social)

10:00 a.m. (Program & Business Meeting)

Herb Young Community Center

101 Wilkinson Ave., Downtown Cary

# 2015

### Lunch after the Meeting

We will be going to **Taziki's Mediterranean Café** at Waverly Place for lunch after the January 8<sup>th</sup> meeting. This restaurant offers a large menu, plenty of seating and lots of parking, since it is located in the Waverly Shopping Center (Waverly Place, 302 Colonades Way, Suite 201) at the corner of Kildaire Farm and Tryon. Hope you'll be able to join us for some social time after our monthly meeting.

~ Thanks

### Arts CSP Holiday Tree

Many thanks to the Arts CSP committee for decorating our December Holiday Gifting Tree in downtown Cary. Our tree theme was "Unity in Community."

Kudos to the ladies who came out in cold, rainy weather to help and decorate our lovely tree!

Thank you! ~ Arts Chair



### Home Life



I want to thank everyone who brought donations to Prestonwood in December for The Caring Place. Everything was greatly appreciated. Have a Happy New Year. See all of you at the next meeting. ~ Thanks! Home Life Chair

### Ways and Means

Please sign up for our **Bridge and Game Dessert Party**



on January 29 at 1 p.m. at Christ the King Lutheran Church. It will benefit "InterAct"

(www.interactofwake.org), a private, nonprofit, United Way agency providing safety, support, and awareness to victims and survivors of domestic violence and rape/sexual assault.

We need all your support. Please sell your *four* (or more!) Card Party Tickets (\$15 donation each) for our event. Don't forget to bring your cards or games. It will be a wonderful event.

We need people to sign up to bring tables, bake cakes or goodies, and help serve. Please let me know so we will know how many tables we can count on and how many desserts we will have for the event. ~ Ways & Means Chair & 3<sup>rd</sup> VP

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## Cary Woman's Club Card Party ♠ January 29, 2015



JOIN US FOR A DAY OF FUN!

\*Bridge Dessert Benefit for "INTERACT"

(\*also, Mexican Train, Mahjong, & much, much more!)



Thursday, January 29, 2015, 1 ~ 4 p.m.

Christ the King Lutheran Church, Nagle Hall

600 Walnut Street, Cary 27511

\$15 donation/each ticket

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## Education's Support

Please remember that the Education CSP Committee has chosen to support the *Dynamic Community Charter School*, a Wake County project-based middle and high school for students with developmental and intellectual disabilities. Our Club can help meet their



the Education Chair for more details and items to donate. ~ *Education Chair*

educational needs by contributing to the school's WISH LIST. Please contact

## International



The International CSP committee is working on program plans for the April meeting and other possible activities related to fostering international understanding.  
~ *International Outreach Chair*

## CWC Membership

Repeating our drive for increased membership, we are really urging each member to try to bring a guest to a meeting. One-to-one is really the best promotion for our club. The more members, the more finances for helping our community, and additional pleasure for us in

meeting new people. I would like to thank the members who have brought someone this year; also we have those wonderful jams as a "carrot."

Perhaps our Card Party Benefit would be a very pleasant

introduction to our club. Ask someone or give it as a holiday gift!

Think about ideas ladies.

~ *1st VP Membership*

## Continue Saving

### Box Tops Education Coupons

Each **Box Tops Education Coupon** is worth 10 cents. This does not cost us anything and is a big help. Coupons can be found on Betty Crocker products, Pillsbury, Land of Lakes, Scott paper products, reams of copy paper and many other products.

Look for them on any packaging, cut them off and put them in the box at the check-in nametag table. These will benefit the *Tammy Lynn Center* for autistic and handicapped children.



## Ways to Be Happier in 2015



**1. Slow down and enjoy the little moments.**

Stop being too busy to taste the flavors in your food, to hear yourself think, to watch

the sunset.

**2. Say no to time-wasters and space-fillers.**

Your days are valuable and should only involve valuable things and people.

**3. Be more honest and open with yourself.**

What do you really want to do with your life?

**4. Take more risks.**

Let the challenges help build your character because the success that follows will be worth it.

**5. Assess your circle of friends.**

Do the people you lean on really support and uplift you? Do they have your best interests at heart?

**6. Realize the past can't be changed.**

Stop reliving what could have been or obsessing over how a situation may have played out differently.

**7. Find the time to help someone in need.**

Lend a listening ear/firm shoulder to lean on. Maybe the person doing the needing will end up being you.

**8. Stop making excuses for not living out your dream.**

If others can do it, so can you. A few years from now, you'll be upset with yourself for all the time you wasted.

**9. Be happy for others.** Being jealous or fake happy is draining. Genuinely be happy for other's successes.

**10. Give what you'd like to receive.**

If you're seeking compassion, show it to others. What goes around, always comes back around.

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• Cary Woman's Club Newsletter

• P.O. Box 918 ▪ Cary, NC 27512-0918

• President: *Lois Nixon*

• 1st VP (Membership): *Jane Suppa*

• 2nd VP (Programs & Reports): *Karen Fiumara*

• 3rd VP (Ways & Means): *Dorothy Schmelzeis*

• Recording Secretary: *Jeannette Martin*

• Corresponding Secretary

• & Yearbook: *Silvia Barba*

• Treasurer: *Sue Scott*

• Newsletter Editor: *Vicki Jeter*

• Publication deadline: 24<sup>th</sup> of each month

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P.O. Box 918  
Cary, NC 27512